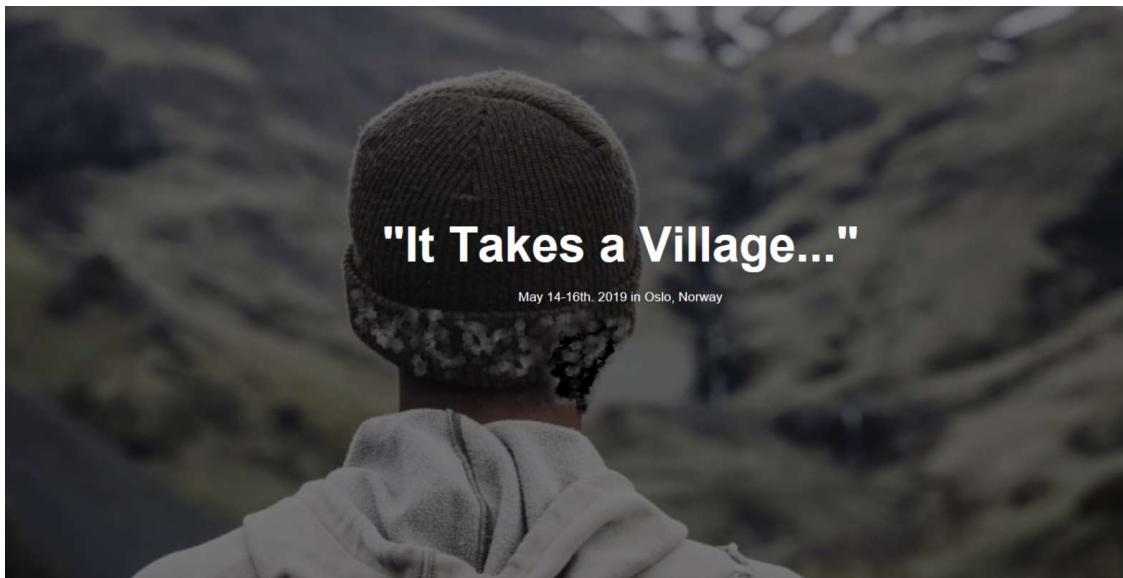


International Conference  
“It Takes a Village”  
Oslo, May 14<sup>th</sup>.-16<sup>th</sup>. 2019



# Abstracts

Content

Tuesday May 14<sup>th</sup>. ..... 3  
    Paralell sessions..... 3  
Name: ..... 38  
Wednesday May 15<sup>th</sup>. ..... 70  
    Single presentations ..... 70  
Tuesday may 14th ..... 137  
    Roundtables..... 137  
Wednesday May 15<sup>th</sup>..... 142  
    Roundtables..... 142  
Tuesday 14th ..... 153  
    Symposia ..... 153  
Wednesday May 15..... 163  
    Symposium ..... 163  
Thursday May 16<sup>th</sup> ..... 189  
    Symposia ..... 189  
Tuesday May 16th ..... 193  
    Workshops..... 193

Tuesday May 14<sup>th</sup>.

Paralell sessions

## Parallell 1

First Name	Fitsum Areguy
Country	CA
Institution affiliations	University of Guelph
Name	Lisa Loiselle
Institution affiliations	University of Waterloo
How does your presentation relate to the conference theme/s?	This presentation shares how a participatory action research (PAR) methodology was effective in identifying and supporting young carers in a community setting. Furthermore, this approach led to the co-creation of research-based resources and an active community collaborative dedicated to sharing these resources and mobilizing supports for young carers.
Presenter name	Fitsum Areguy & Lisa Loiselle
<b>Title of your presentation</b>	<b>Identifying the Experience and Needs of Young Carers: A Participatory Action Research approach</b>
What is the aim of your presentation?	To share how the Young Carers Project (YCP) used a PAR approach to better understand the young carer experience and create unique opportunities for young carers to create supports in community through translational research and public education. These insights are presented by young carer and adult ally from this project.
Why is this important?	The YCP's journey from a PAR study to becoming a trailblazing young carer organization in Canada shows how a PAR approach can galvanize efforts to identify and engage young carers, and set the groundwork for future progress to be driven by young carers who self-identify and self-advocate.
What are the main discussion points you will raise in this presentation?	Using a PAR approach, young carers and allies identified gaps in support in systems such as schools, healthcare and community; created research-based resources to fill these gaps; and built a collaborative which actively educates the public about the existence and needs of young carers.

First Name	Ellen Katrine
Last Name	Kallander
Country	NO
Institution affiliations	Akershus University Hospital, R&D Department, Mental health services
How does your presentation relate to the conference theme/s?	The Ministry of Health and Care Services (2013) stats that care for ill, disable or elderly within the family is an invisible care due to the fact that it is barely mentioned in public documents, statistics or research reports. This also applies for children's caregiving activities which is especially hidden.
Presenter name	Ellen Katrine Kallander
<b>Title of your presentation</b>	<b>Children affected by parental illness: Young Carers, well-being and quality of life</b>
What is the aim of your presentation?	The aim is primarily to fill in the gaps of knowledge regarding children affected by parental illness in Norway, with especially focus on their caregiving, well-being and quality of life. Especially, main focus on the predictors of increased extent and nature of caregiving, well-being and quality of life.
Why is this important?	According to the Norwegian Directorate of Health research of care, well-being and quality of life is important for service planning, public health work and improvement of present living conditions indicators. Such knowledge can provide useful information relevant for community planning with the aim of facilitating a good life.
What are the main discussion points you will raise in this presentation?	The Norwegian Ministry of Child and Equality (BLD) (2009, 2012) stats that children's caregiving for parents during illness, especially regards parental mental illness, are defined as risk factor for practical and mental neglect in terms of 'parentification' and one criterion, among others, of consideration for loss of parental custody.

First Name	Vigdis
Last Name	Ween
Country	NO
Institution affiliations	Norwegian Health Association
First Name	Liv Anita
Last Name	Brekke
Institution affiliations	Norwegian Health Association
How does your presentation relate to the conference theme/s?	There are around 4500 young carers under the age of 30 in Norway who have a parent with dementia. It can be difficult for children or young people to cope with having a parent with dementia and they can feel alone.
Presenter name	Vigdis Ween/ Liv Anita Brekke + one volunteer peer mentors
<b>Title of your presentation</b>	<b>Talk to me! Peer support for young people who have a parent with dementia</b>
What is the aim of your presentation?	We would like to present our project "Talk to me!.." The aim of the project is to give young carers support so they are able to feel in control of their day-to day-life.
Why is this important?	Many young carers find it difficult to be open about dementia in their family. It can be easier for them to meet and talk to people their own age and in a similar situation. Access to peer support for young carers can help them feel in control of their lives.
What are the main discussion points you will raise in this presentation?	We wish to share our experience of our scheme that offers peer support to young carers of a person with dementia * We would like one of our volunteer peer mentors to share their experiences at the conference.

## Parallel 2

First Name	Helen
Last Name	Carter
Country	AU
Institution affiliations	St Vincent's Mental Health Service
First Name	Naomi
Last Name	Chapman
Institution affiliations	Victorian Transcultural Mental Health (VTMH)
How does your presentation relate to the conference theme/s?	This presentation ties together a range of the conference themes, as it is a story of a resource that speaks to children and their parents; and considers some specific cultural dimensions of stigmatism/ racism obtained through reviewed articles and reflections from clinical practice wisdoms.
Presenter name	Helen Carter
<b>Title of your presentation</b>	<b>Putting a cultural diversity lense on family recovery</b>

<p>What is the aim of your presentation?</p>	<p>To raise awareness of the extra levels of sensitivities and respect to ensure appropriate access to mental health services for all family members, but especially for those who may have greater alienation to services due to language and other barriers.</p>
<p>Why is this important?</p>	<p>The dominant community members often are unable to fully grasp how much racism and other stigmas can create and maintain mental distress. Generalisations based on ignorance can lead to poor practices in mental health service delivery.</p>
<p>What are the main discussion points you will raise in this presentation?</p>	<ol style="list-style-type: none"> <li>1. Mental health literacy for children and parents who have a mental illness</li> <li>2. Cultural diversity</li> <li>3. Stigma and grief</li> <li>4. Strengths and hope with a family recovery approach</li> <li>5. Importance of listening to voices of children and parents</li> </ol>



First Name	Becca
Last Name	Allchin
Country	AU
Institution affiliations	Eastern Health Mental Health Program, Monash University, TEAR Australia
First Name	Helen
Last Name	Fernandes
Institution affiliations	TEAR Australia
How does your presentation relate to the conference theme/s?	Photovoice methodology was used to listen to people with mental illness and their families in low- and middle-income countries about the barriers and enablers to inclusion in their community. The evidence developed is now being used to shape design and delivery of mental health and development programs in these contexts.
Presenter name	Becca Allchin, Helen Fernandes
<b>Title of your presentation</b>	<b>Understanding lived experience of psychosocial disability in rural Nepal and India using Photovoice</b>
What is the aim of your presentation?	This study aimed to understand the lived experience of people with psychosocial disability and their families in India and Nepal, in regard to their perceived barriers and enablers to community inclusion. The study sought to enable co-creation of community-based and culturally appropriate mental health programs.
Why is this important?	While there has been a growth in focus on mental health in low- and middle-income countries, little is documented from people with lived experience of psychosocial disability or their families. This work enables their voices to be heard and valued, and to shape future work in this field.
What are the main discussion points you will raise in this presentation?	This presentation will explain the Photovoice method used, and highlight the study themes identified: the role of family and natural supports; the importance of meaningful engagement in activities; and, community attitudes and awareness. The learnings and preliminary outcomes for the participating organisations will then be discussed.

First Name	Cheryl
Last Name	Lopez
Country	US
Institution affiliations	NYU Silver School of Social Work
How does your presentation relate to the conference theme/s?	The presentation highlights how an evidenced-based practice model can be adapted linguistically and culturally to meet the needs of at-risk Latino clients. Specifically, clients who are at risk for mental illness due to intergenerational trauma history and societal and financial stress factors because of undocumented status.
Presenter name	Cheryl Lopez, LCSW
<b>Title of your presentation</b>	<b>Implementing culturally and linguistically adapted Dialectical Behavior Therapy (DBT).</b>
What is the aim of your presentation?	The aim of the presentation is to help increase audience understanding of DBT as an evidenced-based practice model, demonstrate the growing need of why EBP models need to be culturally and linguistically altered to meet the needs of diverse populations. A case study will highlight Spanish DBT skills implemented.
Why is this important?	This presentation demonstrates how EBP frameworks struggle with implementation process especially when trying to meet the needs of specific communities at risk. Specifically, the case study demonstrates how a Spanish bilingual DBT skills group was executed and implemented while staying within the framework guidelines.
What are the main discussion points you will raise in this presentation?	1. Enhancing EBP models to be culturally and linguistically attuned to target specific populations. 2. Engage stakeholders and administrators. 3. Generate change with limited resources. 4. Starting with one group and recruiting providers who share the same passion. 5. Learning is vital and growth comes from trial and error.

### Parallell 3

First Name	Grete Elin
Last Name	Grondal
Country	NO
Institution affiliations	Norway Cancer Society
First Name	Rita
Last Name	Thomassen
Institution affiliations	Norway Cancer Society
How does your presentation relate to the conference theme/s?	We want to present our "best practice example" with the meeting point for relative children. "Treffpunkt" is a meeting place for children 6 – 16 years, experiencing serious illness or death in their family.
Presenter name	Norway Cancer Society, Grete Elin Grondal and Rita Thomassen
<b>Title of your presentation</b>	<b>"Treffpunkt helps me to get rid of sad thoughts and to have fun"</b>
What is the aim of your presentation?	Norway Cancer society wants to enlighten the needs of relative children, and show an example of meeting point called Treffpunkt. Children experiencing serious illness or death in their family, gather at Treffpunkt for good conversations, a meal and fun activities. They share personal stories, making friends and meet understanding adults.
Why is this important?	Children facing serious disease in close family are having a hard time. Many are concerned and afraid, they feel alone, and find it difficult to share their problems with others, and experience that no one understands. They need information and support to cope with severe illness, grief and to handle an unpredictable everyday life.
What are the main discussion points you will raise in this presentation?	What can society do to ensure that all children og young people are seen and taken care of when they develop sickness and death in close family.

First Name	Ivon
Last Name	Riemersma
Country	NL
Institution affiliations	Pluryn
First Name	Floor
Last Name	Van Santvoort
Institution affiliations	Pluryn
How does your presentation relate to the conference theme/s?	This presentation relates to several conference themes since it focuses on an evidence based peer program for a special high-risk group of children with a mild ID and their parents with a mental illness or substance use disorder, who are currently excluded from many support programs.
Presenter name	Ivon Riemersma
Title of your presentation	<b>You are okay: The effectiveness of a Support and Educational Program for Children with Mild Intellectual Disability(ID) and Their Parents with a Mental Illness</b>
What is the aim of your presentation?	The aim of our presentation is to show the effectiveness of 'You are okay': an adapted support group for children with mild ID whose parents have a mental illness or substance use disorder. It consists of a support group for children and an online educational program for parents.
Why is this important?	These children form an extra high risk group because of the combination of risk factors. Besides, they are not yet reached by preventive interventions and little research has been conducted on this specific group.
What are the main discussion points you will raise in this presentation?	We will discuss the needs of this specific high-risk group for having interventions. We will present how the 'You are okay' program can support these children and parents. We will also discuss conditions that should be taken into account when providing support to these children.

Name: Tine Mastrup

**Title: “You need to talk to someone to get it out of your head “**

Support to children of parents with mental health problems

Many people with mental health issues do not seek help or postpone seeking help due to stigma and prejudice. The concern for parents are that the longer they wait to get help and support, the more difficulties their children will experience. Consequently, it is important to improve focus among professionals on early identification, intervention and appropriate help.

The Danish Mental Health Foundation has held peer groups for young careers for 10 years. Thus, we have extensive knowledge of the problems and needs of these families. We have initiated cooperation with two municipalities in challenging and changing the way of addressing the concerned families regarding systematic early identification and intervention. These programs have proved valuable and are now being implemented permanently.

The program incorporates:

Enhanced early identification of parents with mental health problems

Reinforced cooperation between municipal departments

Increased focus among professionals on the children as careers

Implementation of support groups for children and their parents

New transition program to the children’s everyday life

The benefits for the families are:

Better mental well-being

Better school performance for the children

Stronger social relations

De-stigmatization

Reduced feelings of isolation, increased knowledge, enhanced coping skills and self-esteem among the children

The benefits for the municipalities:

Prevention of further escalation of problems in the families leading to a reduction in interventions ● Expected financial savings

Authors:

Tina Mastrup, The Danish Mental Health Organization, MA, psychotherapist, leader of support groups.

**Paralell 4**

First Name	Danielle
Last Name	Pretty
Country	AU
First Name	Felicity
Last Name	Meehan
Institution affiliations	Sydney Local Health District
First Name	Danielle
Last Name	Pretty
Institution affiliations	Sydney Local Health District
How does your presentation relate to the conference theme/s?	Our presentation will focus on the experience of young people and their attitudes, beliefs and understandings of mental health issues and help seeking. This ties into the themes of reducing stigma and shame and gives young people a voice to speak publicly about topical mental health issues.
Presenter name	Danielle Pretty
<b>Title of your presentation</b>	<b>High School Mental Health Public Speaking Challenge</b>
What is the aim of your presentation?	To share and discuss findings from our 5 year mental health public speaking challenge, and to encourage wider use of this excellent platform for giving young people a voice to talk about challenging topics. To share our learnings from the young participants.
Why is this important?	One in four students experience a mental health concern, yet just under a quarter of those seek help. The importance of early prevention and intervention in this area is paramount for young people's well being. Our implementation package has been developed for others to utilise and implement in their service.

What are the main discussion points you will raise in this presentation?	The importance of listening to young people and what they have to say about mental health issues. How we can integrate these understandings and knowledge into relevant practice. The influence the challenge has had on the adults involved in the challenge (teachers and health staff)
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First Name Liv Kari

Last Name Bornes Honningdal

Institution affiliations National Canser Society

Country NO

First Name Hilde

Last Name Aspholt Brennhovd

Institution affiliations National Cancer Society

First Name Liv Kari

Last Name Honningdal

Institution affiliations National Canser Society

How does your presentation relate to the conference theme/s? It is important that children in crises and sorrow will be seen an supported by their teachers and their classmates to avoid that they will feel alone, get stigmatized and excluded. Health professionals like school nurse, cancer coordinator and teachers need more knowledge and counselling about this topic.

Presenter name Hilde Aspholt Brennhovd

**Title of your presentation "See mee teacher!"**

What is the aim of your presentation? To present educational tools, film and brochure based on childrens needs and wishes. Theese tools, also based on teachers needs, help teachers and classmates to support students who experience serious disease and death in close family. To present our experience with openness around cancer and grief in school.

Why is this important? Many children report that they have bad experiences in school, when not beeing understood. We can see children drop out of school if they do not feel seen. Children live with disease and grief in family over several

	years, and that can have big consequences both socially and educationally
What are the main discussion points you will raise in this presentation?	How can health services and school cooperate to the best for the children in crises and sorrow? Who can help the family to give the information they want to share with the School? Who can on behalf of the children have an open conversation in the classroom?
First Name	Jonine
Last Name	Naughton
Country	AU
Institution affiliations	Monash University
First Name	Keith
Last Name	Sutton
Institution affiliations	Monash University
How does your presentation relate to the conference theme/s?	My presentation will be focusing on self-directed mental health recovery for children and adolescents: defining recovery, as well as considering the complexities of this for young children. I will discuss the importance of engaging young people and their families and support system in recovery and hearing their voices throughout the process.
Presenter name	Jonine Naughton
<b>Title of your presentation</b>	<b>Self-Directed Mental Health Recovery for Children and Young People: Defining Recovery Oriented Practice with This Young Population.</b>
What is the aim of your presentation?	The aim of this presentation is to present findings from an Australian Delphi study exploring the definition and concept considerations of self-directed mental health recovery for young people.
Why is this important?	Although a growing area of interest, there is minimal research relating the concept of recovery to child and adolescent mental health. Perhaps because this is a complex and constantly changing population, with wide-ranging developmental differences. Initially there needs to be a definition of what recovery looks like for young people.
What are the main discussion points you will raise in this presentation?	Defining self-directed mental health recovery for young people. Consider the complexities of recovery for this constantly changing population, such as consent and including families and support systems.



## Parallell 5

First Name	Maria
Last Name	Chi
Country	US
Institution affiliations	New York University School of Social Work
How does your presentation relate to the conference theme/s?	-relates to promoting the well-being of families affected by physical illness and concomitant financial stress by eliciting their own voices and lived experiences (through a qualitative pilot study); the resultant data demonstrates families' resilience as well as the importance of self-transcendence and connectedness to others in coping with disease-related stressors
Presenter name	Maria Chi
<b>Title of your presentation</b>	<b>Bearing the Burden of Cancer and Financial Stress: A Pilot Study on Meaning-Making</b>
What is the aim of your presentation?	-to show that even as families are significantly affected by lifethreatening illnesses such as cancer and its subsequent financial stress, they can still make or find meaning from their lives; meaning-making is a set of evidence-based interventions that have been shown to enhance well-being in people with illnesses
Why is this important?	By giving greater voice to patients and their families through qualitative research methods, social workers can promote more widespread use of meaning-making interventions in people experiencing both illness and related stressors. We can also help remove the onus for alleviating their financial burden solely from their shoulders.
What are the main discussion points you will raise in this presentation?	Illness-related financial stress has harmful effects on the wellbeing of patients and families. There is evidence for the benefits of meaning-making on patients' well-being. I argue that we need to make more widespread use of meaningmaking interventions to better support patients and families in coping with psychosocial stressors of illness.

First Name	Michael
Last Name	Naughton
Country	AU
Institution affiliations	Monash University
How does your presentation relate to the conference theme/s?	This presentation is specifically related to mental illness of parents and children in the same family and their experience of stigma support and each other. Considering the extent of the problem is an important element: the voices of children and parents also forms a key component of the presentation.
Presenter name	Michael Naughton
<b>Title of your presentation</b>	<b>The Bidirectional Impact of Mental Illness in Families: extent and experiences</b>
What is the aim of your presentation?	To inform about the extent of parent mental illness for children attending a mental health service. To provide participants with first hand insights into the experiences of children and parents living with the day to day challenges of each others mental illness and describe the themes related to those experiences.
Why is this important?	This is an area given very limited discourse in the current focus of a unidirectional service provision found in many mental health services. Families have said they want to have their concerns and experiences better understood so that other families are effectively and appropriately supported.
What are the main discussion points you will raise in this presentation?	Extent of co-occurring mental illness in families of children attending child mental health services. Impact of this on symptom pathology Parents perspectives Childrens Perspectives Ideas for intervention

First Name	John-Kåre
Last Name	Vederhus
Country	NO
Institution affiliations	Addiction Unit, Sørlandet Hospital
How does your presentation relate to the conference theme/s?	Our study examined distinctive traits in family members affected (AFMs) by the substance use of their next of kin, traits that leave the AFMs vulnerable of developing health problems. It also examined the outcomes of a psychoeducational intervention to help AFMs' cope with their life situation.
Presenter name	John-Kåre Vederhus
<b>Title of your presentation</b>	<b>Codependency revisited - examining the psychological traits of relatives facing drug and alcohol problems in their families.</b>
What is the aim of your presentation?	The aim of our study was to validate a Codependency Scale and examine whether the scale captured the expected differences between affected family members (AFMs) and a general population sample. For the AFMs, we also examined the change in psychological traits after a psychoeducational intervention.
Why is this important?	Addiction in a family is one of the major health stressors of today's societies. It is important to continue the examination of the traits AFMs are at risk of developing and whether they can be influenced by interventions designed to address them.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>- Is the psychological profile of AFMs different from that seen in a normative population sample?</li> <li>- Can a psychoeducational intervention alter typical psychological traits seen among AFMs? Such changes would potentially improve their way of coping with a difficult life situation and improve their quality of life.</li> </ul>

First Name	Joshua
Last Name	Harwood
Country	GB
Institution affiliations	IOPPN, Kings College London; SLAM NHS Foundation Trust, London
How does your presentation relate to the conference theme/s?	The presentation focuses on: a group of parents who are often stigmatised and struggle to access traditional parenting interventions; the development and evaluation of a pioneering intervention for this group; hearing parent and clinician views; informing the development of a new clinical service for this group.
Presenter name	Joshua Harwood
<b>Title of your presentation</b>	<b>Development and Randomised Feasibility Trial of the Helping Families Programme-Modified (HFP-M): A Specialised Psychoeducational Parenting Intervention for Parents Affected by Severe Personality Difficulties.</b>
What is the aim of your presentation?	To share the findings, challenges and understanding gained following completion of a randomised feasibility and pilot trial of HFP-M, and how this learning is helping to inform both the development of a definitive RCT and a dynamic new clinical service for parents affected by mental health difficulties.
Why is this important?	Personality disorders (PD) are associated with parenting difficulties and increase the likelihood of offspring experiencing severe mental health problems. Parents experiencing a PD often struggle to access or benefit from traditional parenting programmes. This pioneering development of a parenting intervention for this vulnerable population can inform future research and practice.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>• The feasibility of running a clinical trial with parents with PD and our learning.</li> <li>• The specific adaptations required for a specialised parenting intervention.</li> <li>• Parent and clinician views.</li> <li>• Preliminary outcome data.</li> <li>• How the research has informed the development of a clinical service (to be described in a presentation by Chris McCree).</li> </ul>

First Name	Chris
Last Name	McCree
Country	GB
Institution affiliations	NMC
How does your presentation relate to the conference theme/s?	The paper will be focused on how learning from research and adapting alternative parenting interventions can provide an innovative service that could change the experience of parents experiencing mental health problems and their children in how they receive a family orientated assertive outreach intervention.
Presenter name	Chris McCree
Title of your presentation	<b>Think Family: The Helping Families Team (HFT). Developing an evidence-based, assertive outreach service for families where a parent experiences severe mental health difficulties.</b>
What is the aim of your presentation?	To describe and share experience of the HFT; a dynamic and innovative service for families where a parent experiences severe mental health difficulties. HFT have consolidated and extended a Mental Health Trust's strategic and clinical initiatives to focus on improving outcomes for families affected by parental mental health difficulties
Why is this important?	Mental health services in the UK are designed to meet the needs of either children or adults. The HFT has developed an assertive outreach intervention to bridge the gap and address the needs of families affected by mental health difficulties.
What are the main discussion points you will raise in this presentation?	We will discuss how HFT has developed and been received by stakeholders and what we have discovered in the process. We will present preliminary findings from routinely collected outcome data and discuss the future direction of the service. (Day et al., 2011, Day et al., 2017a, Day et al, 2017b)

First Name	Adrian
Last Name	Falkov
Country	AU
Institution affiliations	Royal North Shore Hospital
Names	Bente Weimand (Oslo Metrololitan University), Anne Grant (Queens University Belfast)
How does your presentation relate to the conference theme/s?	This presentation describes development, content, field testing and implementation of The Family Model E-Learning foundation programme to improve clinicians and managers family focused practice in MH services.
Presenter name	Adrian Falkov
Title of your presentation	<b>Improving Family Focused Practice using The Family Model ELearning programme: Development, delivery and incorporation into training and practice</b>
What is the aim of your presentation?	Aim is to improve audience awareness and knowledge about an online, open access E-Learning program to improve clinicians and managers family focused practice in MH services, using The Family Model.
Why is this important?	The prevalence of parents/carers with MH problems and the associated impact of their symptoms on their children/relatives is well described, as is the impact of children/young people's chronic physical or MH difficulties on parents/carers' MH. There is therefore a need to improve family focus and practice in MH services.
What are the main discussion points you will raise in this presentation?	Implications for professional practice and collaboration with families around transgenerational mental health, how The Family Model can support a family focused approach and how the ELearning programme can be accessed and implemented for early detection and prevention of MH challenges in families.

## Parallèle 7

First Name:	Geneviève
Last Name:	Piché
Country:	CA
City:	Saint-Jerome
Institution affiliations :	Université du Québec en Outaouais
How does your presentation relate to the conference theme/s?:	Our presentation will reflect on the perspectives of children, parents, and stakeholders concerning the conceptual approach, modalities, goals, themes, activities, and evaluation methods proposed and used in the implementation of the prevention program.
Presenter name:	Geneviève Piché
Title of your presentation:	Taking into account the users' and stakeholders' perspectives in the development of a prevention multifamily group program to promote resilience in families living with parental depression.
<b>What is the aim of your presentation?</b>	<b>The presentation aims to present the conceptual and methodological approach used</b>
Why is this important?:	The presentation will underline the relevance of taking into account both the stakeholders' and the family members' points of view, including young children, in the development of programs intended for them. It will also highlight the need to adapt the intervention modalities according to the developmental level of the child
What are the main discussion points you will raise in this presentation?	-Importance to interview relevant users and stakeholders, including children, as part of a program development and implementation. - Relevance of using a storybook in programs intended to young people aged 7 to 11 years.

First Name	Lucy
Last Name	Brazener
Country	GB
Institution affiliations	South London and Maudsley NHS Trust
How does your presentation relate to the conference theme/s?	This presentation relates to the aspect of the conference on Change agents as evaluates adult mental health practitioners understanding and experience of implementing the key principles of a Think family approach to identify strategies that have been effective in working with patients and their families.
Presenter name	Lucy Brazener
<b>Title of your presentation</b>	<b>10 years on: An evaluation of adult mental health practitioners implementing the principles of a Think family approach working in the community of an inner city area.</b>
What is the aim of your presentation?	To disseminate and share learning from a service evaluation conducted on the implementation of the local mental health family strategy 10 years on. To share learning on what strategies Adult mental health staff found helpful in promoting a Think family approach and present recommendations from the evaluation.
Why is this important?	To support a culture shift in moving away from a medical model to thinking about the whole family when working with parents, that are accessing mental health services for their own needs. To highlight the need for a 'Family threshold' in ensuring timely access to mental health services.
What are the main discussion points you will raise in this presentation?	-Local mental health family strategy was seen as positive and a cultural shift identified to thinking about the whole family. - Professional curiosity identified as important when working with families . - A range of interventions used by practitioners in working with parents with children - Need for Family threshold



First Name	Sophie
Last Name	Isobel
Country	AU
Institution affiliations	Sydney Local Health District & ACU
First Name	Kim
Last Name	Foster
Institution affiliations	ACU Melbourne Australia & NorthWestern Mental Health
How does your presentation relate to the conference theme/s?	The presentation explores current evidence and understandings on theory and interventions for preventing intergenerational trauma within families where parents have mental illness. This has direct relevance to work with children, parents and families to support recovery and foster resilience across generations.
Presenter name	Sophie Isobel
<b>Title of your presentation</b>	<b>Preventing intergenerational trauma in families where a parent has a mental illness</b>
What is the aim of your presentation?	This paper draws on findings from a sequential program of qualitative research investigating the concept of intergenerational trauma, its relationship to mental health, current research on prevention; and implications for working with families where parents have a mental illness. It aims to discuss translating theoretically-informed understandings into practice with families.
Why is this important?	Trauma is understood to play a role in the development of mental illness. Intergenerational trauma is a process and form of psychological trauma with significant impacts, including predisposition to mental illness. There has been considerable research on risk and protective factors for families but less on trauma within these relationships.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>Collated findings from: a philosophical concept analysis, to present a clear definition of intergenerational trauma; a critical interpretive synthesis of the literature on clinical interventions to prevent intergenerational trauma transmission in family relationships; and a discourse analysis of interviews with psychiatrists on the integration of intergenerational trauma prevention into practice</p>
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## Paralell 12

First Name	Marta
Last Name	Coromina
Country	ES
Institution affiliations	Parc Sanitari Sant Joan de Déu
First Name	Miguel
Last Name	Cardenas
Institution affiliations	Fundació Orienta
How does your presentation relate to the conference theme/s?	Kidstime Barcelona is an intervention for helping the children gain explanations of their parents' mental illness and its effect on the parent's behavior. And also help the parents to find a way within which the illness and its impact can be discussed between themselves and their children.
Presenter name	Dra Marta Coromina and Dr Miguel Cardenas
<b>Title of your presentation</b>	<b>Kidstime Barcelona: Multi-family groups for children and young people with parents with a severe mental illness</b>
What is the aim of your presentation?	Describe Kidstime: Multi-Family groups to improve the children's resilience to parental mental illness. The groups include explanations of the mental illness for the children as well as drama sessions to represent their experiences. Describe the results of a recent evaluation in Parenting, selfstigma, Resilience, Capacities and difficulties for children.
Why is this important?	There are not a lot of interventions for the whole family in parental mental illness. We describe an intervention working together adults mental health services with children and youth mental health services and also community services. We have found results statistically significance in different evaluated scales.
What are the main discussion points you will raise in this presentation?	The importance of working with the whole family: children and adults. Kidstime as a safe space, a place where sharing experiences, a place where offering explanations about the parental mental health illness and a place where children and families have fun together. We will describe the results of the evaluation.

First Name	Pandora
Last Name	Patterson
Country	AU
Institution affiliations	CanTeen, Australia; The University of Sydney, Australia
First Name	Fiona
Last Name	McDonald
Institution affiliations	CanTeen, Australia; The University of Sydney, Australia
How does your presentation relate to the conference theme/s?	A cancer diagnosis within a family can lead to distress and disruption to normal family functioning. This presentation will explore the various recovery journeys in family functioning that can occur following a parent's cancer diagnosis, and identify ways to maximise potential family resilience.
Presenter name	Pandora Patterson
<b>Title of your presentation</b>	<b>The ALLIANCE Study: fAmiLy resiLlence during pAreNtal CancEr</b>
What is the aim of your presentation?	The presentation will provide evidence on the impact of parental cancer on the family and a theoretical model of the possible trajectories of family functioning following a cancer diagnosis. Data collected from families recently diagnosed with cancer will be presented and compared with the theoretical model .
Why is this important?	Young people whose parent is diagnosed with cancer on average experience high levels of unmet needs and almost two-thirds report clinically elevated distress: this is lower with good family functioning. Understanding typical trajectories for family functioning, and identifying protective and risk factors, will assist in developing appropriate family interventions .
What are the main discussion points you will raise in this presentation?	Bonanno (2015) developed a model describing resilient and nonresilient trajectories of functioning. This presentation will explore whether family level functioning follows similar trajectories after parental cancer diagnosis; evidence for how theoretical predictors of family resilience impact functioning over time; and subsequent implications for the content of evidence-based family-support interventions.

## **Title: Parental mental illness and substance misuse – are we really starting to “think child, think parent, think family”**

Lisa Bunting<sup>1</sup>, Gavin Davidson<sup>1</sup>, John Devaney<sup>2</sup>, Mary Donaghy<sup>3</sup>, Anne Grant<sup>4</sup>, & Claire McCartan<sup>1</sup>

<sup>1</sup> School of Social Sciences, Education & Social Work, Queen’s University Belfast

<sup>2</sup> School of Social and Political Science, University of Edinburgh

<sup>3</sup> Northern Ireland Health & Social Care Board

<sup>4</sup> School of Nursing & Midwifery, Queen’s University Belfast

Parental mental illness is a major public health issue which can have a significant and enduring impact on the whole family. It has been estimated that between 20-30% of adult mental health service users have children and up to 23% of children in the UK live with at least one parent with a mental illness. Research also suggests that 2-3% of children have a parent misusing alcohol or drugs. It is important to stress that while not all children of parents with mental health or substance misuse problems will experience neglect or abuse, they are placed at a higher risk of exposure to cognitive, emotional, social, physical and behavioural problems.

The Think Family (NI) Project, established in 2009 by the Health and Social Care Board, launched a number of initiatives to promote health and social care professionals’ response to families where parental mental ill-health or substance misuse is present. These initiatives included: the development of educational resources for professionals, parents and children; the establishment of a regional joint protocol to facilitate joint working between adult mental health and children’s services; revision of adult mental health and children screening and assessment tools and the creation of Interface Groups in each Health and Social Care Trust. The second phase of initiatives also prioritised access to early intervention family support and the development of a Champions model to promote good practice within each Trust area with the ultimate aim of improving outcomes for parents, their children and families by establishing a Think Child, Think Parent, Think Family approach to the planning and delivery of services.

This paper will report findings from a case file audit which has examined the effectiveness of family-focused practice and analysed how embedded it has become within Adult Mental Health, Community Addiction and Children’s Services. Using a mixed-methods approach, an audit tool was developed to capture quantitative and qualitative data on family-focused practice and focus groups were also held with professional staff. The audit provides evidence about how well family members and service users understand the impact of mental health issues on everyone in the family, how social work practice has responded to the changes prompted by the Think Family (NI) initiatives and will identify how effective and appropriate early intervention support has been for this service user group. Implications for practice, policy and further research will be discussed.

## Paralell 13

First Name	Kim
Last Name	Foster
Country	AU
Institution affiliations	Australian Catholic University & NorthWestern Mental Health
Last Name	Curtis
Institution affiliations	University of Sydney & Illawarra Shoalhaven Local Health District
How does your presentation relate to the conference theme/s?	Our study provides new information on the factors that can be used by health services to strengthen and support parents and children where a child has a critical physical injury.
Presenter name	Kim Foster
<b>Title of your presentation</b>	<b>What promotes parent wellbeing and resilience following a child's critical injury?</b>
What is the aim of your presentation?	This presentation aims to describe the findings from an Australian study exploring forty parent's experiences, and resilience-promoting factors that facilitated parent wellbeing, in the acute hospitalisation period following their child's critical injury.
Why is this important?	Many parents experience stress and anxiety following their child's injury, but little is known about factors that support parent wellbeing and how parents successfully manage the adversity of child injury during the acute hospitalisation period. This study provides new evidence on how parents can be supported following child injury.
What are the main discussion points you will raise in this presentation?	Parents drew on a range of personal, family, community and hospital resources to support their wellbeing. These factors will be described. Resilience-promoting factors for parents of injured children derived from this study can be used to inform the development of brief online intervention modules to enhance parent resilience. Routine screening and targeted psychological first aid for parental distress are recommended.

First Name	Siv
Last Name	Skarstein
Email	siv.skarstein@oslomet.no
Country	NO
Institution affiliations	Department of Nursing, Oslo Metropolitan University, Postboks 4. St. Olavs plass, 0130 Oslo, Norway
First Name	Per
Last Name	Lagerløv
Institution affiliations	Department of General Practice/Family Medicine, The Medical Faculty, Institute of Health and Society, University of Oslo
How does your presentation relate to the conference theme/s?	This presentation focuses on how professionals can strengthen and support adolescents and their families when the adolescents struggle with continual pain and frequent use of Over-The-Counter Analgesics.
Presenter name	Siv Skarstein
<b>Title of your presentation</b>	<b>A qualitative study in adolescents who have continuous pain and frequent use of non-prescript pain medication</b>
What is the aim of your presentation?	This study aims to describe conditions that may influence quality of life and the development of identity in adolescents frequently using over-the-counter analgesics
Why is this important?	Continuous use of over the counter analgesics can keep adolescents from learning healthier coping strategies.
What are the main discussion points you will raise in this presentation?	How can professionals support adolescents with continuous pain and frequent use of Over-The-Counter Analgesics so they manage to increase their quality of life.

First Name	Véronique
Last Name	Haberey-Knuessi
Country	CH
Institution affiliations	Haute Ecole de Santé Arc
How does your presentation relate to the conference theme/s?	This contribution will enlighten a specific angle of the relation between caregivers and nursing staff that should promote caregivers's health and foster patients'care.
Presenter name	Véronique Haberey-Knuessi
<b>Title of your presentation</b>	<b>Caregivers as partners of care</b>
What is the aim of your presentation?	The study which we just ended shows that one of the major problems by caregivers is the weakness of partnership between nursingstaff and caregivers. We wish to demonstrate that the integration of caregivers in a partnership with nursingstaff has a very good impact on them, their wellbeing and the patient.
Why is this important?	The commitment of caregivers beside chronic patients becomes even more important but has also negative repercussions on their health. Our research shows that they often feel alone and not really considered as member of the carers'team although they most of the time support a large part of care.
What are the main discussion points you will raise in this presentation?	Should caregivers be considered as member of professional carers'team and in which area, with what kind of limits? Which form should take this partnership? Should caregivers receive a formation? How could communication be developped between partners?



## Parallell 14

First Name	Kathleen
Last Name	Ray
Country	US
Institution affiliations	Ramapo College
How does your presentation relate to the conference theme/s?	This presentation will discuss the impact of traumatic brain injury of veterans on their families and strategies to help manage activities of daily living.
Presenter name	Kathleen Ray
<b>Title of your presentation</b>	<b>Strategies for families living with traumatic brain injury</b>
What is the aim of your presentation?	The aim of my presentation is to present impact on and strategies of family members living with traumatic brain injury.
Why is this important?	Traumatic brain injury is a chronic condition that impact the individual as well as the family. Families need strategies to support quality of life for their afflicted family member.
What are the main discussion points you will raise in this presentation?	<ol style="list-style-type: none"> <li>1. Impact of traumatic brain injury (TBI) on family wellbeing</li> <li>2. Strategies to manage impact of TBI on family and improve quality of life</li> </ol>

First Name	Josy
Last Name	Thomas
Country	AU
Institution affiliations	South West Healthcare, Warrnambool, VIC, Australia
First Name	Melissa
Last Name	Petrakis
Institution affiliations	Department of Social Work, Faculty of Medicine, Nursing and Health Sciences, Monash University, Melbourne
How does your presentation relate to the conference theme/s?	The presentation relates to the overall theme of mental illness. Within this theme, the presentation addresses the sub-themes of stigma and shame, exclusion and connectedness, methodologies to elicit the care-giving experiences of family members and the support they receive, and recommend measures to address gaps.
Presenter name	Josy Thomas
<b>Title of your presentation</b>	<b>Family Care-giving Experience and Social Support in Mental Illness</b>
What is the aim of your presentation?	The aim of our presentation is to disseminate the results of a study undertaken to assess and compare the global functioning of individuals affected with two major mental disorders, the caregiving experiences of their families, and the support these individuals and their caregivers receive, and the interrelationships among these variables.
Why is this important?	The deinstitutionalisation movement in the 1970s of discharging mental patients into the community has put enormous stress on families. In the non-developed countries like India, where there are no national social welfare and medical insurance schemes, the role of caring for individuals with mental disorders falls largely on family members.
What are the main discussion points you will raise in this presentation?	Introduction Methodology Study instruments Data analysis Results Recommendations

**Name: Barbro Henriksson**

Country: SE

**Title: RESCUR surfing the waves in Sweden. Program to prevent intergenerational problems related to alcohol and drugs.**

A RCT study of the *Resilience Curriculum (RESCUR)* is currently taking place in Sweden. The study is funded by the Public Health Agency of Sweden, and is being performed by Junis, IOGT-NTO's Junior Association, in conjunction with Gothenburg University. The study investigates the forms of implementation and effects of the cross-European program, in Sweden named, *RESCUR: Jag vill, jag kan, jag törs!*

The Swedish program, directed at children aged 4–12 years, aims to increase their resilience. It is designed to strengthen protective factors so as to prevent inter-generational problems related to alcohol and drugs.

The RESCUR method is applied to different groups: school classes, idea-bearing organizations and social services. It also involves parents taking part in the work to reinforce children's protective factors.

Through an effectiveness study (children aged 7-12) with randomized and controlled pre- and post-measurements, teachers' self-rating questionnaires and group observations, the study will answer the question of what importance the *RESCUR* program has for children's development and mental health. It will also address the issue of whether the program is applicable irrespective of gender, social background, and age. It considers how participants in and leaders of the program groups can be recruited and supervised. Preliminary findings will be discussed.

Authors:

Barbro Henriksson<sup>1</sup>, Therése Skoog<sup>2</sup>, Birgitta Kimber<sup>3</sup>, Charli Eriksson<sup>4</sup>

Affiliation:

1 Junis, IOGT-NTO's Junior Association, Box 12825, SE-112 97 Stockholm, Sweden

2 Gothenburg University, SE-405 30 Gothenburg, Sweden

3 Umeå University, SE-901 87 Umeå, Sweden

4 Stockholm University, SE-106 91 Stockholm, Sweden

## Paralell 15

First Name	Turid
Last Name	Wangensteen
Country	NO
Institution affiliations	The Tyrili Foundation
First Name	Sigrun
Last Name	Dalsaune Jansen
Institution affiliations	The Tyrili Foundation
How does your presentation relate to the conference theme/s?	Professionals in substance use disorder (SUD) treatment have an obligation to look after the patients' children and to focus on the patients as parents. We present a practical example about how to include parents with SUD to the child's village.
Presenter name	Turid Wangensteen & Sigrun Dalsaune Jansen
<b>Title of your presentation</b>	<b>Supporting parents in parenting during substance-use disorder treatment</b>
What is the aim of your presentation?	The presentation provides experiences of professionals and patients, from participation in a course that was developed to support patients in parenting. The course focused on: the relationship between parent and child, patients' own childhood, child's perspective, plans for spending time together and cooperation with others.
Why is this important?	Parents with SUD are often overwhelmed by grief and shame of not be able to take care of their children. During the focus on the patients as parents, we want to enhance their role as an important part of the child's life even though they do not live together.

What are the main discussion points you will raise in this presentation?	Professionals in substance use disorder (SUD) treatment have an obligation to look after the patients' children and to focus on the patients as parents. Research indicates that implementation of this lack in many treatment institutions. The presentation could encourage professionals to develop and reinforce this work.
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First Name	Torill
Last Name	Eide
Country	NO
Institution affiliations	University of South-Eastern Norway
First Name	Grethe
Last Name	Eilertsen
Institution affiliations	University of South-Eastern Norway
How does your presentation relate to the conference theme/s?	I will focus on children with somatically ill parent's experiences of how parental illness might effect "relational landscapes". The presentation will shed light on relational processes relevant for experiences of exclusion and connectedness. In addition, it is informative on children's and "the village's" capabilities and potentials for mental health promotion.
Presenter name	Torill Eide
<b>Title of your presentation</b>	<b>Parental illness, and relational landscapes</b>
What is the aim of your presentation?	The aim is to present children with somatically ill parent's experiences of how parental illness might change norms, roles and interactions within the family and in peer groups. Preliminary analyses indicate the ability to define oneself, in contrast to being defined by the illness, as especially important for those children.

Why is this important?	My research demonstrates that the relational changes are more comprehensive than earlier documented, reaching also peer groups. As such, it expands our understanding of the relational effects of parental illness. Co-researchers in the project (16/17 years old) will participate in the presentation unless exam at school prevents their participation.
What are the main discussion points you will raise in this presentation?	When working with, or meeting, children with somatically ill parents, we need to include a perspective as wide as possible regarding what and how parental illness affect the everyday life of children. In addition to supporting the children themselves, we need to support key members of their everyday life, so

Name: Anne Faugli

**Title:**

**“The hardest thing is that I can never know for sure when dad is getting well again”- Life unfoldmen challenges among children with a severely ill parent**

How does your presentation relate to the conference theme/s?

This study highlights the value of protecting and promoting the family functioning, social supportand economic assistance in order to preserve or re-establish a safe haven for children with severely ill parents (i.e. physical and mental illness or substance use problems).

What is the aim of your presentation?

The aim is to present what children tell about their hardest experiences related to severe parental illness, and how this may be understood to influencing their life unfoldment.

Why is this important?

Severe parental illness influences the whole family. Little is known about what children experience as being hardest in this situation. Children in this study reported challenges related to thoughts, feelings, relationships, life events, and welfare. This may be understood as the drama of life unfoldment, taking a village to promote.

What are the main discussion points you will raise in this presentation?

How can family members, teachers, friends and neighbors, the community and health care policy makers provide and support the life unfoldment of children of severely ill patients?

## Paralell 16

First Name	Dympna
Last Name	Cunnane
Country	GB
Institution affiliations	Our Time (formerly Kidstime Foundation)
How does your presentation relate to the conference theme/s?	My presentation is a description of a methodology to help the children of parents with a mental illness. I will focus on the Kidstime Workshop as an intervention to support the whole family and to build resilience in the children. We work to challenge stigma and build supportive networks.
Presenter name	Dympna Cunnane
<b>Title of your presentation</b>	<b>The Kidstime Workshop</b>
What is the aim of your presentation?	To share a method and model for helping families to address the challenges of living in a family with parental mental illness. I will describe the key elements of the method and the principles that lie behind it.
Why is this important?	Parental mental illness is significant risk for children, research indicates that 70% will go on to develop mental health problems unless they have an intervention to prevent this happening. If we intervene in the right way at the right time then we can build resilience in the children.
What are the main discussion points you will raise in this presentation?	How to talk about mental illness, challenge the stigma How to build the resources of the family How to get the voice of the child heard Using drama to destress and develop thinking in the children Building the confidence and skills of the parents Building social networks to support families

Country:	US
First Name:	Laura
Last Name:	Varriale
Institution affiliations :	New York University
Biographical information :	Currently, I am a Doctorate student of Social Work at NYU. I am a clinic supervisor and a Family & Children Mental Health Clinic in the Bronx, NY. I have private practice in New Jersey for the past number of years. I am interested in emotions, family and race issues.
How does your presentation relate to the conference theme/s?	My interest lies in parental socialization of emotion (how parents teach their children about emotions or do not) and how it can impact their ability to cope with the rest of the world as they develop into adults. This can lead to striving in adulthood or developing maladaptive disorders
Presenter name	Laura Varriale LCSW
<b>Title of your presentation</b>	<b>Parental Socialization of Emotion and Adolescent Coping Abilities</b>
What is the aim of your presentation?	To teach therapists/parents the importance of really understanding their own emotional selves in order to really reflect on how it impacts their children's growth (or lack of). Being in the field for so many years, numerous parents tend to lack their own emotional insight and its reflection on their children.
Why is this important?	This is important because we are now seeing a rise in maladaptive disorders in teens (OCD, depression, anxiety, substance use, etc.). When parents are unable to look within themselves they tend to emotionally disengage their children which leads to isolation and depression during a crucial period (adolescence) in their lives.
What are the main discussion points you will raise in this presentation?	Lack of research on the parent and their ability to cope emotionally with life Two particular models/surveys for more research The emotional climate of the family and its impact on children Adolescent coping abilities/skills Rise of depression, anxiety and substance use Family therapy and parental emotional socializing on children



First Name	Annabel
Last Name	Sibalis
Country	CA
Institution affiliations	Ryerson University
First Name	Karen
Last Name	Milligan
Institution affiliations	Ryerson University
How does your presentation relate to the conference theme/s?	This presentation describes research identifying which youth with learning disabilities and co-occurring mental health challenges are at greatest risk for negative outcomes, and explores an innovative treatment promoting health, community support, and destigmatization for these youth.
Presenter name	Annabel Sibalis
<b>Title of your presentation</b>	<b>Experiential avoidance in youth with learning disabilities and cooccurring mental health challenges: Where does it exist and how can we help?</b>
What is the aim of your presentation?	It overviews two studies of youth with learning disabilities and co-occurring mental health challenges: the first examines how attention and impulse control challenges predict use of avoidance as a coping strategy across academic, social, and behavioural domains; the second examines how a mindfulnessbased treatment influences negative attributions and avoidant cognitions.
Why is this important?	10% of Canadian youth struggle with a learning disability (LD), leaving them at greater risk for negative life outcomes. Understanding the relation between avoidant strategies of coping and attention and impulse control challenges helps to identify youth at risk for avoidant coping patterns and tailor interventions to these processes.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>It will overview LD and its symptoms/ outcomes; why patterns of avoidant coping strategies are more common in youth with LD, and what cognitive profiles are associated with risk. An innovative mindfulness treatment shown to effectively address avoidance, negative attribution styles, attention, and impulse control in LD youth is discussed.</p>
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## Paralell 17

First Name	Marianne
Last Name	Straume
Country	NO
Institution affiliations	Clinic for crisispsychology in Bergen
How does your presentation relate to the conference theme/s?	When a family member is affected by severe cancer, the children of the family show significantly increased needs in terms of care, parental sensitivity, attunement and attentiveness. However, the care system of the parents is simultaneously deteriorated by the critical situation and the parents' fear and worries about the future, making it difficult to meet these needs. This presentation will describe and discuss an intervention program for families affected by cancer focusing on the children and adolescents in the family
Presenter name	Marianne Straume
<b>Title of your presentation</b>	<b>A psychosocial intervention program for families affected by severe cancer with main focus on children and youths</b>
What is the aim of your presentation?	To presentation will describe an intervention program for families affected by cancer focusing on the children and adolescents in the family and describes the content of the teaching of the parents, the methods used in the children's groups and how we focus on facilitating the communication between parents and children.
Why is this important?	This is an intervention program that combine peer support with professional interventions to help families adapt to their situation and can reach several families at the same time. Families often ask for opportunities to meet with others in the same situation for mutual support, and for professional supervision as well.
What are the main discussion points you will raise in this presentation?	Describing parental plenary sessions aimed at strengthening, supporting and guiding the parents in their parenting role and practical methods for children and youths aimed at enhancing coping abilities and facilitating adequate expression of thoughts and feelings through symbolization in order to integrate challenging experiences.

First Name	Joanne
Last Name	Nicholson
Country	US
Institution affiliations	Institute for Behavioral Health, Brandeis University
First Name	Anne
Last Name	Valentine
Institution affiliations	Institute for Behavioral Health, Brandeis University
How does your presentation relate to the conference theme/s?	We will describe the US context for peer specialist supports in mental health and discuss intervention development, installation, implementation and testing of a parent peer specialist model.
Presenter name	Joanne Nicholson, PhD & Anne Valentine, MPH
<b>Title of your presentation</b>	<b>The Development and Implementation of Parent Peer Specialist Supports in the US</b>
What is the aim of your presentation?	We will describe the US context for peer specialist supports in mental health and discuss intervention development, installation and implementation of a parent peer specialist model. Peer support specialists are persons with mental health conditions who have received formal, skills-based training to deliver services in the behavioral health care system.
Why is this important?	Parents with mental health conditions may be uniquely positioned to offer support, validation and hope to other parents, particularly when recovery is viewed as a relational process. We know of no well-articulated, empirically-based model of parent peer supports in the US, though generalist peer specialists may be providing support to parents.
What are the main discussion points you will raise in this presentation?	We will provide examples of essential specification (e.g., roles and responsibilities), contextualization (e.g., agency site and orientation) and support (e.g., training and coaching) of the parent peer specialist model and ask participants for feedback and input based on their lived experience, from their perspectives as parents, practitioners, advocates and researchers.

First Name	Nina Lien
Last Name	Osen
Country	NO
Institution affiliations	Østmarka acute psychiatric department, St. Olavs Hospital, Norway
First Name	Marianne Vibeke
Last Name	Trondsen
Institution affiliations	Norwegian Centre for E-health Research and BarnsBeste
How does your presentation relate to the conference theme/s?	There is limited research examining children's experiences of family-based interventions in practice. Drawing on interviews with 12 children with a mentally ill parent, our study explores their experiences of participating in a family talk intervention during their parent's hospitalization. This intervention is an adjusted version of Beardslee's Family Talk Intervention.
Presenter name	Nina Lien Osen and Marianne Vibeke Trondsen
<b>Title of your presentation</b>	<b>Family Talk Intervention in adult mental health care - the experiences of children with mentally ill hospitalized parents</b>
What is the aim of your presentation?	Drawing on interviews with 12 children (aged 12 to 19 years) with a mentally ill parent, we have explored children's experiences of participating in a family talk intervention during their parent's hospitalization. The aim is to present the findings from this research study.
Why is this important?	Knowledge about children's experiences of family-based interventions can improve practice in adult mental healthcare for children with parents treated for mental illness.
What are the main discussion points you will raise in this presentation?	Inviting children to a family talk intervention can be a suitable tool to help and support children of parents with mental illness. We will present children's experiences with this intervention and discuss how considering children's perspectives can provide important knowledge to improve interventions for families with parental mental illness.

## Parallell 18

Name	Laura Pettenuzzo
Country	AU
City	Melbourne
Institution affiliations	Satellite Foundation
First Name	Addy
Last Name	Dunkley-Smith
Institution affiliations	Satellite Foundation
How does your presentation relate to the conference theme/s?	This presentation relates directly to the themes indicated by exploring two COPMI peer support programs which focused on the resilience, capability and potential of participants. Participants were encouraged to reflect on their individual journey and that of their parent/family. Furthermore, the presenters themselves have lived experience of parental mental illness.
Presenter name	Addy Dunkley-Smith
<b>Title of your presentation</b>	<b>Not Down and Not Out: Young people forging paths of leadership, hope and possibility</b>
What is the aim of your presentation?	This presentation seeks to privilege the energy and potential of the young people aged 15 – 25 who participated in two Young Leader programs. We will focus on how their voices influence how we connect with other children and young people who experience familial mental illness or substance use.
Why is this important?	Young people living in families facing significant challenges can be seen as victims, as being voiceless, as having a future of limited possibilities. In fact, they can be our teachers, the holders of wisdom, creativity and the stories that guide us. We need to sit with and hear them.
What are the main discussion points you will raise in this presentation?	This presentation will describe two Young Leader programs and how these have been pivotal in informing our organisational future. Participants' voices will be highlighted through the inclusion of video messages, stories and writing fragments. We will discuss the power of vulnerability, and issues around self-awareness and program sustainability.

First Name	Anne
Last Name	Grant
Country	GB
Institution affiliations	Queens University Belfast
How does your presentation relate to the conference theme/s?	I will present findings from in depth semi structured interviews with 30 health and social care professionals and 21 parents who have mental illness (and substance misuse) regarding capacity of professionals to engage in family focused practice. Parents and professionals' perceptions of services will be compared.
Presenter name	Anne Grant
<b>Title of your presentation</b>	<b>Comparison of parents and professionals' perspectives of family focused practice</b>
What is the aim of your presentation?	To describe parents' experiences of adult mental health and children's services and highlight their needs and their families needs. Differences between parents and professionals' perspectives will be shown. Aspects of services that parents found beneficial in supporting their family will be highlighted and suggestions for further development of family support.
Why is this important?	There is limited information about parents' perceptions of family focused practice. A fundamental requirement for improving family focused practice is ensuring that service users and families' voices are heard and incorporated into education and training and service design and delivery.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>• Tension and commonalities between perspectives of professionals and parents,</li> <li>• Needs of parents and their families, including description of optimal service provision,</li> <li>• Identification of elements of supportive service provision</li> <li>• How barriers to family focused practice can be reduced</li> <li>• Enablers of family focused practice</li> <li>• How family focused practice can be further improved</li> </ul>

First Name	Adele
Last Name	Parkinson
Country	A/NZ
Institution affiliations	University of Otago, Aotearoa/New Zealand (A/NZ)
How does your presentation relate to the conference theme/s?	This presentation seeks to increase understanding of the combined impact of stigma and poverty for some COPMI families, and how this decreases their resilience. This knowledge is important as we need to understand the forces at play if we are to support and strengthen these families adequately.
Presenter name	Adele Parkinson
<b>Title of your presentation</b>	<b>Stigma, poverty and the resilience of COPMI in Aotearoa/New Zealand (A/NZ)</b>
What is the aim of your presentation?	To explore intersections between stigma theory, poverty research and resiliency theory for COPMI and their families, utilising mainstream resilience theory and socio-ecological resiliency theory.
Why is this important?	For some COPMI and their families such as in this research setting, serious and chronic parental mental illness is associated with both stigma and poverty, sometimes referred to as 'the double blow'. The combined effects can be devastating.
What are the main discussion points you will raise in this presentation?	Stigma and poverty attack resilience across the seven tensions of socio-ecological resiliency theory, and the adaptive systems noted in mainstream resilience research, in this A/NZ context. Stigma and poverty significantly decrease the likelihood of resilient pathways for this group of COPMI and their families.



Paralell 23

First Name	Bjørg Eva
Last Name	Skogøy
Country	NO
Institution affiliations	Nordland Hospital Trust and The Faculty of Health Sciences, UiT The Arctic University of Tromsø
Change agents at individual, service or population levels	quality-implementation-frameworks
How does your presentation relate to the conference theme/s?	The presentation relate very well to the conferences theme of quality implementation frameworks.
Presenter name	Bjørg Eva Skogøy
<b>Title of your presentation</b>	<b>Family focused practice: how can we improve implementation quality?</b>
What is the aim of your presentation?	Norway is one of the first countries to require all health professionals to play a part in prevention for children of parents with all kinds of illnesses. The aim is to discuss to what extent the new legislation has been implemented as intended in Norwegian hospitals, using Fixsen's Active Framework.
Why is this important?	Children and families cannot benefit from interventions that do not exist. There is an implementation gap between what we know is important, and what we do. A systems change is needed, with more emphasis on large scale implementation of interventions for children and families.
What are the main discussion points you will raise in this presentation?	How can the Active Implementation Framework be useful to explore and understand implementation of family focused practice? What were the main differences between Norwegian hospitals, and what were the key predictors of implementation satisfaction? What quality improvements is needed to secure equal chances of protection and support for children.

First Name	Francesca
Last Name	Tasselli
Country	IT
Institution affiliations	Contatto NGO
First Name	Alberto
Last Name	Zanobio
Institution affiliations	Niguarda Hospital, Milano
How does your presentation relate to the conference theme/s?	We are working on developing a culture of prevention for COPMI and their families in Italy. We have put in place various actions in the mental health field, adapting and tailoring foreign models to the Italian context to facilitate change in Mental Health Centers.
Presenter name	F. Tasselli, A. Zanobio
<b>Title of your presentation</b>	<b>Challenges, efforts and goals for a country developing the topic of COPMI: the Italian framework</b>
What is the aim of your presentation?	To explain the Italian framework in reference to difficulties experienced, goals and new challenges. In addition, to introduce the "Semola" Project, the first in Italy to offer evidence-based interventions for families in which a parent has a mental illness.
Why is this important?	It's important to compare our situation to countries that are more advanced so that they can provide us with inspiration. Moreover, we can compare our reality to others to enable them to handle potential issues in advance. In addition, to network with all of them in order to share new strategies for change.
What are the main discussion points you will raise in this presentation?	Starting from the situation in Italy in 2009, we'll introduce: cultural resistance; resistance to change in procedures; the process of overcoming the "protection" of family situations, both from professionals and family perspective; the "Semola" project and next steps in prevention for children.

First Name	Sophie
Last Name	Leijdesdorff
Country	NL
Institution affiliations	Maastricht University
First Name	Karin
Last Name	Van Doesum
Institution affiliations	Impulz/Mindfit; Randboud University; and University of Tromso Norway
How does your presentation relate to the conference theme/s?	The research we would like to share is about assessing the quality of the implementation of evidence based interventions, in order to reduce the risk of distress or to increase recovery.
Presenter name	Sophie Leijdesdorff, Karin van Doesum PhD and prof Therese van Amelsvoort MD PhD
<b>Title of your presentation</b>	<b>Bridging the gap between gap between regulations and clinical practice: facilitators and barriers of the Dutch Child-check implementation</b>
What is the aim of your presentation?	To share our research into the effect and quality of the implemented Dutch Child-check. This check makes it mandatory for every Adult Mental Health Service professional to assess whether mentally ill patients have children and to assess their safety and needs, in order to detect and intervene early in COPMIsituations.
Why is this important?	Children of parents with a mental illness/addiction are at high risk of developing a mental illness. Research showed preventive interventions to decrease this risk by 40%. To offer these interventions to children at the right moment, in the Netherlands, a mandatory child-check was implemented in Adult Mental Health care.
What are the main discussion points you will raise in this presentation?	Earlier research showed a gap between regulations and clinical practice. We will discuss the effect and quality of this Dutch implementation in two large allround mental health care organisations, combining quantitative and qualitative data to address facilitators and barriers, in order to strengthen this effective and highly important preventive care.

## Paralell 24

First Name	Gitte Wind
Country	DK
First Name	Gitte Kaarina Jørgensen
Institution affiliations	(Both presenters) Department of Nursing and Nutrition, University College Copenhagen, Denmark
How does your presentation relate to the conference theme/s?	Generally, young carers are perceived as children, who because of serious illness in the family take on responsibilities otherwise assigned to adults. In this presentation, we include children who care about the ill family member and experience that the home transforms from a safe haven to something unsettling.
Presenter name	Gitte Wind and Gitte Kaarina Jørgensen
<b>Title of your presentation</b>	<b>Supporting the wellbeing of young carers. Results from a respite project in Copenhagen, Denmark</b>
What is the aim of your presentation?	To present the results from a respite project in which volunteer students from University College Copenhagen support the wellbeing of young carers who experience serious physical and/or mental illness, and/or chronic illness and/or death of a parent and/or sibling. The volunteers enable everyday life such as participation in leisure activities.
Why is this important?	The presentation contributes to a discussion of how best to support young carers and at the same time recognizing the social agency of children. We explore from a child's perspective (the child's voice) and a child perspective (the adult voice) how the respite project affects the wellbeing of young carers.
What are the main discussion points you will raise in this presentation?	We will discuss: 1) The pressure experienced by these families, the lack of sufficient support, and the entanglement of other concerns than illness, such as divorce and financial problems. 2) How the respite project affects everyday life by recognizing the difficult life experience of both children and parents.

First Name	Ingelise
Last Name	Nordenhof
Country	DK
Institution affiliations	Terapi & Supervision <a href="http://www.nordenhof.com">www.nordenhof.com</a> (private practice)
First Name	Mathilde
Last Name	Zwinge
Institution affiliations	
Biographical information	Female, 24 years
PhD received within the last five years?	no
Conflicts of interest	None
Do you present from a lived experiences perspective?	no
How does your presentation relate to the conference theme/s?	It relates to the conference themes: "young carers, children and youth capabilities, recovery journeys, and potentials
Presenter name	Mathilde Zwinge & Ingelise Nordenhof
<b>Title of your presentation</b>	<b>Similarities and differences between young relatives in different positions</b>
What is the aim of your presentation?	To present the voices of 18 young carers between 15 – 22 in different positions. The aim is to draw attention to the abilities they already have to cope in difficult situations and learn what we as professionals can do to optimize their coping strategies
Why is this important?	It is important that we as professionals don't think we already know how young people position themselves as relatives but carefully listen to their stories, so we can assist each of them in ways they find useful.
What are the main discussion points you will raise in this presentation?	Why we as professionals should listen more carefully to the stories of the young carers to contribute to a new and more useful story, that can promote more agency and the lives of these strong and resilient young people.

## Paralell 25

First Name	Kim
Last Name	Foster
Country	AU
Institution affiliations	Australian Catholic University & NorthWestern Mental Health
First Name	Joanne
Last Name	Nicholson
Institution affiliations	Brandeis University USA
How does your presentation relate to the conference theme/s?	The presentation describes a new family-focused practice framework that can be used by clinicians in mental health and other services to improve parent and family recovery and promote child and parent capabilities so that the risk of intergenerational mental illness is reduced.
Presenter name	Kim Foster
<b>Title of your presentation</b>	<b>Practising with EASE: strengthening relational recovery for parents and families</b>
What is the aim of your presentation?	The presentation aims to describe and illustrate the EASE (Engage, Assess, Support & Educate) framework for essential family-focused practices.
Why is this important?	There is substantial literature on the need for family-focused practice but this evidence has yet to be operationalized into a brief practice framework that can be used by clinicians to support relational recovery in families affected by mental illness.
What are the main discussion points you will raise in this presentation?	There is a need to strengthen clinicians' capacity to address the needs of parents and families who are affected by parental mental illness. The EASE framework is a theory and evidenceinformed family practice approach to relational recovery within healthcare provision. The presentation will describe and illustrate the framework in practice.

First Name	Anne
Last Name	Clancy
Country	NO
Institution affiliations	UiT, The Arctic University of Norway
How does your presentation relate to the conference theme/s?	It is important that nurses working with children in the community receive optimal training in order to promote hope and alleviate suffering. Education plays a key role in developing nursing competencies. Identifying training requirements has shown variations across Europe. No specialized training is required in 75% of the countries.
Presenter name	Anne Clancy PhD
<b>Title of your presentation</b>	<b>A European study of educational requirements for nurses to work with children with complex care needs in the community</b>
What is the aim of your presentation?	For the majority of European countries, a general nursing qualification is all that is required to care for children with complex care needs. There is a need to promote specialist children's nurse education in order to enhance the skills of nurses who deliver care to very sick children.
Why is this important?	It is necessary to create awareness that children and families are entitled to be cared for by nursing staff who are adequately prepared and qualified. Nurses need to have appropriate biomedical training in the care of the child, and develop communication and relational skills and personal attributes.
What are the main discussion points you will raise in this presentation?	The variation in educational requirements and the implications of a broad EU- directive on nursing curricula. No guidance on specific skills necessary to look after children with complex care needs and their families General nursing education is insufficient to provide the specific skills required to deliver high quality care

First Name	Emma
Last Name	Loudon
Country	GB
Institution affiliations	Queen's University Belfast
How does your presentation relate to the conference theme/s?	My Phd aims to gather the experience of 'whole families' living with Parental Mental Illness and is particularly focused on gathering the views and experience of children, partners and other supportive family members given their scarcity in the literature. My presentation would focus on the relevant methodological issues.
Presenter name	Emma Loudon
<b>Title of your presentation</b>	<b>The benefits and challenges of seeking whole family perspectives</b>
What is the aim of your presentation?	To discuss the challenges of recruiting, gathering and analysing data from 'whole families', ways in which the challenges can be overcome or accepted and the benefits of gathering these perspectives to developing theory, intervention and policy and service direction.
Why is this important?	Nationally and internationally the drive towards Family Focused Practice in parental mental illness would benefit from evidence drawn from the 'whole family'. There is an acknowledged lack of children's perspectives and the perspectives of other adult family members in the literature which it is important to address.
What are the main discussion points you will raise in this presentation?	The challenges of recruitment when attempting to gather whole family perspectives. The methodological issues around analysis of a 'multi-perspective' account. The benefits of gathering data from a 'whole family'. Examples from the data.



## Paralell 26

First Name	Pamela
Last Name	Patrick
Country	AU
Institution affiliations	Monash University, Faculty of Education
How does your presentation relate to the conference theme/s?	The presentation will reflect on the lived experiences of adult children of parents with mental illness, with an emphasis on how parental mental illness has impacted on their own parenting journeys. The presentation will also highlight protective factors that have helped adult children adapt and cope with parental mental illness.
Presenter name	Pamela Patrick
<b>Title of your presentation</b>	<b>Am I my parent? A qualitative study involving adult children of parents with mental illness</b>
What is the aim of your presentation?	The presentation aims to highlight the narrative accounts of adult children who have lived with parental mental illness as children and how those experiences have influenced their relationships in adulthood, with their parents, spouse and children.
Why is this important?	Although risk factors associated with parental mental illness is prevalently documented, much less is known about how and what adult children have found helpful in coping with parental mental illness and in supporting their own parenting journeys. The presentation will highlight factors that have augmented resilience in adult children.
What are the main discussion points you will raise in this presentation?	Gratitude and personal understanding about mental illness has been pivotal in adult children developing a close bond with their parents. As for parenting, adult children commonly expressed wanting to parent differently to the way they were parented but at times, found it challenging to set appropriate boundaries for their children.

First Name	Elin Håkonsen
Last Name	Martinsen
Country	NO
Institution affiliations	Vestre Viken Hospital Trust, Centre for Medical Ethics, University of Oslo
First Name	Reidun
Last Name	Norvoll
Institution affiliations	Centre for Welfare and Labour Research, Work Research Institute, OsloMet- Oslo Metropolitan University
First Name	Bente
Last Name	Weimand
Institution affiliations	Oslo Metropolitan University & Akershus university hospital
How does your presentation relate to the conference theme/s?	The presentation relates to the themes of young carers and families, parent and children in mental health care, thus exploring how children and youth as next of kin might be affected by coercive treatment of a close relative, and how health care personnel best can support them.
Presenter name	Elin Håkonsen Martinsen
<b>Title of your presentation</b>	<b>Doses coercion matter? Supporting young next of kin in coercion related situations in mental health care.</b>
What is the aim of your presentation?	The aim of this presentation is to contribute to more knowledge about health care personnels's perspectives on the support of young next of kin in relation to involuntary treatment of a close family member.
Why is this important?	The study adds valuable knowledge to the support of young next of kin experiencing coercion, given the lack of previous studies on this topic.
What are the main discussion points you will raise in this presentation?	We discuss the reluctance of health care personnel to thematize coercion among young next of kin. We furthermore discuss perceived barriers and ethical challenges for health care personnel related to supporting young next of kin in coercion related situations .

First Name	Anne Kristine
Last Name	Bergem
Country	NO
Institution affiliations	Oslo Metropolitan University
First Name	Livar
Last Name	Hølland
Institution affiliations	Sanden Media AS
How does your presentation relate to the conference theme/s?	When one person in a family gets an illness, the whole family is affected. Traditionally, the health care system is organised with focus on the individual that is ill. Our project will increase awareness of the family.
Presenter name	Anne Kristine Bergem
<b>Title of your presentation</b>	<b>#YouWereThere</b>
What is the aim of your presentation?	To show films made for the purpose of reducing stigma and increase awareness of the fact that one person can make a difference in the life of a family in a crisis situation.
Why is this important?	It is important to make tools that is easy accessible for most people. These films are.
What are the main discussion points you will raise in this presentation?	All the films are based on real experiences, that were shared by people in the book "Når barn er pårørende" (When children are next of kin), published in June 2018, and written by Anne Kristine Bergem. They will be honest, open and based on the personal narratives. They will offer.

## Paralell 27

First Name	Frøydis
Last Name	Gullbrå
Country	NO
Institution affiliations	NORCE Norwegian Research Centre AS, Research Unit for General Practice. Bergen, Norway
How does your presentation relate to the conference theme/s?	Research topic: A study concerning how general practitioner`s (GPs) potential better can be used in order to support children as next of kin and their families.
Presenter name	Frøydis Gullbrå
<b>Title of your presentation</b>	<b>How general practitioner can help children with an ill parent</b>
What is the aim of your presentation?	Present results from five substudies where the overall objective is to establish knowlegde on how GPs can identify and help children with parents having illness or substance- abuse.
Why is this important?	Children whose parents are suffering from mental illness, substance abuse, or severe somatic disease are at risk of developing psychosocial problems and different kinds of health problems. Little is known about how the general practitioners (GPs) can contribute in identifying and establishing well-functioning support for these children and their families.
What are the main discussion points you will raise in this presentation?	In light of the new knowlegde, how is it possible to change practice so that burdened children with needs are identified also by their GPs- and can early get the information and support they need.

First Name	Pandora
Last Name	Patterson
Country	AU
Institution affiliations	CanTeen, Australia; The University of Sydney, Australia
First Name	Fiona
Last Name	McDonald
Institution affiliations	CanTeen, Australia; The University of Sydney, Australia
How does your presentation relate to the conference theme/s?	Young people experience significant psychosocial burden following their parent's cancer diagnosis. In response, CanTeen, an Australian national support organisation for young people impacted by cancer, placed Parent Social Workers (PSW) in hospitals to i) support parents with their parenting, and ii) provide greater care co-ordination for their children to access communitybased support.
Presenter name	Pandora Patterson
<b>Title of your presentation</b>	<b>Supporting cancer patients parenting young people: An integrated hospital-based pilot program</b>
What is the aim of your presentation?	This presentation will describe the recently established PSW role and the rationale for the position. Funding models, implementation learnings and evaluation findings, including feedback from both hospital staff and service users, will also be presented.
Why is this important?	Poor family communication is a substantial concern for families with parental cancer, contributing to the majority of children reporting high levels of unmet needs and clinically elevated distress. The PSW supports parents in communication and other parenting issues, and provides greater care co-ordination for their children to access community-based
What are the main discussion points you will raise in this presentation?	Implementing a new type of role within existing health services presents exciting opportunities and interesting challenges. In this presentation, learnings about the implementation of the PSW role in three different hospital settings will be discussed. The impact for cancer patients and their families will also be presented.

Name	Trude Klevan
Name	Vibeke Krane
Institution affiliations	University of South-Eastern Norway, Department of health, social -and welfare studies, Drammen, Norway
Name	Bente Weimand
Institution affiliations	Akershus University Hospital & Oslo Metropolitan University, Norway
Country	NO
How does your presentation relate to the conference theme/s?	This qualitative study, initiated by the Norwegian Directorate of Health, explores how problem gambling affects everyday life and relations in families with minor children. It elaborates on how living with problem gambling in the families has practical and emotional consequences and is connected to experiences of loneliness, stigma and exclusion.
Presenter name	Trude Klevan, Vibeke Krane and Bente Weimand
<b>Title of your presentation</b>	<b>Living in duality – everyday life and relations in families experiencing problem gambling</b>
What is the aim of your presentation?	The aim is to elaborate on how problem gambling has serious consequences for practical, economical, emotional and relational issues in the families, in particular the limitations and constraints the gambling problem gives the children in the families.
Why is this important?	The effects of problem gambling can be devastating for the families, both in a present and a future perspective. This is particularly serious for the children. A holistic and nuanced understanding of how families are affected is crucial to the development of support and treatment that is more family oriented.
What are the main discussion points you will raise in this presentation?	The presentation will discuss implications of gambling problem for families with children, and the need for a more holistic and family oriented approach in the understanding and treatment of problem gambling.

## Paralell 28

Name: Bente Barstad

**Country:** Norway

### **Title of the presentation:**

*"If a community values its children, it must cherish their parents"*

*Integrative Approach to adult Psychiatric Treatment in a Residential Couple's and Family Therapy Unit, Modum Bad, in Norway"*

### **What is the aim of the presentation?**

The aim is to give an overview of a residential Family Unit that offers treatment to couples and families within an adult psychiatric hospital, as part of the mental health system in Norway. The treatment duration is from 6-12 weeks and *includes* children from one to sixteen years. The family unit is organized as a village community. This village includes a separate house for each of the families, in addition to a school, kindergarten and a community house. Together with the weekly treatment program the village is an important framework and context for the therapeutic process.

The general intake criteria are that one or both of the adults have a psychiatric diagnosis/disorder, as well as longstanding relational conflicts and dysfunction in the present couple and familysystem. The aim of the treatment is to reduce psychiatric symptoms and increase the parental function /cooperation in order to strengthen and promote healthy family functioning.

### **Why is it important?**

We find that treatments of psychiatric disorders have become increasingly specialized and individualized. There is a high concurrence between psychiatric disorders and relational problems. Several studies have confirmed that those seeking couple and family therapy typically have a combination of psychiatric and relational problems. Many of our clients claim that previous individual, couple or family interventions were inadequate because this combination was not addressed. Each of the public services have specialized knowledge, but we find that they rarely see the need to consider individual psychiatric disorders and severe relational distress in an integrated fashion.

### **What is the main discussion points you will raise in the presentation ?**

How can we work to increase the knowledge about the interaction between individual problems, relational problems and family function in the field of psychiatry ? Are we able to see more than one part at a time? Either the child, or the adult , or the couple ?

How can we see the whole together and establish systems that integrate all of these perspectives into one integretive model?

Name: Christine Mulligan

**Title: "Growing pains" - developing family-focused practice for families with parental mental illness in the Republic of Ireland".**

Christine Mulligan\* Mairead Furlong and Sinéad McGilloway  
*Centre for Mental Health and Community Research*  
*Department of Psychology and Institute of Social Sciences*  
*Maynooth University, Ireland*

**Objectives:** This paper presents the findings from the first phase of a research programme called PRIMERA (**P**romoting **R**esearch and **I**nnovation in **M**ental **h**Health **s**er**V**ices for **f**amilies and children). This research (funded by the Health Service Executive) aims to: (1) identify, help implement and evaluate family-focused interventions for families where a parent has a mental illness; and (2) promote a 'think family' service delivery agenda in the Republic of Ireland (RoI). **Methods:** An initial scoping study was undertaken to: (1) assess the nature and extent of family-focused practice (FFP) in adult (N=114) and child (N=69) mental health services in the RoI; (2) review the international literature; and (3) undertake site/service visits to assess readiness for, and inform the implementation of, FFP. **Results:** A national Expression of Interest (EoI) call led to 37 written submissions (20% response rate) plus six further requests for involvement from interested community services. Fifteen sites/services (35%) were included in the research following critical appraisal and consultation. FFP across services/sites was small-scale or non-existent. Following a literature review and other strategic/resource considerations, all sites were invited to deliver the *Family Talk (FT)* intervention; 12 agreed to do so; three sites will deliver other programmes. A series of activities have been, and continue to be, undertaken by the research team to support early implementation. **Discussion:** This first phase of the research provides a critical starting point for promoting, and assessing the development of, FFP in mental health services in the RoI. Some useful generalisable lessons are also identified in terms of building capacity and beginning to change practice in this field.



First Name	Scott
Last Name	Yates
Country	GB
Institution affiliations	De Montfort University
First Name	Lina
Last Name	Gatsou
Institution affiliations	Leicestershire Partnership NHS Trust and De Montfort University
How does your presentation relate to the conference theme/s?	We present findings from an intervention with families that reveals new findings relating to communication within families about parental mental illness. Themes to be discussed relate to intra-family stigma and shame, connectedness and communication, and the potential to promote recovery through fostering communication and working together towards recovery goals.
Presenter name	Scott Yates & Lina Gatsou
<b>Title of your presentation</b>	<b>Family Communication in Families with Parental Mental Illness - Challenges and Possibilities</b>
What is the aim of your presentation?	We present details of an intervention that supports families to communicate and work together in understanding and managing parental mental illness. We discuss the foundations of this intervention and research evidence that expands on existing knowledge about the impacts of poor communication on families and ways communication can be fostered.
Why is this important?	It has long been recognised that stigma, social isolation and lack of communication around mental illness within families are threats to the wellbeing of family members and challenges to recovery. Our research expands on existing work and analyses this issue as it relates to families with parental mental illness.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>We outline the rationale for our Whole Family intervention. Then, we present evidence showing some of the reasons communication around mental health within families can be poor and the impacts this can have on family members. We also discuss the benefits of improving communication and how this can be achieved.</p>
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## Parallell 29

First Name	Michael
Last Name	Klein
Country	GE
Institution affiliations	Catholic Univ. of Appl. Sc., Cologne
How does your presentation relate to the conference theme/s?	The presentation is about the problem and solutions concerning mental health and addiction problems (comorbidity) in families with a transgenerational scope.
Presenter name	Michael Klein
<b>Title of your presentation</b>	<b>If mental health and addiction are the problem, what is the solution for families from a transgenerational perspective?</b>
What is the aim of your presentation?	Inform about the scope and contents of the problem of mental health problems and addiction in families. Consideration and presentation of international research results. Show conceptual improvements concerning prevention and treatment with a transgenerational perspective.
Why is this important?	Comorbidity and transgenerational perspectives are crucial for families and especially children affected.
What are the main discussion points you will raise in this presentation?	How can prevention and treatment for comorbidity problems in families be improved? How can transmission of addictive and mental health problems be avoided? Which resiliences have to be trained in order to help children concerned?

First Name	Stella
Last Name	Laletas
Country	AU
Institution affiliations	Monash University, Faculty of Education, Melbourne, Australia,
First Name	Andrea
Last Name	Reupert
Institution affiliations	Monash University, Faculty of Education, Melbourne, Australia,
How does your presentation relate to the conference theme/s?	Humans do not develop in isolation. The family, extended family, such as carer grandparents, greatly influence the social, emotional and cognitive development of young children. Understanding the lived experiences and needs of different family members, such as grandparent carers, can provide important insight that will inform policy and practice.
Presenter name	Dr Stella Laletas
<b>Title of your presentation</b>	<b>Grandparent care: exploring the needs of grandparents supporting their children and grandchildren living with parental mental illness</b>
What is the aim of your presentation?	The aim of the present study was to explore the experiences and identify the needs of families living with parental mental illness from the perspective of parents and grandparents.
Why is this important?	To date, research exploring the needs of grandparents supporting their children and grandchildren living with parental mental illness is limited. This research provides understanding of the needs of different family members caring for young children. This information is important for informing policy and practice that can strengthen support for families.
What are the main discussion points you will raise in this presentation?	Grandparents can be helpful in supporting their children who have a mental illness as well as greatly influence the development of their grandchildren. This presentation will highlight the similarities and differences between parent and grandparent viewpoints on 'grandparent carers', as well as identify the specific needs of each stakeholder.

First Name	Alexis
Last Name	Kuerbis
Country	US
Institution affiliations	Hunter College of the City University of New York
How does your presentation relate to the conference theme/s?	This presentation is focused on helping families of older adult substance users to begin to learn to identify problems resulting from substance use rather than aging and how to intervene with their older loved ones help them reduce harm.
Presenter name	Alexis Kuerbis
<b>Title of your presentation</b>	<b>Assessing and Intervening with Older Adult Substance User: Recommendations for Families Concerned for an Older Loved One</b>
What is the aim of your presentation?	This presentation reviews relevant literature to provide recommendations for families to assess and intervene with their older loved one.
Why is this important?	Families are increasingly dealing with an older family member who may have suddenly developed issues with alcohol or other substances in later life. They are often at a loss for how to 1) verify that substances are the problem and 2) how to intervene to reduce harm.
What are the main discussion points you will raise in this presentation?	Intervening with older adult family members may present unique issues related to respect for privacy, independence, and maintenance of family hierarchy. This presentation will review assessment tools and practical strategies for talking to older adult family members about their substance use to work towards reducing harm.

Wednesday May 15th.

## Single presentations

## Parallell 30

First Name	Brenda
Last Name	Gladstone
Country	CA
Institution affiliations	Dalla Lana School of Public Health, University of Toronto
How does your presentation relate to the conference theme/s?	By focusing on concepts related to the Capability Approach, and taking into account how individual and social dimensions act together, this useful but under-researched framework can help us to understand how resources are converted into 'real' life opportunities that children (of parents with mental illnesses) and their family's value.
Presenter name	Brenda Gladstone, Silvia Exenberger, Bente Weimand, Monika Geretsegger
<b>Title of your presentation</b>	<b>A scoping review of the Capability Approach: Application to the field of children's mental health research</b>
What is the aim of your presentation?	To provide an up-to-date overview on the number and types of studies, the fields of research and types of topics, which have applied the Capability Approach in research about children; and to summarize and discuss study findings with a focus on implications for future research using the CA in children's mental health, and for examining COPMI's life opportunities with respect to service provision and intervention development and implementation.
Why is this important?	A comprehensive understanding of the Capability Approach, applied in family contexts, is necessary in order to elaborate on this promising framework for future research, program development, implementation and evaluation, and policy-making in the field of families affected by mental illness.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>• How can the CA be used in research with children, including the participation of children of parents with a mental illness (COPMI) in research projects examining their well-being?</li> <li>• How might the Capability Approach be used to positively impact on local, regional and national mental health and social care contexts?</li> </ul>

First Name	Ingunn Olea
Last Name	Lund
Country	NO
Institution affiliations	The Norwegian Institute of Public Health (NIPH)
How does your presentation relate to the conference theme/s?	This bibliometric study is a quantitative review that provides a complete overview of the COPMI literature – including the conference themes
Presenter name	Ingunn Olea Lund
<b>Title of your presentation</b>	<b>The structure of research on Children of Mentally Ill Parents (COPMI): a bibliometric science mapping review</b>
What is the aim of your presentation?	We aim to identify 1) The key topics in the COPMI research field the past 20 years, and how they are clustered/ grouped, and 2) the research fronts in the field, i.e. what topics have been investigated in the last four years, and how they are structured.
Why is this important?	A bibliometric review for the COPMI field will provide an overview of topics that have not been examined across different field / perspectives; and identify topics not explored in relation to each other. Together, this will point towards opportunities to extend both theoretical and empirical work.
What are the main discussion points you will raise in this presentation?	After describing the different COPMI topic clusters, and how they relate to each other, we will discuss whether some are “overstudied” and whether some have been neglected While prediction is notoriously difficult, we will reflect on the future directions of the COPMI field.



First Name	Maria
Last Name	Apuzzo-Okon
Country	US
Institution affiliations	NYU
How does your presentation relate to the conference theme/s?	My papers focus is on the main 8 concepts of Bowenian theory. The family as the core "emotional unit" and how this unit is the primary influence on human behavior. Going from individual to societal impact.
Presenter name	Maria Apuzzo-Okon
<b>Title of your presentation</b>	<b>Family System's Theory: A Review of Dr. Murray Bowen's 8 Concepts.</b>
What is the aim of your presentation?	Going through the 8 concepts of Bowenian theory and illustrating them with an example of a client living with Schizophrenia. Showing his concepts from individual to societal and what that means for families struggling with "togetherness" or individuals with "low differentiation" level.
Why is this important?	how our families define us. They teach us, guide us, show us right from wrong, and how to live and socialize in the world. More light needs to be shed in this area with families who have a member living with SPMI.
What are the main discussion points you will raise in this presentation?	how our families define us. How they are our strength and weakness. Illustrating it through a case study. How the larger picture (society) impacts the unit, down to the individual and vice versa.

## Parallell 31

First Name	Leslie
Last Name	Pena-Sullivan
Country	US
Institution affiliations	NYU Silver School of Social Work
How does your presentation relate to the conference theme/s?	I will be presenting on the issues of Acculturative Stress and the impact it has on Latinx families. Latinx families rely on familial support, known as Familismo. When a member of the family is distressed, this can impact the entire family unit. Extended family can take on caregiving roles.
Presenter name	Leslie Pena-Sullivan
<b>Title of your presentation</b>	<b>The Effects of Acculturative Stress and Trauma Exposure in the Undocumented Latinx Community.</b>
What is the aim of your presentation?	This presentation reviews literature that has examined the relationship between mental health and immigration status in the Latinx population. The aim of this presentation is to highlight the impact acculturative stress and trauma exposure can have on this population especially during our current anti-immigrant political climate.
Why is this important?	Latinx immigrants can face social isolation upon migration to the United States. This isolation magnifies, as immigrants are often unable to secure a network of support. For someone who has a history of trauma, the likelihood of experiencing traumatic stress symptoms in adverse situations is significant.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>•Participants will gain an understanding of acculturative stress of undocumented immigrants.</li> <li>•Participants will learn about the impact of acculturative stress and cumulative trauma on undocumented (Latinx) immigrants.</li> <li>•Participants will apply the knowledge of trauma and acculturative stress to case studies in gaining a deeper understanding of traumatic stress symptoms in this population.</li> </ul>

First Name	Jill
Last Name	Zalayet
Country	US
Institution affiliations	New York University
How does your presentation relate to the conference theme/s?	This paper will address issues related to early complex trauma. The therapeutic alliance and Karen Horney's theory of the basic anxiety and wholeheartedness will be discussed as they relate to understanding early suffering/trauma; How we treat the "whole" person in psychotherapy, ultimately, helping to transmute symptoms of trauma.
Presenter name	Jill Zalayet
<b>Title of your presentation</b>	<b>Wholeheartedness in the treatment of complex trauma: Revitalizing Karen Horney's theory</b>
What is the aim of your presentation?	The aim of this presentation is to help participants understand the relational variables that help transmute trauma in individuals that have suffered early complex trauma. This paper will provide a working understanding of how to utilize Karen Horney's groundbreaking theory of the basic anxiety of life.
Why is this important?	Karen Horney was one of the first relational psychoanalysts, a female giant whose work has been forgotten. Her theory of wholeheartedness, a construct embedded in her theory of the basic anxiety, provides an important lens for understanding the relational components necessary to treat deeply traumatized individuals.
What are the main discussion points you will raise in this presentation?	1) What is the basic anxiety of life? 2)How do we work with people to help them harness their"constructive forces" and heal ruptures from the past, in the present? 3)How to provide a "wholehearted" approach in the work, allowing the individual to feel safe and "known"

First Name	Katharina
Last Name	Haag
Country	GB
Institution affiliations	University of Bath
How does your presentation relate to the conference theme/s?	I would like to present findings from an interview-study on 30 children and adolescents from the UK who experienced a trauma. These children reported both, the social support they received, and what support they wished they received at different stages of their recovery, relating to the theme of recovery mentioned.
Presenter name	Katharina Haag
<b>Title of your presentation</b>	<b>Supporting Children After Trauma- Conclusions from an Interview Study</b>
What is the aim of your presentation?	Describing the findings (and related wider literature) of an UK interview study investigating the social support children aged 8-17 tend to receive after experiencing a trauma. This will cover positive aspects, as well as challenges faced, and suggestions they provided in terms of what support may be specifically helpful.
Why is this important?	Social support is one of the main determinants of mental health outcomes after child trauma. It is thus important to research on this, and provide those who interact with children who experienced a trauma (parents, teachers, doctors/nurses, peers,...) with information on what may be useful support strategies.
What are the main discussion points you will raise in this presentation?	The presentation will discuss points raised by the children and adolescents in terms of what support they perceived as helpful, or would have wished for, and, taking into account other literature in the field, will reflect on what support strategies may be recommended to those around them.

## Paralell 32

First Name	Torleif
Last Name	Ruud
Country	NO
Institution affiliations	Akershus University Hospital
Presenter name	Torleif Ruud
<b>Title of your presentation</b>	<b>Crisis resolution team's practice and knowledge regarding their patients' children</b>
What is the aim of your presentation?	Report, from a pre-post observational study of 25 Norwegian crisis resolution teams and their services to more than 900 persons seeking help, what the teams knew about the children of their patients and about the services given.
Why is this important?	Little is known about to what extent crisis resolution teams give attention to the needs of the person's children
What are the main discussion points you will raise in this presentation?	Are the crisis resolution teams giving enough attention to learn about their patients' children and their needs, and are the teams involving the family enough in their contact with their patients?

First Name	Ron
Last Name	Shor
Country	IL
Institution affiliations	School of Social Work and Social Welfare, The Hebrew University of Jerusalem
Presenter name	Ron Shor
<b>Title of your presentation</b>	<b>The Extent and Nature of Involvement of Family Members in Community Residential Arrangements for Persons With Mental Illness.</b>
What is the aim of your presentation?	To present research which examined the extent and nature of involvement of family members in community residential facilities for persons with mental illness. A mixed method study will be presented which included a semi-structured instrument constructed for this study. The study included 84 professionals, 77 persons with mental illness and 40 family members.
Why is this important?	Family members of persons with mental illness in residential facilities could be a significant resource for the person coping with mental illness as well as for the staff members. However, research findings indicate that staff members avoid involving them despite findings which indicate on positive relationships between the extent of involvement of family members and the situation of persons with mental illness.
What are the main discussion points you will raise in this presentation?	A gap was found between the extent in which professionals relate in a respectful and human approach to family members and the (lower) extent of their willingness to involve them in issues related to the lives of their family members with mental illness in the residential facility. The contact between professionals and staff members is mainly around difficulties of the family. Most of the persons with mental illness were interested in the involvement of their family members. Professionals expressed dilemmas regarding the involvement of family members. Conclusions: There is a need to expand the perception of professionals regarding the areas in which they involve of family members in community residential facilities. There is also a need to develop policies which will regulate the involvement of family members.

First Name	Tim
Last Name	Campbell
Country	AU
Institution affiliations	Monash University, School of Rural Health
First Name	Darryl
Last Name	Maybery
Institution affiliations	Monash University, School of Rural Health
How does your presentation relate to the conference theme/s?	The presentation relates to the complexities of mental health problems in young people and the importance of engaging young people, their families and support system in treatment.
Presenter name	Tim Campbell
<b>Title of your presentation</b>	<b>The prevalence of parents with mental health problems of young people attending child and adolescent mental health services</b>
What is the aim of your presentation?	This is the first systematic examination of the literature regarding the prevalence and family circumstances of parents of young people attending youth mental health services.
Why is this important?	We know that a large minority of adult psychiatric service patients are parents but presently have limited understanding of the number of young people attending mental health services who also have a parent with a mental illness. Given the prevention, early intervention and treatment benefits for young people, the parent and their families, CAMHS psychiatric services need to be responsive to their needs.
What are the main discussion points you will raise in this presentation?	Having a parent with a mental illness is a major risk to children's wellbeing and this is magnified when both parent and child have a mental health problem. Child and Adolescent policy and procedures need to recognise and respond to both parent and child mental health problems.

## Paralell 33

First Name	Malène
Last Name	Duijst
Country	NL
First Name	Sophie
Last Name	Pennington
Institution affiliations	Clientenbelang Amsterdam
First Name	Malène
Last Name	Duijst
Institution affiliations	Clientenbelang Amsterdam
How does your presentation relate to the conference theme/s?	Methodologies to make the voices heard of children/youth/parents/families where a family member has an illness of any kind (psychic, physical, sensory and / or addiction) How to support them to be advocates for their rights.
Presenter name	Sophie Pennington or/and Malène Duijst
<b>Title of your presentation</b>	<b>Advocacy in municipal politics for and with children/parents/families where a family member has an illness of any kind (psychic, physical, sensory and / or addiction)</b>
What is the aim of your presentation?	Inspire attendees to see the possibilities <ul style="list-style-type: none"> <li>• to involve children/parents/families in developing and implementation of local policy.</li> <li>• to involve them in research</li> <li>• to use methods we use for participation of children/parents/families that are difficult to reach (people with a mild intellectual disability, low-literate people)</li> </ul>
Why is this important?	Users know what works and what not, children/parents/families are experiential experts. We use methods to support them in making their voices heard. Involving them in policy and research contributes to their quality of life. Wat's even more important they feel less helpless while their part of the solution, giving hope.



What are the main discussion points you will raise in this presentation?	How do we really focus on the children/parents/families, where a family member has an illness of any kind (psychic, physical, sensory and / or addiction) ? What can you do about it in your job, situation etc.?
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First Name	Adele
Last Name	Parkinson
Country	A/NZ
Institution affiliations	University of Otago, Aotearoa/New Zealand
How does your presentation relate to the conference theme/s?	COPMI services who partner with the state for contractual funding in neo-liberal political environments are constrained by these contracts and prevented from providing services which meet the needs of service-users. This presentation considers strategies for becoming change agents.
Presenter name	Adele Parkinson
Title of your presentation	<b>How might COPMI services be change agents in a neoliberal political context such as Aotearoa/New Zealand (A/NZ)?</b>
What is the aim of your presentation?	To describe the organisational hybridisation of COPMI services in A/NZ, the effects on service delivery, and strategies for resisting the state and creating more even power relationships to better meet service-user needs and support COPMI 'best practice'.
Why is this important?	Partnering with the state for contracted funding has resulted in organisational hybridisation for COPMI services in A/NZ, with the sector increasingly moving away from community values which meet diverse client needs and support COPMI 'best practice' towards state values which meet the needs of whichever government is in power.
What are the main discussion points you will raise in this presentation?	The effects of neo-liberalism on COPMI services who engage in contractual funding (organisational hybridisation). Application of the Walker and Shannon Ideal Strategic Model (2011) as a possible model for COPMI services to regain power and become change agents.

First Name	Josy
Last Name	Thomas
Country	AU
Institution affiliations	South West Healthcare Mental Health Services
First Name	Dr Rochelle
Last Name	Hine
Institution affiliations	South West Healthcare Mental Health Services
How does your presentation relate to the conference theme/s?	The presentation will describe the implementation of a unique capacity-building program spanning just under a decade, which aims to reduce the impact of parental mental illness/mental health issues on all family members, especially children. The program supports clinicians in mental health services to embed family focused approach in their practice.
Presenter name	Dr Josy Thomas
<b>Title of your presentation</b>	<b>Working with Families where a Parent has a Mental Illness (FaPMI) in the South West Victoria in Australia: A Rural Experience</b>
What is the aim of your presentation?	The presentation aims to describe the challenges and successes of implementing a capacity-building and early intervention program endeavouring to improve practice within a mental health service and among network partners in a rural context via systems and procedures development, workforce development, supporting networking & inter-agency collaboration, and service delivery.
Why is this important?	Children of parents with mental health issues are at greater risk of developing a mental health problem later in life. Mental health services are generally not well equipped to respond to parents experiencing mental health issues and their parenting needs, and their children very often fall between the cracks.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>• Background of the FaPMI program in the Victorian state of</li> <li>• Australia</li> <li>• Introduction to South West Healthcare Mental Health Services</li> <li>• Implementation of the FaPMI program in the rural South West Victoria</li> <li>• Challenges faced</li> <li>• Success stories</li> <li>• Learnings</li> </ul>

## Parallell 34

First Name	Bernadette
Last Name	Ward
Country	AU
Institution affiliations	Monash University
First Name	Paul
Last Name	Dietze
Institution affiliations	Burnet Institute
How does your presentation relate to the conference theme/s?	There is little evidence about the characteristics of Australian parents who use methamphetamine. Community interventions to support children of methamphetamine users need to be underpinned by evidence.
Presenter name	Bernadette Ward
<b>Title of your presentation</b>	<b>Australian parents who use methamphetamine</b>
What is the aim of your presentation?	To present baseline data about parents from a longitudinal study of Australian methamphetamine users.
Why is this important?	Little is known about this population in Australia. Without this evidence we cannot develop appropriate interventions to support these parents and their children.
What are the main discussion points you will raise in this presentation?	We need to understand the characteristics of Australian parents who use methamphetamine. This is a very challenging study but the longitudinal data will provide evidence and opportunities for policy makers seeking to understand and intervene to support these families.

First Name	Bente
Last Name	Birkeland
Country	NO
Institution affiliations	Sørlandet hospital, Addiction Unit/Children's Best Interest
Names	Magnhild M. Høie, Torleif Ruud, Bente Weimand
How does your presentation relate to the conference theme/s?	The presentation explores one way to examining the QoL in partners sharing parenthood for children together with patients from different groups of illnesses (mental and physical illness, and substance use disorder), and hence suggests how to determine the kind of support the most vulnerable families may be in need of.
Presenter name	Bente Birkeland
<b>Title of your presentation</b>	<b>Quality of life – why does it matter? Perceived quality of life in partners of patients undergoing treatment in physical health, mental health, or substance use disorder units: a cross-sectional study</b>
What is the aim of your presentation?	To explore (1) differences in socio-demographic, social/familial, and health variables, and perceived quality of life (QoL) among partners of patients with physical illness, mental illness, or substance use disorders (SUD); and (2) identify factors associated with QoL.
Why is this important?	Studies comparing the QoL between partners to patients in different illness populations seems to be limited, especially when they share parenthood for children. Examining the partner's QoL, and factors associated with QoL is important to get a broadened picture of these families' situation and needs in times of parental illness.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>• No QoL differences between groups but poorer scores on income/work for SUD-partners</li> <li>• 13 % had markedly low QoL indicating a very difficult situation</li> <li>• QoL covers domains in addition to strict health outcomes</li> <li>• Brief QoL tools might give valuable information about partners' needs for support</li> </ul>

First Name	Leonard
Last Name	Fagin
Country	GB
Institution affiliations	Our Time
How does your presentation relate to the conference theme/s?	The aim of the workshops is to improve resilience in children living with a parent with a mental disorder, and help parents restore their confidence in parenting after they have suffered from a mental illness.
Presenter name	Leonard Fagin
<b>Title of your presentation</b>	<b>Parenting on the edge: supporting parents with a mental illness</b>
What is the aim of your presentation?	To highlight the issues faced by parents who have been undermined in their roles as a result of mental illness, to highlight the issues that they raise in parent support groups and to discover ways and means to address their difficulties.
Why is this important?	The loss of parental confidence when experiencing mental health problems can have lasting effects on children's wellbeing, stiling their own development with long term consequences. Rediscovering their roles of parents, with the support of others who are experiencing similar difficulties, is an efficient and inexpensive way to ameliorate this.
What are the main discussion points you will raise in this presentation?	Problems in disseminating concerns with the impact of parental mental illness Considering the issues and themes raised in parent groups and developing strategies to address them. Gaining more evidence based outcome measures to assess these interventions

## Paralell 35

First Name	Christine
Last Name	Grove
Country	AU
Institution affiliations	Monash University
First Name	Joanne
Last Name	Riebschleger
Institution affiliations	Michigan State University
How does your presentation relate to the conference theme/s?	(i) evidence based practices that can be used to examine whether interventions and/or programs are effective; (ii) focus on levels and types of mental health literacy children need as identified by children themselves, research, and experts, (iii) an understanding of accurate, non-stigmatized information to provide families
Presenter name	Dr Christine Grove
<b>Title of your presentation</b>	<b>Integration of Mental Health Literacy Content for Children of Parents with a Mental Illness in Programs: Thematic Analysis of a Literature Review to inform, evidence based practices and intervention</b>
What is the aim of your presentation?	The aim is to provide core knowledge content to increase mental health literacy of children who have a parent with a mental illness. A second aim is to discuss an emerging children's mental health literacy scale that can be used to examine evidence based practices and interventions.
Why is this important?	It can be challenging to know what specific mental health literacy content should be delivered to children who have a parent with a mental illness. Without adequate knowledge of mental health youth can be at greater risks than same age peers of developing a mental illness themselves

<p>What are the main discussion points you will raise in this presentation?</p>	<p>This presentation will finish with what works for prevention and early intervention for children of a parent with a mental illness and their families in terms of incorporating mental health literacy content in peer support programs, and identifying validated scales that examine efficacy of these interventions.</p>
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First Name	Fitsum
Last Name	Areguy
Country	CA
Institution affiliations	University of Guelph
How does your presentation relate to the conference theme/s?	The presentation focuses on an important area of young carer research, for Canada and internationally, which adds to the current knowledge of young carers with important implications for clinical and social practices.
Presenter name	Fitsum Areguy
<b>Title of your presentation</b>	<b>Communal Orientation, Benefit-finding, and Coping Among Young Carers</b>
What is the aim of your presentation?	To present and discuss the findings of an innovative, original study that explored how communal orientation and coping variables interact and affect young carers in post-secondary contexts.
Why is this important?	Young carers are a hidden and largely unsupported demographic in Canada, and there are no known quantitative studies that investigate the associations between communal orientation and young carer outcomes.
What are the main discussion points you will raise in this presentation?	Our research suggests that associations between communal orientation, coping strategies, and well-being tell a complex story and that instrumental support mediated the relationship between communal orientation and benefit-finding. These findings highlight promising directions for future research, as well as insights into how to better support young carers attending post-secondary.

Name: Jennifer Drummond Johansen, Oslo Metropolitan University

**Title: Young Adults' Experiences of Childhood in refugee families in Norway.**

How does your presentation relate to the conference theme/s?

In addition to managing dual cultural identities, children of traumatized refugees face the potential burden of living in families with parents struggling in the aftermath of trauma, loss and adversity. There is a need for giving voice to the experience of young refugees and raise awareness of the situation of vulnerable refugee families and their challenges.

What is the aim of your presentation?

The aim of the presentation is to give insight into challenges faced by young refugees (18-26) who have grown up in Norway and what aspects they consider important in contributing to or challenging their development and functioning.

Why is this important?

Refugees and their families are increasingly seeking health and social services. They represent major challenges due to frequent traumatization background, ethnic plurality and language problems. There is an increasing need for research-based knowledge in order for health and care personnel to be able to respond to the needs of refugee families.

What are the main discussion points you will raise in this presentation?

Challenges described by the participants in the study and how the local community, school-system, social-, health and welfare institutions and policy makers can help and support the life of young refugees and their families.

## Paralell 48

First Name	Joanne
Last Name	Riebschleger
Country	US
Institution affiliations	Michigan State University
First Name	Christine
Last Name	Grové
Institution affiliations	Monash University
How does your presentation relate to the conference theme/s?	We took a long time to develop a mental health program for youth because we took worked really hard to include data drawn form youth, parents, and a wide array of professionals. The program is especially tailored to amplify the voices of the children for their information needs and impacts.
Presenter name	Joanne Riebschleger
Title of your presentation	<b>Emerging findings from a youth-, parent-, and professional stakeholder-guided youth mental health literacy program and scale</b>
What is the aim of your presentation?	Aims are: 1) To illustrate the need to hear and respond to the voices of many, especially children and parents with mental illness; 2) To emphasize the need for evidence-based mental health literacy programs; and 3) To report early findings from a new youth mental health literacy program & scale.
Why is this important?	We need evidence-based programs to increase the chance of funding programs for families with a person with a mental illness. We will also build better programs if we listen to the people they are intended to service. We need to develop, evaluate, and promote effective mental health literacy programs.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>Children of parents with a mental illness have many elevated developmental risks and some reported resiliencies. They have asked for more mental illness information. This presentation details the process and emerging outcomes of building and testing a new youth mental health literacy program and scale. Stakeholder involvement is detailed.</p>
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First Name: Rachel  
 Last Name: Leonard  
 Country: GB  
 Institution affiliations : Queens University Belfast  
 Biographical information : Postgraduate research student in the School of Nursing and Midwifery.

How does your presentation relate to the conference theme/s?: The presentation is the results of an Exploratory Factor Analysis (EFA) of the Family Focused Mental Health Practice Questionnaire. This work aims to strengthen practice for families impacted by mental illness.

Presenter name: Rachel Leonard

**Title of your presentation: Psychometric evaluation of the family focused mental health practice questionnaire in measuring home visitors' family focused practice.**

What is the aim of your presentation?: To present the findings of an exploratory factor analysis

Why is this important?: Maternal mental illness poses a major public health issue. Supporting maternal mental health and family health is a core aspect of home visiting. Increasingly the benefits of family focused treatments to maternal mental illness are being recognised. However, there are few reliable and valid measures that attempt to assess practice.

What are the main discussion points you will raise in this presentation?: As home visitors play a key role in supporting parents who have mental illness and their families, it is important to assess their practice using a reliable measure. Our psychometric evaluation has created a more valid, reliable and concise measure that can be used to examine home visitors' family focused

First Name	Dr Josy
Last Name	Thomas
Country	AU
First Name	Josy
Last Name	Thomas
Institution affiliations	South West Healthcare Mental Health Services
First Name	Dr Melinda
Last Name	Goodyear
Institution affiliations	School of Rural Health, Monash University, Melbourne, Australia
How does your presentation relate to the conference theme/s?	The presentation will describe the development and testing of a monitoring tool to evaluate a unique capacity-building and early intervention program, which aims to reduce the impact of parental mental illness on family members, especially children. The program supports mental health clinicians to embed family focused approach in their practice.
Presenter name	Josy Thomas
<b>Title of your presentation</b>	<b>Development of a monitoring tool to evaluate the Families where a Parent has a Mental Illness (FaPMI) Program in the Victoria State in Australia</b>
What is the aim of your presentation?	The presentation aims to demonstrate how a tool was developed and tested to evaluate the impact of the FaPMI program. The tool consists of sections that capture identification of parents with mental illness and their children, assessment of their needs, support services offered to them, and partnerships and collaborations initiated.

<p>Why is this important?</p>	<p>The children of parents with mental illness are at increased risk of developing mental health issues later in their life. Hence it is important to understand the needs of these families and improve outcomes. In Victoria, Australia we have developed a tool to evaluate the impact of family focused programs.</p>
<p>What are the main discussion points you will raise in this presentation?</p>	<ul style="list-style-type: none"> <li>• Background of the FaPMI program in the Victorian state of Australia</li> <li>• Development of the evaluation tool</li> <li>• Testing the tool and results of the evaluation•</li> </ul> <p>Learnings</p>

## Paralell 49

First Name	S. Lala
Last Name	Straussner
Country	US
Institution affiliations	New York University
How does your presentation relate to the conference theme/s?	Presentation focuses on impact of substance misusing parents on their children and best interventions to help such families.
Presenter name	S. Lala Straussner
Title of your presentation	<b>CHILDREN OF SUBSTANCE MISUSING PARENTS: THE HIDDEN POPULATION ALL AROUND US</b>
What is the aim of your presentation?	The aim is to discuss the scope of substance misuse among parents and their impacts on children, ranging from embryos to adult children. Differential impact of difference substance (e.g., alcohol vs. heroin), and the impact of substance using mothers vs. fathers will be identified. Implications for interventions will be presented.
Why is this important?	Studies point to millions of children of all ages being impacted by parental alcohol and/or drug misuse in most parts of the world. While appropriate treatment programs can mitigate some of the negative consequences, identifying such children requires greater understanding of the scope and nature of these problems.
What are the main discussion points you will raise in this presentation?	<ul style="list-style-type: none"> <li>-Data regarding scope of problems worldwide</li> <li>-Differential impact of different substances misused by parents</li> <li>-Differential impact by parental sex</li> <li>-Impact on children of different ages – from utero to adults</li> <li>-Evidence-based treatment approaches to whole families and children of different ages</li> </ul>



Name	Bente Weimand
Country	NO
Institution affiliations	Akershus University Hospital & OsloMet - Metropolitan University
Name	Anne Faugli
Institution affiliations	Vestre Viken Hospital Trust
Name	Elin Kufås
Institution affiliations	Vestre Viken Hospital Trust
How does your presentation relate to the conference theme/s?	We will present a study on children and adolescents experiencing parental substance abuse, with a particular focus on the childrens' own voice, peer support, and needs for Collaboration across services from early childhood and up.
Presenter name	Bente Weimand
<b>Title of your presentation</b>	<b>The sound of silence - young people experiencing parental substance abuse</b>
What is the aim of your presentation?	To present experiences of young People living with parental substance abuse, discuss methodological advantages with equal Collaboration in Research between co-researchers with lived experiences, clinicians, and researchers. Finally, to present how peer support programs like on-line chat services might support Young People finding a voice and to further seek support.
Why is this important?	This qualitative study with 750 Young People experiencing parental substance abuse shows that their lives can be described as being in imprisonment; with no possibility of escaping violence and abuse, while feeling abandoned with noone to turn to. They are desperately seeking ways to survive.
What are the main discussion points you will raise in this presentation?	How can we explain or understand that these Young People are being abandoned by society at large? Why and how might peer support program be a first, safe step towards having a voice for these Young People? What are the clinical - and Research implications of this study?

First Name	Mandy
Last Name	Bell
Country	GB
First Name	Aiden
Last Name	Quinn
Institution affiliations	Gloucestershire Young Carers
First Name	Madison
Last Name	Pugh
Institution affiliations	Gloucestershire Young Carers
How does your presentation relate to the conference theme/s?	These two young people, with lived experience of caring for drug or alcohol dependent parents, will share their personal experiences and how they are using those experiences as part of 'The Mosquito Mission' to affect change in adult substance misuse services, student social worker training and the police service.
Presenter name	Aiden Quinn and Madison Pugh
<b>Title of your presentation</b>	<b>The Mosquito Mission: small voices making a big difference for families affected by parental substance misuse</b>
What is the aim of your presentation?	Delegates will have a better understanding of how professional responses impact on young carers who care for a substance dependent parent. They will gain an insight into how to overcome the challenges faced in really hearing the voices of young carers and about the consequential potential for positive outcomes.
Why is this important?	It's hard to be heard when you grow up with a substance dependent parent; keeping the 'family secret' is a powerful silencer. Hearing the stories of young people who are willing and able to share them is crucial in building our understanding of what works in achieving positive outcomes.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>Young people will share their stories focusing on their personal perspectives on the interventions that they have experienced including: relationship-based and child centred intervention; being seen and heard; participation and co-production; tackling isolation; education and aspirations; and health and well-being. They will welcome discussion on any of these issues.</p>
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## Paralell 50

First Name	Ulrika
Last Name	Järkestig Berggren
Country	SE
Institution affiliations	Linnaeus university
First Name	Ann-Sofie
Last Name	Bergman
Institution affiliations	Uppsala University
How does your presentation relate to the conference theme/s?	It relates to support for families and to young carers. The needs for support for children with parents who has physical disabilities is overlooked in assessments of personal assistance.
Presenter name	Ulrika Järkestig Berggren, Ann-Sofie Bergman
<b>Title of your presentation</b>	<b>Children, parents and personal assistance</b>
What is the aim of your presentation?	How does parents with physical disabilities and their children use personal assistance in everyday life and how is the lack of assistance related to the wellbeing of children?
Why is this important?	The wellbeing of children is related to the support given to their parents. Insufficient support contribute to situations in which children takes on caregiving responsibilities for their parents.
What are the main discussion points you will raise in this presentation?	Personal assistance in families with children-how is this to be done? How does parents and children cope with insufficient support?

First Name	Marianne
Last Name	Frech
Country	CH
Institution affiliations	Careum Research, Kalaidos University of Applied Sciences, Department of Health Sciences
First Name	Agnes
Last Name	Leu
Institution affiliations	Careum Research, Kalaidos University of Applied Sciences, Department of Health Sciences
How does your presentation relate to the conference theme/s?	Through presenting our national young carers strategy and showing how an own national research evidence base can help to promote change for young carers and their family
Presenter name	Marianne Frech
<b>Title of your presentation</b>	<b>Counting Young Carers: Raising Awareness in Switzerland</b>
What is the aim of your presentation?	This presentation aims to highlight our strategic research approach with focusing on the unique methodology, findings and its importance for support development for young carers and their families.
Why is this important?	It shows how important it is to have an own national research data base in order to develop appropriate policy response and effective services for supporting young people and their families
What are the main discussion points you will raise in this presentation?	Methodology of the chosen strategic approach Findings of the prevalence study Implication for practice/further research

First Name	Madeleine
Last Name	Buchner
Country	AU
Institution affiliations	Little Dreamers Australia
How does your presentation relate to the conference theme/s?	Little Dreamers is Australia's leading Young Carer support organisation and the programs that are run are seen as best practice around the world. All programs are co-designed by Young Carers and Little Dreamers and backed by internationally validated research.
Presenter name	Madeleine Buchner
<b>Title of your presentation</b>	<b>From Little Dreams to Big Realities</b>
What is the aim of your presentation?	Exploring why programs that are run by Young Carers for Young Carers are effective and why empowering Young Carers to have support as young people, outside of the caring role, is the most impactful thing we can provide.
Why is this important?	Young Carers are known as one of the most at-risk groups of young people and very few countries and organisations are providing the deep and meaningful impact change that we need. Little Dreamers programs have proven success and international recognition and we want to share what we have learnt.
What are the main discussion points you will raise in this presentation?	<ol style="list-style-type: none"> <li>1. What it is like growing up as a Young Carer today</li> <li>2. What are Young Carers saying that they need</li> <li>3. How Little Dreamers operates and develops programs</li> <li>4. Co-design tips and tricks</li> <li>5. Program best practice</li> </ol>

## Paralell 51

First Name	Tytti
Last Name	Solantaus
Country	Finland
Institution affiliations	Finnish Association for Mental Health
How does your presentation relate to the conference theme/s?	I am presenting a new approach in preventing the consequences of family adversity,. This is a community based service program uniting different service sectors with families to support children at home, in kidergarten, school and in leisure environments. I will discuss the difference between prevention with individual and collective impact.
Presenter name	Tytti Solantaus
<b>Title of your presentation</b>	<b>Collective impact approach in prevention: the Let's Talk about Children Model</b>
What is the aim of your presentation?	I will present an approach in prevention, which is based on collective rather than individual impact. My aim is to elicit discussion and hopefully it turns into an interesting dialogical learning process for all of us present.
Why is this important?	We need to take our field and prevention forward, which also needs considering new and different approaches.
What are the main discussion points you will raise in this presentation?	Family adversity and resilience are imbedded in the psychosocial ecology of the family. Prevention needs to activate the whole ecological system. In LT Model, stakeholders commit to the same goal, children's everyday life, and a service structure is built to support it. This leads to collective impact on population-level outcome.

**Names: Lotte Aune, Anne Sitje og Kari Lund**

**Title:**

**“You are not the only one!”**

**Apsyko-educative group-program for children and teenagers, living in families with drug abuse or mental health problems**

**How does your presentation relate to the conference theme?**

It shows how we can support children and teenagers (age 10-16), living in families with drug-abuse or supporting children and their families. Since 2001 we have had 2-4 groups a year, called “You are not the only one”.

**What is the aim of your presentation?**

We will present our experiences with this group-program and show a method to support these children in their families. We wish to share our experiences inspire others to offer similar programs. The children in these groups are vulnerable, but they also have resources and strength when supported.

**Why is this important?**

Being open about mental health- and drug- related problems will contribute to reduce stigma and shame, and help to recruit children to the groups. Through psychoeducation and by sharing experiences, the children are strengthened. They experience a greater sense of coherence and ability in life, despite challenges.

**What are the main discussion points you will raise in this presentation?**

How can helpers balance the respect and understanding for adults struggling as a next of kin, or as the one who is ill, balanced with the children's need for their parents care. How can we deal with dilemmas connected to these issues?

How can we deal with conflicts between parents?



First Name	Nina Lien
Last Name	Osen
Country	NO
Institution affiliations	Østmarka acute psychiatric department, St. Olavs Hospital, Norway
First Name	Marianne Vibeke
Last Name	Trondsen
Institution affiliations	Norwegian Centre for E-health Research and BarnsBeste
How does your presentation relate to the conference theme/s?	There is limited research examining children's experiences of family-based interventions in practice. Drawing on interviews with 12 children with a mentally ill parent, our study explores their experiences of participating in a family talk intervention during their parent's hospitalization. This intervention is an adjusted version of Beardslee's Family Talk Intervention.
Presenter name	Nina Lien Osen and Marianne Vibeke Trondsen
<b>Title of your presentation</b>	<b>Family Talk Intervention in adult mental health care - the experiences of children with mentally ill hospitalized parents</b>
What is the aim of your presentation?	Drawing on interviews with 12 children (aged 12 to 19 years) with a mentally ill parent, we have explored children's experiences of participating in a family talk intervention during their parent's hospitalization. The aim is to present the findings from this research study.
Why is this important?	Knowledge about children's experiences of family-based interventions can improve practice in adult mental healthcare for children with parents treated for mental illness.
What are the main discussion points you will raise in this presentation?	Inviting children to a family talk intervention can be a suitable tool to help and support children of parents with mental illness. We will present children's experiences with this intervention and discuss how considering children's perspectives can provide important knowledge to improve interventions for families with parental mental illness.

## Paralell 52

First Name	Ulrika
Last Name	Håkansson
Country	NO
Institution affiliations	Inland University of Applied Sciences, dep. of psychology
How does your presentation relate to the conference theme/s?	This is a study of families With infants where the parent has a substance use disorder. It focuses on capacities and vulnerabilities important for interventions.
Presenter name	Ulrika Håkansson
<b>Title of your presentation</b>	<b>The importance of early life adaptive experience for adequate parental reflective functioning in mothers with substance use disorder – reflections of epistemic trust in dyadic and therapeutic relationships</b>
What is the aim of your presentation?	The aim is to discuss the importance of early life adaptive experiences for parental reflective functioning in SUD mothers and how that could highlight intergenerational risk and resilience. Furthermore, the aim is to discuss how epistemic trust could be a useful concept for understanding.
Why is this important?	Mothers With Sud and their children are often considered vulnerable and difficult to offer appropriate help. There is a need for better understanding of risk and resilience to develop better adjusted interventions.
What are the main discussion points you will raise in this presentation?	The importance of adaptive early life experience How interventions can focus on aspects of early life adaptive experiences in a way to increase epistemic trust Having a focus on epistemic trust might strengthen the dyadic relationship as well as the therapeutic relationship

First Name	Diana
Last Name	Moesgen
Country	DE
Institution affiliations	German Institute for Addiction and Prevention Research, Catholic University of Applied Sciences North Rhine-Westphalia
First Name	Michael
Last Name	Klein
Institution affiliations	German Institute for Addiction and Prevention Research, Catholic University of Applied Sciences North Rhine-Westphalia
How does your presentation relate to the conference theme/s?	The presentation introduces a parent training for mothers and fathers using methamphetamine with children between 0 and 8 years. It focusses on parenting and family issues in the context of drug use in order to foster a healthy development of their children.
Presenter name	Diana Moesgen
<b>Title of your presentation</b>	<b>SHIFT parent training - an intervention for mothers and fathers using methamphetamine</b>
What is the aim of your presentation?	The aim is to introduce the contents, implementation and results of the SHIFT Parent Training. SHIFT is the first intervention addressing the specific challenges methamphetamine-involved families may experience and is able to improve their family situation.
Why is this important?	The use of methamphetamine frequently evokes dysfunctional parenting behavior that may increase the risk for affective and conduct in children. Considering the high numbers of methamphetamine-using women and men having children, there is a great need for a parenting intervention.
What are the main discussion points you will raise in this presentation?	Questions about contents/implementation/recruitment issues/results of the SHIFT Parent Training? Situation of methamphetamine-involved families in other countries (research / practice / interventions)? What should be considered when implementing SHIFT with parents using other illicit substances?

First Name	Signegun
Last Name	Romedal
Country	Norway
Institution affiliations	BarnsBeste - Nasjonalt kompetansenettverk for barn som pårørende/BarnsBeste - National competence network for children as next of kin
Presenter name	Signegun Romedal
<b>Title of your presentation</b>	<b>Evidence-based practice - children as relatives in hospitals in Norway</b>
What is the aim of your presentation?	An introduction to the approach BarnsBeste – National competence network for children as next of kin employs when developing evidence- based practice guidelines, training materials for health professionals and information for patients for hospitals in Norway.
Why is this important?	Health professionals are required by Norwegian law to safeguard the children's need for information and follow-up. Research has found that systematic approaches are lacking in hospitals, and that we need to increase competence and a systematic approach to ensure that children as relatives become an integrated part of hospital care.
What are the main discussion points you will raise in this presentation?	The core principles that guides BarnsBeste when development of evidence-based practice will be presented. As well as development and implementation of evidence-based practice guidelines, training materials for health professionals and information for patients on a national level. Lastly we will provide an overview of relevant target areas for hospitals.

## Parallell 53

First Name	Joanne
Last Name	Nicholson
Country	US
Institution affiliations	Institute for Behavioral Health, The Heller School, Brandeis University
First Name	Shannon
Last Name	Hennig
Institution affiliations	Maternal Mental Health Research Collaborative
How does your presentation relate to the conference theme/s?	We will be describing strategies for online and in-person knowledge exchange among researchers and mothers with lived experience of mental health conditions and addiction. This work will inform strategies for the co-creation, testing and dissemination of research findings in the future.
Presenter name	Joanne Nicholson and co-investigators (Shannon Hennig, Yaara Zisman-Ilani, and Shayna Mazel)
<b>Title of your presentation</b>	<b>Creating a Community of Mothers with Mental Illness Using Opioids and Researchers in the U.S.</b>
What is the aim of your presentation?	The goal of this PCORI-funded project is to create an active online community of mothers and researchers, and online and in person infrastructure to support collaborative efforts in the development and testing of treatment models, and in the dissemination and uptake of findings regarding mothers using opioids and their families.
Why is this important?	Women using opioids frequently have concurrent mental illnesses and are at risk of adverse maternal and child health outcomes. While national data highlight the negative impact of increased opioid use among mothers, the dearth of family-friendly treatment programs suggests mothers themselves are not engaged in the development of treatment options.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>We will discuss promoting mothers' and researchers' participation in the research4moms.com community using social media strategies; developing online materials for Research 101 (for mothers) and Mothers 101 (for researchers) via interviews and social media engagement; and implementing an in-person, tailored Community Engagement Studio model to bring mothers and researchers together.</p>
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## Paralell 58

First Name	Barbera
Last Name	Olthof
Country	NL
City	Amsterdam
Institution affiliations	cliëntenbelang amsterdam
How does your presentation relate to the conference theme/s?	The aim of this project is to prevent or at least diminish stigmatisation and discrimination of people with experience and /or background in mental health care, homelessness and substance abuse through targeted strategies and concrete (local)activities.
Presenter name	Barbera Olthof
<b>Title of your presentation</b>	<b>stigMAG</b>
What is the aim of your presentation?	During the presentation, an overview will be given of the structure and activities of stigMAG Amsterdam, questions will be answered like: how did we organise the movement, who is involved , what are our successes and what can be improved?
Why is this important?	To inspire and give an example of how several organisations in Amsterdam have organised a bottom-up movement to reduce mental health stigma.
What are the main discussion points you will raise in this presentation?	During the presentation, an overview will be given of the structure and activities of stigMAG Amsterdam, questions will be answered like: how did we organise the movement, who is involved , what are our successes and what can be improved

First Name	Elaine
Last Name	Mordoch
Country	CA
Institution affiliations	University of Manitoba Raady Faculty of Health Sciences
First Name	Albert
Last Name	MC IEOD
Institution affiliations	Two Spirit Ppeople of Manitoba
How does your presentation relate to the conference theme/s?	The issue of the resurgence of the Two Spirit people aligns with the theme of exclusion and connection as the Two spirit people continue to experience disconnection from their families and their communities and experience stigma and discrimination while reclaiming their identities.
Presenter name	Mordoch Elaine and Albert Mc Leod
<b>Title of your presentation</b>	<b>Indigenous Decolonization: the Resurgence of Two Spirit People</b>
What is the aim of your presentation?	To educate the audience on how Indigenous decolonization can strengthen and support Two Spirit people who are parents, grandparents and foster parents. To discuss the resurgence of Indigenous knowledge of Two Spirit people and its potential for reducing societal stigma and improving the mental health of Two Spirit people.
Why is this important?	In Canadian society, Two Spirit people are recognized as vulnerable and experience twofold discrimination; from main stream society due to being Indigenous and non hetrosexual; as well as from the LBGTQ+ community for being Indigenous. Many Indigenous Two Spirit youth leave their home communities due to exclusion and fear of violence.



<p>What are the main discussion points you will raise in this presentation?</p>	<p>Two Spirit reflects traditional Indigenous gender diversity recognizing the fluid nature of gender and sexuality with a spiritual interconnection.</p> <p>While colonization harmed their well-being, the current resurgence movement highlights their gifts and strengths as family and community members.</p> <p>Despite being at increased risk for mental health struggles, Two Spirit people are reclaiming their rightful identities and roles.</p>
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First Name	Keri
Last Name	West
Country	CA
Institution affiliations	University of Toronto
How does your presentation relate to the conference theme/s?	The proposed presentation focuses on a prevalent physical illness that presents profound and unique challenges for many Canadian Indigenous families and communities, whose voices are often marginalized in the literature and in the health care system. This is an opportunity to consider truly decolonized, culturally-relevant, and inclusive dementia.
Presenter name	Keri West
<b>Title of your presentation</b>	<b>Toward Culturally-Responsive Dementia Care for Indigenous Peoples</b>
What is the aim of your presentation?	Indigenous interpretations of dementia have long been subordinated to mainstream biomedical views. The subversion of Indigenous knowledges represents a form of epistemic injustice. This presentation aims to explore the marginalization and resistance of Indigenous peoples with respect to dementia, and to trace a path forward for decolonized dementia care.
Why is this important?	Culture influences health in myriad ways, including how illness is experienced by patients and families, as well as their engagement with health systems. By fostering more culturally-responsive, inclusive health systems that honour and affirm the worth of individuals, families and communities, we may substantially improve health and well-being outcomes.
What are the main discussion points you will raise in this presentation?	<ol style="list-style-type: none"> <li>1) Critically examine the Western biomedical view of dementia</li> <li>2) Consider Indigenous understandings of dementia</li> <li>3) Discuss the incongruity of mainstream and Indigenous perspectives</li> <li>4) Frame the marginalization of Indigenous knowledges in terms of epistemic injustice</li> <li>5) Explore the epistemic resistance, indigenization and decolonization of dementia care</li> </ol>

## Paralell 59

First Name	Martin
Last Name	Lytje
Country	DK
Institution affiliations	Kræftens Bekæmpelse - OmSorg
How does your presentation relate to the conference theme/s?	The presentation discusses how to support and understand the needs of bereaved children and how to implement their views into national policies.
Presenter name	Martin Lytje
<b>Title of your presentation</b>	<b>Using the voices of older children to create a new national school bereavement response</b>
What is the aim of your presentation?	This presentation aims to highlight how the voices of vulnerable children can be used to create change at a national level. Both creating better support and empowering the participating youth.
Why is this important?	National policies are seldom based on the views of those they want to influence. This project highlights the benefit of taking this approach and how such change can be implemented on a voluntarily basis, rather than through governmental interference.
What are the main discussion points you will raise in this presentation?	What forms of support do bereaved children want? How do we implement their wishes in a realistic way that is attractive to schools? How will we use the experiences gained from this project to create change for 0-6 years old children?

First Name	Per
Last Name	Bøge
Country	DK
Institution affiliations	Danish Cancer Society
How does your presentation relate to the conference theme/s?	This presentation is concerned with addressing how NGO's can provide and implement support mechanisms in schools, that ensures all children receive support, no matter their social economic status and location. It thereby ties in with the conferences focus on how to provide community support to grieving children.
Presenter name	Per Bøge
<b>Title of your presentation</b>	<b>Creating grief groups in schools</b>
What is the aim of your presentation?	The presentation details the journey from providing grief groups to children via the Danish Cancer Society and to moving these to schools. Why did they need to be moved? What were the benefits of the new structure? What are the new challenges?
Why is this important?	The presentation highlights the issues encountered in the original services provided by the cancer society and our journey to move grief groups to schools. This in order to ensure that not only children from high-resource families receive support, but that grief groups are available to everyone.
What are the main discussion points you will raise in this presentation?	That current support offered by NGO's, even if free, is often only available to high resource families How moving grief groups to schools addresses many of the current encountered challenges with grief groups, but at the same time introduces new challenges.

First Name	Pandora
Last Name	Patterson
Institution affiliations	CanTeen, Australia; The University of Sydney, Australia
Country	AU
First Name	Kristina
Last Name	Clarke
Institution affiliations	CanTeen, Australia
How does your presentation relate to the conference theme/s?	CanTeen is Australia's national organisation for young people living with cancer, including young people who have experienced the death of a parent or sibling due to cancer. CanTeen is unique in Australia in providing specialist, targeted support to young people experiencing grief due to a cancer diagnosis in the family.
Presenter name	Pandora Patterson
<b>Title of your presentation</b>	<b>Good Grief: A residential program to support young people who have experienced the death of a family member to cancer</b>
What is the aim of your presentation?	This presentation will describe an empirically-informed residential support program, Good Grief, which aims to improve well-being in young people (12-25 years) bereaved due to the death of a family member to cancer. The development, content, evaluation, and outcomes will be presented of this novel community-based support program.
Why is this important?	The death of a parent or sibling can have substantial short- and long-term impacts on young people's wellbeing. Receiving adequate peer and professional support to cope with emotional and social challenges is vital, but there are few evidence-based, community-delivered interventions available. Good Grief contributes to professional best-practice in this area.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>The Good Grief program will be described, along with the development process and main theoretical frameworks - Dual Process Model and Acceptance and Commitment Therapy. The program's implementation and evaluation models will be outlined and results on key program outcomes and participant feedback will be presented.</p>
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## Paralell 60

First Name	Sophie
Last Name	Isobel
Country	AU
Institution affiliations	Sydney Local Health District
First Name	Becca
Last Name	Allchin
Institution affiliations	Monash University
Names	Also: Brenda Gladstone (University of Toronto) and Melinda Goodyear (Monash University)
How does your presentation relate to the conference theme/s?	Presents evidence from 89 systems change agents from 16 countries on pathways to systems change
Presenter name	Sophie Isobel and Becca Allchin
<b>Title of your presentation</b>	<b>Stories of systems change to support families when a parent has a mental illness: a global narrative</b>
What is the aim of your presentation?	A multisystem approach to mental health care is widely recommended to support families when a parent has a mental illness. This study aimed to compile individual stories of systems change provided by systems into a global narrative to demonstrate international progress over time, toward multi-systemic change to support families.
Why is this important?	A multi-systemic approach requires change in the way systems are organized, the way systems interact with families and with each other. Findings raise questions about the extent system change can be standardized across contexts, provide points of reference for countries undertaking system change and provide an overview of global efforts.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>The individual stories of system change experts from 16 countries will describe global progress towards systemic change to support families, including considerable overlap between pathways toward change. Individual stories will also highlight different approaches to change in differing contexts. Intended outcomes for families and the meaning of systems change will be discussed</p>
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First Name	Jillian
Last Name	Tucker
Country	US
Institution affiliations	New York University Silver School of Social Work - Doctorate of Social Work program (DSW)
How does your presentation relate to the conference theme/s?	This presentation draws parallels between object relations and the Positive Resourcing technique used in Eye Movement Desensitization and Reprocessing (EMDR) therapy. Positive Resourcing helps children and adults create an internal supportive village that can be carried with them anywhere to offer support and guidance, improving resilience.
Presenter name	Jillian Tucker
<b>Title of your presentation</b>	<b>Take the Village with You: Using Positive Resourcing to Internalize Support</b>
What is the aim of your presentation?	There is a simple way for both children and adults to carry their supportive village with them, wherever they go: by improving internalized good object relations. This presentation outlines the parallels between object relations theory and EMDR, and demonstrates how to use EMDR Positive Resourcing to internalize one's supportive village.
Why is this important?	W.R.D. Fairbairn compared improved object relations to "mental immunization therapy," and Positive Resourcing can be used as a conduit to internalized good objects. These strengthened connections can help emotionally disarm the ongoing stressors of being in a family with mental health, substance use or physical illness, enhancing resilience and hope.
What are the main discussion points you will raise in this presentation?	The presentation will begin with a theoretical explanation of the link between EMDR and object relations theory and how Positive Resourcing improves connections to internalized good objects. The key components of Positive Resourcing will be demonstrated, illustrating how to internalize a "village" of support, nurturance and protection.

First Name	Tina
Last Name	Schultz
Country	NO
First Name	Helga
Last Name	Melkeraaen
Institution affiliations	LMS, KoRus, St. Olavs hospital
First Name	Tina
Last Name	Schultz
Institution affiliations	LMS, KoRus, St. Olavs hospital
How does your presentation relate to the conference theme/s?	This innovative approach to data collection and system change initiative, incorporates a safe space for «pårørende» to meet the professionals while sharing their personal experiences. In a structured setting the professionals are challenged to meet the «informants» with a new set of eyes, based on principles of equality.
Presenter name	Helga Melkeraaen & Tina Schultz
<b>Title of your presentation</b>	<b>ROM - med barnet i fokus</b>
What is the aim of your presentation?	To share the positive results of this innovative datacollection and meetingarena, and to show how the structure creates a safe space where dialogue is secured. The space created ensures that the “pårørende» and the professional meet as equals, so everyone can learn from each other, and information is collected anonymously.
Why is this important?	In “ROM” sharing gives space to learning, improving and growing for all participants. As the exchange happens in a «neutral space» it brings an opportunity for growth in multiple areas, with ripple effects back to both the professional and the personal life for each participant and their environments.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>There are many reasons why dialogue between the giver and the receiver of services stagnate; Stigma, bias, status, fear, past experiences etc. How can current practices be improved, in order to ensure that services and dialogue lead to encourage the receiver to find mastery in their own lives</p>
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## Paralell 61

First Name	Gisela
Last Name	Priebe
Country	SE
Institution affiliations	Department of Psychology, Lund University, Sweden
First Name	Ulf
Last Name	Axberg
Institution affiliations	Department of Psychology, University of Gothenburg, Sweden
How does your presentation relate to the conference theme/s?	The presentation relates to children with parents with mental illness/Young carers of parents with mental illness and interventions to support these children and their families.
Presenter name	Gisela Priebe
<b>Title of your presentation</b>	<b>Interventions for families with a parent who is in treatment in specialized adult psychiatric care in Sweden</b>
What is the aim of your presentation?	To present baseline results from a longitudinal study of interventions for families with a parent who is in treatment in specialized adult psychiatric care, with a special focus on the children's psychological wellbeing at baseline and regular interventions (treatment as usual).
Why is this important?	Swedish healthcare is by law obliged to inform, advise and support children whose parent have a serious illness such as mental illness. We need to know more about these children's psychological wellbeing and effective interventions.
What are the main discussion points you will raise in this presentation?	Interventions should not only be seen as preventive (= to prevent that children of parents with mental illness develop own mental illness as adults) - the children may have psychological symptoms already during childhood. It is important to study the effects of interventions, including regular interventions (TAU).

First Name	Louisa M. Drost
Last Name	Drost
Country	NL
Institution affiliations	University of Groningen, University Medical Center Groningen, Department of Psychiatry, Groningen, The Netherlands
First Name	Marieke R.
Last Name	Potijk
Institution affiliations	University of Groningen, University Medical Center Groningen, Department of Psychiatry, Groningen, The Netherlands
How does your presentation relate to the conference theme/s?	Depressive and anxiety disorders are highly prevalent and form a burden for individuals and their family members. The reach of preventive interventions is small. In order to address known barriers, we designed a pilot study to implement a psychoeducation program on parenting and mental illnesses into adult mental health care.
Presenter name	Louisa Drost
<b>Title of your presentation</b>	<b>'...and how are the kids?' Integrated family-focused care for adult patients with depressive and/or anxiety disorders: a pilot study</b>
What is the aim of your presentation?	To give the audience insight into the benefits and pitfalls of the implementation process of a family-focused approach that addresses patients' roles as a parent, during routine treatment for depressive and/or anxiety disorders.
Why is this important?	Despite the fact that stakeholders seem to endorse the importance of a more family-focused approach in adult mental health care, implementation of such an approach often fails. It would be interesting to share our experiences with the audience and discuss the outcomes.
What are the main discussion points you will raise in this presentation?	Who has to be involved in such a process? When will the implementation be finished? Which results are required to call the project successful? What to do when success fails to happen?

First Name	Marianne
Last Name	Storm
Country	NO
Institution affiliations	University of Stavanger
First Name	Stephen J.
Last Name	Bartels
Institution affiliations	Dartmouth College USA
How does your presentation relate to the conference theme/s?	People with serious mental illness have excess mortality primary caused by comorbid chronic medical conditions. Community mental health settings are facing challenges in meeting the treatment needs of these clients. This presentation addresses how services are coordinated for people with serious mental illness and chronic co-morbid medical conditions.
Presenter name	Marianne Storm
<b>Title of your presentation</b>	<b>Coordinating services for people with serious mental illness and medical comorbidity</b>
What is the aim of your presentation?	To describe how services are coordinated for people with serious mental illness and chronic co-morbid medical conditions in rural areas. Specifically, the presentation will aim to identify the factors that influence coordination of services at the client-, provider- and system-levels.
Why is this important?	Coordinating services around a person's individual needs, across service providers and sites of care is recognized as an essential feature of high quality health care. Rural communities and community mental health settings are facing challenges in meeting the treatment needs of clients with serious mental illness and co-morbide medical conditions.

<p>What are the main discussion points you will raise in this presentation?</p>	<p>To discuss factors that affect coordination of services for people with serious mental illness and comorbid medical conditions in rural areas To discuss how coordination of services can support community living for these people with serious mental illness and comorbid medical condition in rural areas</p>
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## Paralell 62



First Name	Ingelise
Last Name	Nordenhof
Country	DK
Institution affiliations	Terapi & Supervision - <a href="http://www.nordenhof.com">www.nordenhof.com</a> (Ingelise Nordenhof's private practice)
First Name	Mathilde
Last Name	Zwinge
Institution affiliations	
How does your presentation relate to the conference theme/s?	It relates to the theme Methodologies to elicit the voices of children in supporting t develop their capabilities to cope with a difficult situaition. The presentation will alt between Mathilde telling about her experience when her father was hospitalized a Ingelise telling how she met Mathilde in her need.
Presenter name	Mathilde Zwinge & Ingelise Nordenhof
<b>Title of your presentation</b>	<b>The challenging and important meeting between a young carer and a professiona</b>
What is the aim of your presentation?	The aim is to set focus on and exchange experiences with the participants on how professionals can help children to overcome the anxiety about talk to a pprofessio difficultit situaions whit their partents and initiate resilience processes in the child
Why is this important?	This is important because many children are nervous of being illoyal to their paren they shall talk to professionals about difficult exeriences with their parents. As professionals it is important that we know how challenging it can be and know how to break the ice
What are the main discussion points you will raise in this presentation?	How to make trust and create situations where children as young carer's can find to meet with us

First Name	Inger Lise
Last Name	Bratteteig
Country	NO
Institution affiliations	Haugesund Municipality
How does your presentation relate to the conference theme/s?	Stafettloggen with its guidelines simplifies the professional cooperation between the different services, ensuring transitions between services and give guardians and children responsibility and the right to participate in their own measures. Stafettloggen har also been framework for disclosure and needs for children as relatives
Presenter name	Inger Lise Bratteteig
<b>Title of your presentation</b>	<b>BTI- Better Interdisciplinary Cooperation is a practical inspirational model focused on the child's development and the child's and the parents participation.</b>
What is the aim of your presentation?	Show how: Stafettloggen with its guidelines simplifies the professional cooperation between the different services, ensuring transitions between services and give guardians and children responsibility and the right to participate in their own measures. This model has also been a foundation for a new development of guidelines according children as relatives.
Why is this important?	Each and everyone is responsible to ensure that every child will have an education and development in line with its conditions. All children have a right and all grownups have a duty to act.
What are the main discussion points you will raise in this presentation?	How do we ensure every child's right to be an active part in their own life and measures? How do we ensure that the services have competence to act? How can we build a practical inspirational model for better cooperation between the services with focus on child's and parets participation?

First Name	Mary G
Last Name	Killion
Country	IE
Institution affiliations	Health Service Executive, Ireland
Presenter name	Mary G Killion
<b>Title of your presentation</b>	<b>Joint Working as a key component in interagency collaborative initiatives to address the impact of Parental Mental Illness on Children and Families</b>
What is the aim of your presentation?	To report on the findings in relation to professionals' experience of joint working and their indications of the role trust played in the nature of joint working relationships - and how it facilitated their capacity to manage complex issues with service users.
Why is this important?	Addressing the impact of parental mental illness on families raises anxiety both for parents and professionals - particularly professionals who have limited experience in addressing child welfare issues. Joint working across services facilitates the sharing of professional expertise to address this anxiety more effectively - providing a more quality service.
What are the main discussion points you will raise in this presentation?	the role joint working across services played in facilitating a reduction in staff's anxiety about addressing children's welfare in families where a parent had a diagnosed mental illness and, the valuing of a holistic, systemic and familycentred, approaches - and the role trust played in this process.

## Paralell 63

First Name	Anneli
Last Name	Silvén Hagström
Country	SE
Institution affiliations	Department of Social Work, Stockholm University
How does your presentation relate to the conference theme/s?	I am currently exploring the tentative concept 'stigma-related trauma', which assumes that stigma hinders both the active helpseeking and the access to social and professional support. Two groups are investigated: Children and youths who have lost a parent through suicide or who grew up with alcoholic parents.
Presenter name	Anneli Silvén Hagström
<b>Title of your presentation</b>	<b>Children and youths exposed to 'stigma-related trauma': Narration, agency and support needs</b>
What is the aim of your presentation?	To discuss the relevance of the tentative concept 'stigma-related trauma' (SRT) and its implications for practice. The presentation is grounded in two empirical studies with two different groups of children and youths who are claimed to have been exposed to SRT.
Why is this important?	It highlights both the situation of these groups of children and youths exposed to SRT and the difficulties to identify and reach them with professional support. Such knowledge can support professionals to be more attentive to detect and follow up on suspicions and to adhere to children's own help-seeking efforts.
What are the main discussion points you will raise in this presentation?	1) How is stigma present in the narratives of children and youths exposed to particular traumatic events; such as abuse, violence and suicide, and how is it managed in their social networks? 2) Does the connection between trauma exposure and stigma constitute particular difficulties for professional practice to provide support?

First Name	Adele
Last Name	Parkinson
Country	A/NZ
Institution affiliations	University of Otago, Aotearoa/New Zealand (A/NZ)
How does your presentation relate to the conference theme/s?	This presentation seeks to increase understanding of the combined impact of stigma and poverty for some COPMI families, and how this decreases their resilience. This knowledge is important as we need to understand the forces at play if we are to support and strengthen these families adequately.
Presenter name	Adele Parkinson
<b>Title of your presentation</b>	<b>Stigma, poverty and the resilience of COPMI in Aotearoa/New Zealand (A/NZ)</b>
What is the aim of your presentation?	To explore intersections between stigma theory, poverty research and resiliency theory for COPMI and their families, utilising mainstream resilience theory and socio?ecological resiliency theory.
Why is this important?	For some COPMI and their families such as in this research setting, serious and chronic parental mental illness is associated with both stigma and poverty, sometimes referred to as 'the double blow'. The combined effects can be devastating.
What are the main discussion points you will raise in this presentation?	Stigma and poverty attack resilience across the seven tensions of socio?ecological resiliency theory, and the adaptive systems noted in mainstream resilience research, in this A/NZ context. Stigma and poverty significantly decrease the likelihood of resilient pathways for this group of COPMI and their families.

First Name	Pashupati
Last Name	Mahat
Country	NP
Institution affiliations	Centre for Mental Health and Counseling Nepal (CMC-Nepal)
First Name	Ram Lal
Last Name	Shrestha
Institution affiliations	Centre for Mental Health and Counseling Nepal (CMC-Nepal)
How does your presentation relate to the conference theme/s?	The perception of parent, teacher, children and policy level authorities in child mental health gathered through focus group discussion and key informant interview. The result derived are used to shape, design and delivery of preventive, promotive and curative mental health and psychosocial activities focusing children and adolescent.
Presenter name	Pashupati Mahat
<b>Title of your presentation</b>	<b>Community perception on child and adolescent mental health problems in Nepal</b>
What is the aim of your presentation?	This study aimed to understand perception on mental health problems of children and practices to address at school and community. Study findings guide to develop school and community based culturally appropriate mental health program focusing children and adolescent with intention to provide sustainable model of school mental health program.
Why is this important?	Study findings support to build evidences of mental health problems for intervention to be established by schools and community in low- and middle income countries. It contributes to improve life skills, reduce anxiety, depression, behavioural problems in children; increase access and utilization of mental health services and reduce corporal punishment.
What are the main discussion points you will raise in this presentation?	It will present methods used; highlight: gaps in knowledge, practices and resources to address mental health problems of children at school and community; the importance of meaningful engagement of community, schools and authorities (education and health) to design effective and sustainable school and community based mental health interventions.

First Name	Eli Marie
Last Name	Wiig
Country	NO
Institution affiliations	KoRus- Sør, Borgestadklinikken
How does your presentation relate to the conference theme/s?	I would like to present my research regarding substance dependent mothers with infants and intergenerational transference of substance use disorders. How can society help to prevent the children from inheriting substance use disorders or related problems?
Presenter name	Eli Marie Wiig
<b>Title of your presentation</b>	<b>Mothers against all odds</b>
What is the aim of your presentation?	The aim of this presentation is to provide evidence-based knowledge to practitioners who meet children and families in their work. How can they help families with substance abuse issues to take good care of their children and protect them from adverse experiences and developing mental health and substance abuse problems?
Why is this important?	Preventing children from developing substance use disorders will protect them from difficult experiences, and will prevent suffering for both them and their family members. In addition, the costs of substance use disorders are great for society. Including health care, productivity loss, crime, incarceration and drug enforcement.
What are the main discussion points you will raise in this presentation?	How can professionals meet the needs of children and families with substance use issues? Both inside substance use institutions and in community care.

First Name	Rochelle
Last Name	Hine
Country	AU
Institution affiliations	South West Healthcare and Monash University
How does your presentation relate to the conference theme/s?	This presentation is based on one aspect of my PhD research; 'Mothering with mental illness: A constructivist grounded theory study of gender, identity and connectedness in personal recovery'. The presentation focuses on results from the connectedness component, including recommendations for promoting robust connectedness, as a prerequisite for positive parenting identity.
Presenter name	Rochelle Hine
<b>Title of your presentation</b>	<b>Connectedness in personal recovery for mothers with mental illness</b>
What is the aim of your presentation?	To emphasise the critical influence of robust connectedness on a mother's capacity for recovery from the devastating effects of relational trauma and subsequent psychiatric diagnosis. To explore how services can create safe opportunities for mothers to experience the benefits of connectedness, thereby overcoming previous experiences and promoting recovery.
Why is this important?	Childhood relationships and early experiences of trauma if not redressed, can present powerful barriers to the development of trust and connection, and permeate inter-generational outcomes. Robust connectedness can expedite personal recovery from mental illness and provide resources to build capacity to overcome adversity. This benefits children and parents alike.
What are the main discussion points you will raise in this presentation?	Connectedness is challenging in the context of trauma and social disadvantage. The very risk factors that contribute to the diagnosis also contribute to increased experience of discrimination and result in social distancing behaviour. Women articulate a strong desire to connect to service providers to gain support during the perinatal phase



Tuesday may 14th

## Roundtables

## Roundtable 8

First Name	Melissa
Last Name	Freedman
Country	US
Institution affiliations	University of South Carolina
First Name	Rhonda
Last Name	DiNovo
Institution affiliations	University of South Carolina
First Name	Daniel
Last Name	Freedman
Institution affiliations	University of South Carolina
PhD received within the last five years?	no
How does your roundtable discussion relate to the conference theme/s?	This roundtable will address the resiliency of families and assessment and planning processes that focus on the strengths, abilities, and preferences of families and family members experiencing mental illness. Acknowledging the resiliency of families and approaching needs from a familycentered perspective are fundamental to recovery-oriented supports and services.
Presenter/s name/s	Melissa Freedman, Rhonda DiNovo, Daniel Freedman
<b>Title of the roundtable discussion</b>	<b>Family Resiliency and Engaged Assessment and Planning</b>

<p>What is the aim of the round table discussion?</p>	<p>The aim of the roundtable is to discuss the proactive and routine use of strengths-based assessments and shared collaborative planning with families. This also includes critically investigating the biases of professionals and community supports, and the potential roadblocks to embracing families' capabilities and potentials for managing mental health and wellness.</p>
<p>Why is this important?</p>	<p>Resiliency and recovery are complementary and stem from an intrinsic sense of hope and change. Building strengths-based processes lead to the reduction of isolation and disconnection of families from loved ones, friends, peers, and the larger community. Ameliorating isolation leads to increased health and wellness and greater psychosocial stability.</p>
<p>What are the main discussion points raised in the roundtable?</p>	<p>Discuss the strengths and dignity of families, especially those experiencing mental health. Explore how strengths-based assessment and planning lead to positive impacts on families. Discuss how biases of professionals, peers, and communities can limit the recovery of families, and explore how to change practices to support human rights.</p>

## Roundtable 9

First Name	Lina
Last Name	Gatsou
Country	GB
Institution affiliations	Leicestershire Partnership NHS Trust & DeMontfort University, Leicester
First Name	Tytti
Last Name	Solantaus
Institution affiliations	Finnish Association for Mental Health; National Institute for Health and Welfare
First Name	Brad
Last Name	Morgan
Institution affiliations	Emerging Minds, Australia
How does your roundtable discussion relate to the conference theme/s?	The three presenters have long experience in supporting families with parental problems. They come from different backgrounds in terms of countries, their school systems and approaches in mental health prevention. The aim of the round table discussion is to elicit a discussion which also recognizes the meaning of context, i.e. different family cultures regarding mental health issue, upbringing and children's needs, different school systems, levels of stigma, etc.
Presenter/s name/s	Tytti Solantaus, Lina Gatsou, Brad Morgan
<b>Title of the roundtable discussion</b>	<b>Prevention for children in schools - what to do and why? A discussion on school approaches for children in families with parental problems</b>
What is the aim of the round table discussion?	The three presenters have long experience in supporting families with parental problems. The aim of the round table discussion is to elicit a discussion which also recognizes the meaning of context, i.e. different family cultures regarding mental health issue, upbringing and children's needs, different school systems, levels of stigma, etc.
Why is this important?	We already have a history of prevention for children's problems in families with parental problems - in health and social services - but prevention in schools is a new step. It is important to discuss the basic ethical, cultural and practical issues involved. The audience is warmly invited to participate.

<p>What are the main discussion points raised in the roundtable?</p>	<p>Discussion points include:</p> <ol style="list-style-type: none"><li>(1) What programmes (and why) to implement in schools regarding prevention of child problems?</li><li>(2) How do schools react to this?</li><li>(3) What issues need to be taken into account regarding identification - universal vs focused approach; stigma; practical and ethical issues?</li><li>(4) What lessons have we learned previously regarding implementation of new approaches in organisations?</li><li>(5) How to proceed from here?</li></ol>
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Wednesday May 15<sup>th</sup>

## Roundtables

## Roundtable 36

First Name	Becca
Last Name	Allchin
Country	AU
Institution affiliations	Eastern Health Mental Health Program, Monash University School of Rural Health, TEAR Australia
First Name	Jacque
Last Name	Brown
Institution affiliations	Families Foundation, Child and Family Evidence-based Practice Consortium
First Name	Lina
Last Name	
Institution affiliations	Leicestershire Partnership NHS Trust and DMU
First Name	Rose
Last Name	Cuff
Institution affiliations	The Bouverie Centre Victoria Australia
How does your roundtable discussion relate to the conference theme/s?	Many evidenced based practices are developed in high income countries. It is important to explore ways of working that can be adapted to low resource settings so that individualized models of practice are not inappropriately translated to collectivist cultures in low and middle income countries.
Presenter/s name/s	Becca Allchin
<b>Title of the roundtable discussion</b>	<b>Including Family in Mental Health (MH) work in low and middle income countries (LMIC)</b>
What is the aim of the round table discussion?	Explore ways to influence the growth in mental health work in LMIC that can be inclusive of families

<p>Why is this important?</p>	<p>The global MH movement has grown the focus on MH in LMIC resulting in targets in Sustainable Development Goals. Collective cultures are common in low and middle income countries so it's important to explore how family can be more centrally placed in the way mental health and illness are understood.</p>
<p>What are the main discussion points raised in the roundtable?</p>	<ol style="list-style-type: none"> <li>1. What are the challenges of mental health work in LMIC?</li> <li>2. What are the challenges of including families in mental health work?</li> <li>3. What points of influence are there at different levels?</li> <li>4. How can this work be connected and supported?</li> </ol>
<p>How will the presenter/s engage with participants and encourage them to interact?</p>	<p>present short cameos of examples, invite audience</p>



## Roundtable 37

First Name	Rhonda
Last Name	Dinovo
Country	US
Institution affiliations	University of South Carolina
First Name	Daniel
Last Name	Freedman
Institution affiliations	University of South Carolina
First Name	Melissa
Last Name	Freedman
Institution affiliations	University of South Carolina
How does your roundtable discussion relate to the conference theme/s?	This discussion examines how individuals and families cope with the stigma of substance use and addiction. Participants will explore the impact of guilt and shame on treatment and recovery outcomes, and how language plays a critical role in perpetuating stigma. Participants will examine ways to impact and change stigma for recovery.
Presenter/s name/s	Rhonda DiNovo, Daniel Freedman, Melissa Freedman
<b>Title of the roundtable discussion</b>	<b>Stigma: The Unspoken Force</b>
What is the aim of the round table discussion?	The aims of the roundtable are to discover the impact of stigma on treatment and recovery, and to consider ways for shifting culture from fear and despair of addiction to hope in recovery.
Why is this important?	Stigma can have devastating effects on individuals and families resulting in serious, long-term negative consequences to communities and society. Stigma can even be perpetuated by those in the helping professions. Openly addressing various aspects of stigma and means to reduce it could potentially bring positive attitude changes towards addiction treatment and recovery.

<p>What are the main discussion points raised in the roundtable?</p>	<p>Participants will discuss the role of guilt and shame in treatment and recovery outcomes.</p> <p>Participants will examine how language in communities and among professionals plays a role in perpetuating stigma.</p> <p>Participants will explore ways to shift from a culture of imposing fear and despair to a culture of evoking hope.</p>
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## Roundtable 54

First Name	Floor
Last Name	van Santvoort
Country	NL
Institution affiliations	Pluryn
How does your roundtable discussion relate to the conference theme/s?	Children of parents with intellectual disability (COPID) feel unnoticed by professionals that support their parents (as reclaimed by Dutch workgroup of adult COPID). This round table is about how to make a connection between COPMI and COPID.
Presenter/s name/s	Floor van Santvoort
<b>Title of the roundtable discussion</b>	<b>Children of parents with intellectual disability versus COPMI: looking for connectedness</b>
What is the aim of the round table discussion?	There seems to be overlap between COPMI and children of parents with intellectual disability (COPID). Many parents with intellectual disability also face mental or substance use problems. Moreover, COPID and COPMI share experiences of shame, loneliness, and high responsibility. Wouldn't it be efficient to connect future initiatives towards these groups?
Why is this important?	COPID receive less attention within research, policy and practice than COPMI. Connectedness with COPMI initiatives would help to efficiently develop support for these children as well. For COPMI, connectedness with COPID would improve knowledge about how to reach and support families of parents with mental illnesses and co-morbid intellectual disability.
What are the main discussion points raised in the roundtable?	<ul style="list-style-type: none"> <li>- How much overlap is there between COPID and COPMI?- What are the essential differences between these two groups?</li> <li>- How could we cooperate within future initiatives (e.g. research, policy, preventive interventions, recruitment)</li> </ul>

## Roundtable 55

First Name:	Dympna
Last Name:	Cunnane
Country:	GB
Institution affiliations :	Our Time (formerly Kidstime Foundation) FRSA (Fellow of Royal Society of Arts)
How does your roundtable discussion relate to the conference theme/s	Our work with children of parents with a mental discussion relate to the illness helps the children who live in these families to overcome the shame and develop skills and resilience in the face of very difficult home situations where they are often caring for their parents. We give them a voice
Presenter/s name/s:	Dympna Cunnane
<b>Title of the roundtable discussion</b>	<b>Children of parents with a mental illness - why do we not do more to recognise and support them?</b>
What is the aim of the round table discussion?	We would like to share experience and knowledge about this group and find ways to
Why is it important?	have a stronger and more coherent invoice to influence the policy makers in health and education. We want to learn from each other across international boundaries. WHO has stated that mental illness is one of the most significant public health issues of our time. Children of parents with a mental illness have a 70% risk of suffering from some level of mental health issues by age 20 unless they have an intervention. (Rubovits)
What are the main discussion points raised at the roundtable? :	How much of a risk does this issue represent to in children's wellbeing and life chances? What is being done in different countries? What research is available? What methods work best? What evidence do we currently have? What interventions are most effective in developing resilience?

## Roundtable 64

First Name	Joanne
Last Name	Nicholson
Country	US
First Name	Rose
Last Name	Cuff
Institution affiliations	The Bouverie Centre, Victoria, Australia
First Name	Angela
Last Name	Obradovic
Institution affiliations	Emerging Minds Australia
First Name	Melinda
Last Name	Goodyear
Institution affiliations	Monash University & the Parenting Research Centre
First Name	Joanne
Last Name	Nicholson
Institution affiliations	Institute for Behavioral Health, Brandeis University
How does your roundtable discussion relate to the conference theme/s?	We plan to facilitate discussion the process of planning, implementing and testing family-focused interventions for children, parents and families living with mental illness and substance abuse issues.
Presenter/s name/s	Rose Cuff, Angela Obradovic, Mel Goodyear, Joanne Nicholson, Tytti Solantaus, Becca Allchin
Title of the roundtable discussion	<b>The Impact of a Family-Focused Approach: The Work We Do and the Way We Do It</b>

<p>What is the aim of the round table discussion?</p>	<p>As experienced purveyors of parent-child, family-focused practice (FFP), we will discuss implementation challenges for systems, organizations and practitioners; how we met these challenges in different contexts; and “lessons learned”, professionally and personally. We will encourage discussion of ways in which this paradigm shift impacts the system, organization, practitioner and family.</p>
<p>Why is this important?</p>	<p>Family-focused practice, considering people as family members and recovery as a relational process, is all too often seen as a confronting concept and requires a paradigm shift in traditional individually focused practice, with concomitant shifts in values and priorities, systems and organizational capacity, and practitioner support.</p>
<p>What are the main discussion points raised in the roundtable?</p>	<p>Potential discussion points include: (1) Why implement FFP? (2) Why is it so challenging? (3) What lessons have we learned? (4) How do we support each other in this work? (5) What has the impact been on us (e.g., how does this work continue to shape us and our practice)?</p>

### Roundtable 65

First Name	Daniel
Last Name	Freedman
Country	US
Institution affiliations	University of South Carolina
First Name	Melissa
Last Name	Freedman
Institution affiliations	University of South Carolina
First Name	Rhonda
Last Name	DiNovo
Institution affiliations	University of South Carolina
How does your roundtable discussion relate to the conference theme/s?	This discussion will highlight family-centered strategies for enriching the recovery process for families and individual members who may experience issues with mental health, substance use, and/or co-occurring disorders. The recovery journey and connectedness of the family is the core of this roundtable.
Presenter/s name/s	Daniel Freedman, Melissa Freedman, Rhonda DiNovo
<b>Title of the roundtable discussion</b>	<b>Facilitating Recovery for Families Impacted by Mental Health and Substance Use</b>
What is the aim of the round table discussion?	There are two aims for the roundtable. The first is to discuss family-centered strategies that helping professionals can implement to assist in the family's recovery process. The second is to explore and identify necessary community structures that can aid in the support of the family's recovery.

<p>Why is this important?</p>	<p>Mental health and substance use matters can negatively impact families and communities in primary life areas such as healthcare, economics, relationships and access. The promotion and sustainability of recovery reduces negative impacts and increases the health of families and the communities they inhabit.</p>
<p>What are the main discussion points raised in the roundtable?</p>	<p>Discuss the impact of mental health on families is substantial and can be experienced in multiple life areas.  Review strategies for reducing the impact that can be facilitated by helping professionals.  Review the need for community supports and structures that aid the recovery journey for families.</p>



Tuesday 14th

Symposia

## Symposium 10

First Name	Amélie
Last Name	Couvrette
Country	CA
Institution affiliations	Université du Québec en Outaouais
First Name	Nadine
Last Name	Lanctôt
Institution affiliations	Université de Sherbrooke
First Name	Geneviève
Last Name	Paquette
Institution affiliations	Université de Sherbrooke
First Name	Madeleine
Last Name	Prévost-Lemire
Institution affiliations	Université de Sherbrooke
How does your symposium relate to conference themes?	By deepening our understanding of these women's conception of motherhood, we work to assess their needs, to provide sensible and meaningful interventions, and to foster a sense of resiliency. This is in line with the conference theme to strengthen and support families where one of its member faces diverse issues.
<b>Title of the symposium</b>	<b>Voices of vulnerable young mothers on their motherhood experience, on themselves as a young women and on their traumatic past.</b>
What is the aim of the symposium?	This symposium is aim to explore the experience of vulnerable young mothers.
Why is this important?	As motherhood is often perceived as a positive and fulfilling experience, this symposium tries to deepen our understanding of these women's conception of being a mother as a mean to assess their needs, to provide sensible and meaningful interventions, and to foster a sense of resiliency.

Speakers	<p>Vulnerable young women's experience of motherhood *Amélie Couvrette, &amp; Nadine Lanctôt</p> <p>Young women's self-concepts as they transition into adulthood and their mothering roles *Nadine Lanctôt &amp; Amélie Couvrette</p> <p>Challenges and resources that young mothers from child protection centers face when dealing with the consequences of traumatic events that occurred during their childhood *Geneviève Paquette, Nadine Lanctôt, Amélie Couvrette. &amp; Madeleine Prévost-Lemire</p>
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## Symposium 19

First Name	Rose
Last Name	Cuff
Country	AU
Institution affiliations	The Bouverie Centre
First Name	Violeta
Last Name	Peterson
Institution affiliations	Alfred Health
First Name	Josy
Last Name	Thomas
Institution affiliations	
First Name	Becca
Last Name	Allchin
Institution affiliations	Eastern Health, Monash University School of Rural Health, TEAR Australia
How does your symposium relate to conference themes?	The symposium will describe the implementation of a unique capacity-building program spanning just over a decade, which aims to reduce the impact of parental mental illness on all family members, especially dependent children. The program supports clinicians in mental health services as change agents, who work to embed practice change across sectors, foster authorising environments and include a lived experience perspective.
Title of the symposium	<b>'From Little Things Big Things Grow': The FaPMI (Families where a parent has a mental illness) program, Victoria, Australia</b>

<p>What is the aim of the symposium?</p>	<p>The symposium aims to describe the challenges and successes of implementing a capacity-building program endeavouring to improve practice, within a service system that is constantly changing and with competing priorities. Five domains of work and practice examples will be illustrated to offer a deeper understanding of this type of initiative.</p>
<p>Why is this important?</p>	<p>Adult focused services are generally not well equipped to respond to parents experiencing mental health and other complex challenges; their parenting needs and their children very often fall between the cracks. Much can be learned from sharing learning about approaches that work in addressing this gap in service provision.</p>
<p>Speakers</p>	<ul style="list-style-type: none"> <li>* The story behind the FaPMI program (Rose Cuff):</li> <li>* Workforce Development (Josy Thomas)</li> <li>* Systems and procedures development (Becca Allchin)</li> <li>* Supporting Interagency Collaboration (Rose Cuff)</li> <li>* Supporting service delivery (Violeta Peterson)</li> <li>* Knowledge development (Becca Allchin and Josy Thomas).</li> </ul>

## Symposium 20

First Name	Melinda
Last Name	Goodyear
Country	AU
Institution affiliations	Monash University & the Parenting Research Centre
First Name	Jean
Last Name	Paul
Institution affiliations	Ludwig Boltzmann Gesellschaft and Medical University of Innsbruck
First Name	Ingrid
Last Name	Zechmeister-Koss
Institution affiliations	Ludwig Boltzmann Institute for Health Technology Assessment, Vienna, Austria
First Name	Annette
Last Name	Bauer
Institution affiliations	Personal Social Services Research Unit (PSSRU), London School of Economics and Political Science
First Name	Raphaela
Last Name	Kaisler
Institution affiliations	Open Innovation in Science Center, Ludwig Boltzmann Gesellschaft
How does your symposium relate to conference themes?	This symposium will describe a 4-year research project investigating a 'village' approach for children of parents with a mental illness. The project explores new innovative ways of conducting research in Austria that utilises open innovation in science, stakeholder codesign and realist evaluation methodologies that aim to capture a child's voice.
<b>Title of the symposium</b>	<b>Creating the Village to support Children of Parents with a mental illness in Austria</b>
What is the aim of the symposium?	The aim of the symposium is to describe the development of a village approach to support children of parents with mental illness in Austria. The symposium will showcase the establishment and design of the project using open innovation methods, and methodologies to capture the child's and their family's voice.
Why is this important?	Helping children of parents with mental illness find a voice in the care and support they receive is an important step in addressing the intergenerational impacts of mental illness. Establishing the village approach in drawing of both formal and informal support systems is needed to address these family impacts.
Speakers	Overview (Chair: Melinda Goodyear) Paper 1 – Establishment of the open innovation method (Dr Raphaela Kaisler)

## Symposium 21

First Name	Elizabeth
Last Name	Hanson
Country	SE
Institution affiliations	Linnaeus University, Swedish Family Care Competence Centre, Eurocarers
First Name	Francesca
Last Name	Centola
Institution affiliations	Eurocarers, Brussels
First Name	Agnes
Last Name	Leu
Institution affiliations	Kalaidos University of Applied Sciences, School of Health Sciences, Zurich
First Name	Henk-Herman
Last Name	Nap
Institution affiliations	Vilans, national Centre of Expertise for Long-term Care in the Netherlands
First Name	Feylyn
Last Name	Lewis
Institution affiliations	University of Sussex, UK, Vanderbilt University USA
How does your symposium relate to conference themes?	Our symposium focuses on the findings from a major ongoing EU funded Horizon 2020 project that aims to promote the mental health and wellbeing of adolescent young carers in Europe.

<b>Title of the symposium</b>	<b>Promoting mental health among adolescent young carers in Europe- the EU-funded ME-WE project</b>
What is the aim of the symposium?	The symposium aims to raise awareness on the challenges faced by young carers and promising good practices. The presenters will share the main findings from a European project, aimed to mitigate the risk factor of being a young carer by empowering the young with improved resilience and enhanced social support.
Why is this important?	The lack of awareness among policy makers and service providers on the challenges faced by young carers entails a lack of support, with a negative impact at individual level (young carers can't fully enjoy their human rights) and at societal level (early school leaving, bad mental health are a cost).
Speakers	<ol style="list-style-type: none"> <li>1. Introducing the symposium, the concept of adolescent young carers and the ME-WE project - Elizabeth Hanson</li> <li>2. Core findings from the online survey from six European countries comprising the ME-WE project – Feylyn Lewis</li> <li>3. Key legislative and policy findings using a case study methodology – Agnes Leu</li> </ol>



## Symposium 22

First Name	Willemien
Last Name	Willems
Country	NL
Institution affiliations	Parnassia Groep
First Name	Karin
Last Name	Van Doesum
Institution affiliations	Radboud University Nijmegen/ Impluz preventie Deventer
First Name	Yara
Last Name	Van der Ven
Institution affiliations	Arkin
First Name	Leontien
Last Name	Los
Institution affiliations	Brijder part of Parnassia Groep
How does your symposium relate to conference themes?	The Childcheck, gives professionals the opportunity to talk with their adult and young patients about the impact of their mental health problems on all the members of their family. Therefore it stimulates familytreatment.
<b>Title of the symposium</b>	<b>Implementing the "Childcheck" in mental health care and how to improve family-focused practice in the Netherlands.</b>

<p>What is the aim of the symposiu?</p>	<p>In 2013 the Dutch government registered a new law on child abuse:  the Dutch legislation on the Mandatory Reporting Code for Domestic Violence and Child Abuse (Ministry of Health, Welfare and Sport, 2013). The new law obliges organizations and independent professionals to adhere to a reporting code targeting domestic violence and child abuse. As well as the standard protocol, professionals and organizations that work with adult clients are encouraged to use the “Child check”. This short procedure should be performed during contact with adult clients and involves checking whether they have children and whether these children may be at risk.  Although, the law was initiated to improve the case finding of child abuse, and to detect child abuse earlier, its impact is broader. This Childcheck gives professionals the opportunity to talk with their adult and young patients about the impact of their mental health problems on all the members of their family. So it also opened the discussion on family treatment in adult and youth care.  In this symposium, we will discus 4 programs developed in mental health care services in the Netherlands. The focus is on children at the age of -9 months until 23 years.</p>
<p>Speakers</p>	<p>The impact of the implementation of the Childcheck in Parnassia Groep.  Willemien Willems</p> <p>Implementing Child Talks in the adult mental health care.  Karin van Doesum</p> <p>Psycho animation films for children who grow up with a mentally ill or addicted parent.  Yara van der Ven</p>

Wednesday May 15

Symposium

## Symposium 37,5

First Name	Mathilde
Last Name	Turcotte
Country	CA
First Name	Sophie
Last Name	Hébert
Institution affiliations	Institut universitaire Jeunes en Difficulté
First Name	Mathilde
Last Name	Turcotte
Institution affiliations	Université Laval
First Name	Nadine
Last Name	Lanctôt
Institution affiliations	Université de Sherbrooke
How does your symposium relate to conference themes?	The symposium focuses on the experiences of youth placed in residential care, either because they were exposed to maltreatment or because the youth themselves present with problem behaviors. The aim is to explore how we can learn from their experiences to foster resilient outcomes for this highly vulnerable population.
<b>Title of the symposium</b>	<b>Youth's perspective on their experiences of placement in residential care: what can be done to overcome adolescents' resistance to intervention in the day-to-day?</b>
What is the aim of the symposium?	The aim of the symposium to highlight how the structures of placement in residential care – its everyday realities in terms of physical spaces, interventions and relations – create a reflex of resistance on adolescents' part. This opposition is counterproductive because it tends to produce an escalation of disruptive behavior.

<p>Why is this important?</p>	<p>Youth interviewed in all three papers offered similar suggestions as to how practitioners can learn from their experiences and make small adjustments to ensure that residential placement remains just a stop on the way and not the beginning of an escalation of opposition and restrictive social reactions.</p>
<p>Speakers</p>	<p>Paper 1: Being admitted into residential care: Young women recall lasting first impressions (Speaker: Sophie Hébert)</p> <p>Paper 2: Vulnerable youth on what it means and how it feels to be labeled “at-risk” (Speaker: Mathilde Turcotte)</p>

## Symposium 38

First Name	May
Last Name	Hauken
Country	NO
Institution affiliations	Center for Crisis Psychology, Faculty of Psychology, University of Bergen
First Name	Marianne
Last Name	Straume
Institution affiliations	Clinic for Crisis Psychology AS/Center for Crisis Psychology (CCP) University of Bergen
First Name	Mette
Last Name	Senneseth
Institution affiliations	Centre for Research and Education in Forensic Psychiatry, Haukeland University Hospital/ Western Norway University of Applied Sciences,
How does your symposium relate to conference themes?	This symposium focuses on the situation of families living with parental cancer and the results and experiences from the Cancer PEPSONE study - a RCT study to optimize social network support for families living with parental cancer. Thus, the symposium relates very well to several conference themes.
<b>Title of the symposium</b>	<b>Optimizing social network support for families living with parental cancer: Results and experiences from a RCT study</b>
What is the aim of the symposium?	The aim of this symposium is to provide the participants with: - Knowledge of the challenges families living with parental cancer face - Knowledge, results and lesson learnt from a novel intervention to optimize social network support - Discussion of how to implement the intervention into clinical practice

<p>Why is this important?</p>	<p>The symposium theme is important because:</p> <ul style="list-style-type: none"> <li>- It addresses the families' ongoing challenges coping with everyday life</li> <li>- It focuses on how a simple intervention may strengthen the families' social network and thus improve both the parents and children's health</li> <li>- It target the families spesific needs</li> </ul>
<p>Speakers</p>	<p>Title 1: Families living with parental cancer: challenges and unmet needs. Speaker: May Aa. Hauken</p> <p>Title 2: Experiences from conducting the program and lesson learnt Speaker: Marianne Straume</p> <p>Title presentation 3: The effects on the Cancer PEPSONE program Speaker: Mette Senneseth</p>

## Symposium 39

First Name	Andrea
Last Name	Reupert
Country	AU
First Name	Darryl
Last Name	Maybery
Institution affiliations	Monash University
First Name	Jodie
Last Name	Matar
Institution affiliations	Monash University
First Name	Laura
Last Name	Pettenuzzo
Institution affiliations	Monash University
First Name	Andrea
Last Name	Reupert
Institution affiliations	Monash University
How does your symposium relate to conference themes?	The symposium describes the development and results of an online intervention for young adults whose parents have a substance use or mental health problem. One of the presenters is a young person who was a previous participant. Clinicians' views regarding implementation are also covered.
<b>Title of the symposium</b>	<b>mi.spot: an online intervention for young people whose parents have a mental illness and/or substance use problem</b>



<p>What is the aim of the symposium?</p>	<p>The symposium aims to raise awareness and knowledge about</p> <ul style="list-style-type: none"> <li>i. the needs of young adults (18-25 years) whose parents have a mental illness/substance use problem</li> <li>ii. an online intervention, mi.spot, as one approach for supporting these young adults</li> <li>iii. implementation guidelines for internet interventions including recruitment strategies</li> </ul>
<p>Why is this important?</p>	<p>The transition from adolescence to adulthood is a critical time to intervene and attempt to reduce the onset of mental health problems. However, there is a paucity of appropriate interventions for this group. While the Internet holds much promise, little is known about implementation procedures.</p>
<p>Speakers</p>	<p>Professor Darryl Maybery: Implementation guidelines and service providers perspectives of online peer support programs for young people whose parents have a mental illness and/or substance use problem  Jodie Matar: Theoretical and empirical basis for an online intervention, called mi.spot and recruitment strategies employed A/Professor Andrea Reupert: Quantitative and qualitative results of mi.spot including analytics  Laura Pettenuzzo: Lived experience of being a participant and a facilitator of mi.spot.</p>

## Symposium 40

First Name	Charlotte
Last Name	Reedtz
Country	NO
Institution affiliations	RKBU Nord, the Arctic University of Norway
First Name	Camilla
Last Name	Lauritzen
Institution affiliations	RKBU Nord, the Arctic University of Norway
First Name	Karin
Last Name	von Doesum
Institution affiliations	Radboud University Nijmegen, the Netherlands
First Name	Kjertsi
Last Name	Benum Kristensen
Institution affiliations	RKBU Nord, the Arctic University of Norway
How does your symposium relate to conference themes?	Changes of practice in mental health care services for adults are needed to prevent transgenerational transfer of psychopathology from parents to their children. The conference theme is "it takes a village" and research based implementaton approaches are crucial to move the field forward.
<b>Title of the symposium</b>	<b>Changing clinical and social work practice by the use of the Child Talks intervention</b>
What is the aim of the symposium?	Changes of practice in mental health care services for adults are needed to prevent transgenerational transfer of psychopathology from parents to their children. This symposium aims to contribute to relevant changes in clinical and social work practice by presenting results from four implementation projects in Norway and Portugal.

<p>Why is this important?</p>	<p>The experiences from implementing relevant interventions in the field will provide participants with updated knowledge to inform further implementation and dissemination of COPMI interventions. The discussion will facilitate success criteria in ongoing and future implementation processes.</p>
<p>Speakers</p>	<ol style="list-style-type: none"> <li>1. Identification and assessment of children of mentally ill parents: The first step in preventing transference of psychopathology across generations. Charlotte Reedtz, Camilla Lauritzen, Kamilla Rognmo, Janita Freili Larsen &amp; Ylva Victoria Støver</li>   <li>2. Identification of and support for children of mentally ill parents: A five year follow-up study of adult mental health services. Camilla Lauritzen, Charlotte Reedtz, Kamilla Rognmo, Miriam Nilsen &amp; Anja Walstad</li>   <li>3. The impact of the Semente program on family focused practice of adult mental health professionals in Portugal. Karin van Doesum, Teresa Maia, Catarina Pereira, Joana Marau</li> </ol>

## Symposium 41

First Name	Mary
Last Name	Donaghy
Country	GB
First Name	Joan
Last Name	Broder
First Name	Anne
Last Name	Grant
Institution affiliations	Queens University Belfast
First Name	Corey
Last Name	McCann
Institution affiliations	Mental Health Social Worker (NHSCT)
First Name	Kerry
Last Name	McVeigh
Institution affiliations	BHSCT (BASW member)
First Name	Emma
Last Name	O'Neill
Institution affiliations	Service Coordinator in Northern Ireland
How does your symposium relate to conference themes?	<ul style="list-style-type: none"> <li>o Methodologies to engage and elicit the voices of children, youth, parents and family members</li> <li>o Methodologies to strengthen and support the resources and capabilities of consumers and their families</li> </ul>
<b>Title of the symposium</b>	<b>Think Family Northern Ireland</b>

<p>What is the aim of the symposium?</p>	<p>The aim of the symposia is to:</p> <ul style="list-style-type: none"> <li>• Highlight the range of initiatives that have developed within Northern Ireland across adult mental health and Childrens services.</li> <li>• Learn from the developments in terms of innovative practice and strategic approach to organisational change.</li> <li>• Understand the importance of evaluation and research</li> </ul>
<p>Why is this important?</p>	<p>This work first started in 2009 as a result of a local inquiry into the failings of adult mental health and Childrens service to provide appropriate care to a particular family that was involved in both services. this resulted in the parent taking the childs life and her own. A number of recommendations from the Inquiry resulted in the HSCB providing dedicated staff to progress the gaps in the interface between adult mental health and Childrens services across the region. This work was initially a 3year national Pilot site along with 5 others in the UK. Upon conclusion of the national pilot site, HSCB adopted this work as core business for the Social Care directorate that has responsibility for mental health and childrens service across the 5 health and social care trusts in NI</p>
<p>Speakers</p>	<ol style="list-style-type: none"> <li>1. Implementing Think Family across Northern Ireland using The Family Model – Mary Donaghy</li> <li>2Think family support worker- Emma o Neill,</li> <li>3.Social work Pilot in Adult mental health services – Corey Mc Cann</li> </ol>

## Symposium 42

First Name	Hanna
Last Name	Christiansen
Country	DE
Institution affiliations	Philipps University Marburg, Faculty of Psychology, Clinical Child and Adolescent Psychology
First Name	Markus
Last Name	Stracke
Institution affiliations	Philipps University Marburg, Faculty of Psychology, Clinical Child and Adolescent Psychology
First Name	Julia
Last Name	Fahrer
Institution affiliations	Philipps University Marburg, Faculty of Psychology, Clinical Child and Adolescent Psychology
First Name	Lisa-Marie
Last Name	Dobener
Institution affiliations	of clinical psychology working on children of parents with a mental illness
How does your symposium relate to conference themes?	We will present first results obtained in our randomized controlled trial on "Children of mentally ill parents at risk evaluation" (COMPARE). They will focus on the knowledge children of parents with a mental illness have, as well as on stigma.
<b>Title of the symposium</b>	<b>Children of mentally ill parents at risk evaluation - COMPARE</b>
What is the aim of the symposium?	The aim is to present first results of our COMPARE study. We will focus on the knowledge children of parents with a mental illness have about their parents illness as well as on stigma and the influence of expressed emotion (EE).

<p>Why is this important?</p>	<p>Children's knowledge about their parents mental illness is a potential protective factor while stigma and high expressed emotion are risk factors. To gain knowledge in this area will improve our understanding of risk and protective factors and can contribute to the improvement of preventive interventions.</p>
<p>Speakers</p>	<p>Markus Stracke: What knowledge do children of parents with a mental illness have about their parent's mental disorders?          Julia Fahrer: Are expressed emotions increased in families where a parent has a mental illness?          Lisa-Marie Dobener: Barriers to help seeking in families where a parent has a mental illness - the role of stigma</p>

## Symposium 43

First Name	Melinda
Last Name	Goodyear
Country	AU
First Name	Tytti
Last Name	Solantaus
Institution affiliations	Finnish Association for Mental Health & National Institute for Health and Welfare
First Name	Melinda
Last Name	Goodyear
Institution affiliations	Monash University & the Parenting Research Centre
First Name	Joanne
Last Name	Nicholson
Institution affiliations	Institute for Behavioral Health Schneider Institutes for Health Policy, Brandeis University
First Name	Rie
Last Name	Ueno
Institution affiliations	Tokyo Medical University, Department of psychiatric and Mental Health Nursing, School of Nursing, Faculty of Medicine,
First Name	Becca
Last Name	Allchin
Institution affiliations	Monash University & Eastern Health Mental Health Program
How does your symposium relate to conference themes?	This symposium brings together four continents of the international village to describe the implementation of family focused practice in adult mental health services alongside other service sectors to support parents with mental illness and their children.
<b>Title of the symposium</b>	<b>Adapting and implementing family focused practice for parents with mental illness and their children: international perspectives</b>
What is the aim of the symposium?	To bring together the knowledge from a number of studies showcasing the implementation of family focussed practice in Europe, USA, Japan and Australia to develop a shared understanding of implementation and sustainability. The symposium will explore the contextual adaptation of practice approaches, both across service sectors and across countries.
Why is this important?	Family focussed practice in adult psychiatry is a major implementation challenge faced in many countries. These four implementation perspectives showcase very different contextually and culturally driven processes to integrate family focused practice in adult psychiatry and other services. They highlight the importance of cultural and system drivers for practice change.



Speakers	This symposium – Overview (Chair: Melinda Goodyear) Paper 1 – The evolving process of Let’s Talk About Children across Finland (Tytti Solantaus) Paper 2 – Adapting Let’s Talk to focus on parent recovery in an Australian context (Melinda Goodyear) Paper 3 – Building a practice profile for family focused practice in the US (Joanne Nicholson)
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## Symposium 44

First Name	Miriam
Last Name	Schiff
Country	IL
Institution affiliations	Hebrew University, Paul Baerwald School of Social Work and Social Welfare
First Name	Shabtay
Last Name	Levit
Institution affiliations	Hebrew University, Paul Baerwald School of Social Work and Social Welfare
First Name	Lin
Last Name	Fang
Institution affiliations	Factor-Inwentash Faculty of Social Work (FIFSW), University of Toronto.
How does your symposium relate to conference themes?	Our symposium emphasizes on giving voice to substance users and at-risk youth, as the assessors of the service they receive (Levit presentation), telling and retelling their traumatic experiences and find healing through an evidence-based intervention (Schiff presentation), and working with the youth to avoid getting into the cycle of addiction.
<b>Title of the symposium</b>	<b>Giving voice to substance use clients and at-risk youth through Evidence-Based Practices.</b>
What is the aim of the symposium?	Presenting three ways of "giving voice" to substance users and atrisk youth: (a) Monitoring clients' satisfaction from the methadone maintenance program on a yearly basis (b) Conducting the Prolonged Exposure (PE) therapy for female methadone clients. (c) Engaging youth with various evidence-based, substance use prevention strategies delivered through technologies
Why is this important?	We believe we need to provide substance users and at-risk youth the best practices that exist in order to improve their and their families' well-being. They deserve the most efficient treatment and services.
Speakers	Clients' Satisfaction with Methadone Maintenance Clinics: Implications for Evidence Informed Practice Presenter: Miriam Schiff Prolonged Exposure for Treating PTSD Among Female Methadone Patients Who Were Survivors of Sexual Abuse in Israel Shabtay Levit

## Symposium 45

First Name	Karen
Last Name	Milligan
Country	CA
Institution affiliations	Ryerson University
First Name	Karen
Last Name	Urbanoski
Institution affiliations	Canadian Institute for Substance Use Research and University of Victoria
First Name	Tamara
Last Name	Meixner
Institution affiliations	Ryerson University
How does your symposium relate to conference themes?	Our work is premised on the idea that it "takes a village". We will be presenting research, including administrative data and qualitative data that includes the voices of mothers and services providers, on integrated-intersectoral care models for mothers with problematic substance use who are caring for children aged 0-6.
<b>Title of the symposium</b>	<b>Holistically supporting the needs of mothers with problematic substance use and their young children: An evaluation of Integrated treatment programs in Ontario, Canada</b>
What is the aim of the symposium?	Mothers with problematic substance use often present with complex psychosocial and health needs. We will present results from a comprehensive mixed-method evaluation of integrated programs in Canada that operate at the intersection of substance use, child welfare, and social services to holistically meet the needs of mothers and children.
Why is this important?	Substance use is increasing for women and for some this is accompanied by physical/mental health, economic, and relationship challenges that require treatment. A motherhood lens is essential for such treatment as it can both catalyze motivation for change while simultaneously presenting barriers to care and stress that can perpetuate use.

<p>Speakers</p>	<p>Presentation 1  Health Outcomes of Pregnant and Parenting Women  Attending  Integrated Treatment  Programs Karen  Urbanoski</p> <p>Presentation 2  Service Providers Support Mothers Parenting in the  Context of  Substance-Related Harms by Attending to Maternal  Emotion  Regulation and Executive  Functions Tamara Meixner</p> <p>Presentation 3  Parenting intervention for mothers with problematic  substance use: Is evidence informing practice?  Karen Milligan</p>
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## Symposium 46

First Name	Silke
Last Name	Wiegand-Grefe
Country	DE
First Name	Angela
Last Name	Plass
Institution affiliations	University Medical Center Hamburg Eppendorf, Department of child adolescent psychiatry
First Name	Silke
Last Name	Wiegand-Grefe
Institution affiliations	University Medical Center Hamburg Eppendorf, Department of child adolescent psychiatry and psychotherapy
First Name	Reinhold
Last Name	Kilian
Institution affiliations	Ulm University
First Name	Johanna
Last Name	Löchner
Institution affiliations	University Hospital, LMU Munich, Department of Child and Adolescent Psychiatry, Psychosomatics and Psychotherapy,
First Name	Yurie
Last Name	Tan
Institution affiliations	Children's Independent Living Support Center of Kanagawa "Kirari"
How does your symposium relate to conference themes?	Families with severe chronic illness (either parental mental illness or somatic illness of a child) meet great challenges in every-day life. Relatives of chronically ill family members show an increased risk for mental health problems.
<b>Title of the symposium</b>	<b>Families with severe chronic illness in the healthcare in Germany and Japan</b>
What is the aim of the symposium?	Aim of the symposium is to present and discuss evidence-based prevention and treatment concepts that are designed to improve mental health care for children of parents with mental health problems and for families with chronic illness in Germany and Japan. These concepts are discussed considering respective epidemiological and health- economic data.

Why is this important?	Children of parents with mental health problems and parents of children with chronic disease suffer from strong mental burden. They have a high risk for mental health problems. Chronic illness in families constitutes not only ethical but furthermore health political pertinence.
Speakers	<p>Title 1: Children of parents with mental health problems in Germany: Epidemiological results of the BELLA-Study Speaker: Angela Plass-Christl</p> <p>Title 2: Families with severely chronically ill parents or children in health care – two research networks CARE-FAM-NET and CHIMPs in Germany and Switzerland Speaker: Silke Wiegand-Grefe</p> <p>Title 3: Health economics in the multicenter CHIMPs-study Speaker: Reinhold Kilian</p> <p>Title 4: Prevention of Depression in Offspring of Depressed Parents: The PRODO Study Speaker: Johanna Löchner</p> <p>Title 5: Children of parents with mental health problems in Japan Speaker: Yurie Tan</p>

## Symposium 47

First Name	Kerstin
Last Name	Söderström
Institution affiliations	Department of Psychology, Inland Norway University of Applied Sciences
Country	NO
First Name	Turid
Last Name	Wangensteen
Institution affiliations	Tyrili Foundation / Inland Norway University of Applied Science, PhD program PhD Child and Youth Participation and Competence Development (BUK)
First Name	Ulrika
Last Name	Håkansson
Institution affiliations	Department of Psychology, Inland Norway University of Applied Sciences
First Name	Astrid
Last Name	Halsa
Institution affiliations	Dept. health and social sciences, Inland Norway University of applied sciences
First Name	Lena Catherine Lossius
Last Name	Westby
Institution affiliations	Inland Norway University of Applied Sciences, PhD program Child and Youth Participation and Competence Development (BUK)
First Name	Kerstin
Last Name	Söderström
Institution affiliations	Inland Norway University of applied sciences/Innlandet Hospital Trust

How does your symposium relate to conference themes?	Stigma and shame are obstacles to the village's support to families with troubled lives. We highlight children and parents' experiences community support and professional help, and lack thereof, and search for openings to growth and social inclusion.
<b>Title of the symposium</b>	<b>Narrow gateways to the village</b>
What is the aim of the symposium?	The aim is to explore the role of stigma and shame as obstacles to recognition of needs and experiences, mutual respect, promotion of dignity and healing, and equality before the law for families affected by parental mental illness and Substance Use Disorder (SUD). We ask: Can all parents trust the community?
Why is this important?	Parents with troubled lives and their children often find themselves at the outskirts of the supportive village. There is limited access to informal support combined with fear for professional help. Some are members of less benign "villages", e.g web-communities providing space to be heard, but no "key" to the community.
Speakers	Turid Wangensteen: Can knowledge make the gateways broader? Ulrika Håkansson: Keeping mind in mind – being a part of something or not? Astrid Halså: I don't blame anybody, because I didn't tell anybody". Lena C. Lossius Westby: I remember, she looked at me with disgust, with a grimace" Kerstin Söderström: Unheard childhood experiences



## Symposium 56

First Name	Violeta
Last Name	Peterson
Country	AU
Institution affiliations	Alfred Health
First Name	Rose
Last Name	Cuff
Institution affiliations	The Bouverie Centre, La Trobe University, Satellite Foundation
First Name	Laura
Last Name	Pettenuzzo
Institution affiliations	Monash University, Satellite Foundation
First Name	Beth
Last Name	Dunlop
Institution affiliations	Austin Health
How does your symposium relate to conference themes?	The symposium will demonstrate examples of best practice where the voices of young children, youth, parents and family members inform program development and implementation through lived experience participation and collaboration. We will also hear from young carers and their capacity to make connections through activities of peer support facilitation.
Title of the symposium	<b>When Someone Else 'Gets It'...moving from participation to lived experience facilitation. The development of a Lived Experience framework and how this has shaped the FaPMI program (Families where a Parent has a Mental Illness) (Victoria, Australia).</b>

<p>What is the aim of the symposium?</p>	<p>The symposium aims to examine the historical context and relationship between FaPMI and participation of people with lived experience and how this shaped the development of a statewide framework for lived experience engagement. By sharing peer voices we will explore how the emerging role of peer facilitators has influenced FaPMI.</p>
<p>Why is this important?</p>	<p>National research highlights an increasing focus on engagement and participation throughout mental health sectors in Australia which has led to greater diversity of lived experience voices in service development and delivery. The symposium will share practice examples of FaPMI activities which have increased opportunities for lived experience participation and engagement.</p>
<p>Speakers</p>	<ol style="list-style-type: none"> <li>1. History of the FaPMI Program and Lived Experienced Participation (Rose Cuff &amp; Lived Experience Presenter)</li> <li>2. Developing a Lived Experience Framework (Violeta Peterson &amp; Lived Experience Presenter)</li> <li>3. The Emerging Role of Peer Facilitators (Laura Pettenuzzo &amp; Lived Experience Presenter)</li> <li>4. Building Capacity and Supporting Strengths (Michelle Hegarty &amp; Lived Experience Presenter)</li> <li>5. Measuring Outcomes: Considerations for Implementation (Beth Dunlop &amp; Lived Experience Presenter)</li> </ol>

## Symposium 57

First Name	Heidi
Last Name	Jacobsen
Country	NO
First Name	Tine
Last Name	Gammelgaard Aaserud
Institution affiliations	Regional Centre for Child and Adolescent Mental Health, Eastern and Southern Norway
First Name	Hans
Last Name	Bugge Bergsund
Institution affiliations	Regional Centre for Child and Adolescent Mental Health, Eastern and Southern Norway
First Name	Nina
Last Name	Sanner
Institution affiliations	Regional Centre for Child and Adolescent Mental Health, Eastern and Southern Norway
How does your symposium relate to conference themes?	The symposium focuses on interventions that promote healthy parent-child relationships in at-risk families, and how to elicit the voices of even infants in the preverbal period.
<b>Title of the symposium</b>	<b>Relationship based interventions to promote healthy parent-child relationships from pregnancy throughout the preschool years</b>
What is the aim of the symposium?	The aim of this symposium is to bring attention to the value of early intervention by presenting three evidence-based interventions that are currently being piloted in different Norwegian contexts.
Why is this important?	There are currently few evidence-based interventions targeting families during the pregnancy period and throughout toddlerhood. High quality early intervention programs have shown to provide a higher rate of return than later interventions. It is also important to investigate if interventions developed in the US are beneficial in Norwegian contexts.

<p>Who is the intended audience?</p>	<p>All clinicians and professionals that are working with families with young children as well as adult patients that have children. The symposium will also be informative for politicians and decision makers that are responsible for child and family affairs.</p>
<p>Speakers</p>	<p>This symposium brings together relationship-based interventions to promote healthy parent-child relationships from the early beginning of a child's life. We have selected interventions that have shown promising results in randomized controlled trials in studies with the US population and we are currently pilot-testing these interventions in different clinical settings in Norway. Each contributor presents one specific intervention, 2 of 3 are delivered in the families' homeenvironment. We hope these pilot studies will contribute to the growing body of evidence in optimizing long-term outcomes for young children and parents.</p>

Thursday May 16<sup>th</sup>

## Symposia

## Symposium 72

First Name	Anne
Last Name	Clancy
Country	NO
First Name	Carina
Last Name	Nygård
Institution affiliations	UiT, the Arctic University of Norway
How does your workshop relate to the conference theme/s?	The workshop is relevant to the conference theme as it incorporates a discussion on both life promoting and life constricting phenomena (stigma and shame, exclusion and connectedness, capabilities and potentials) as specified by the organizers.
Workshop presenter name	Anne Clancy & Carina Nygård
Title of the workshop	<b>Caring for a child with complex health care needs living at home</b>
Why is this important?	Parents' express feelings of hope, satisfaction, fatigue, shame and guilt that can easily go unnoticed by health care professionals (Nygård & Clancy, 2018). This is important as parents may be at risk of exhaustion, anxiousness, sleep deprivation and loss of hope. The workshop will provide a platform for discussing these phenomena.
What are the learning outcomes for the workshop?	Expected outcomes: <ul style="list-style-type: none"> <li>• Topics for future research</li> <li>• Ideas for improving practice and implementing user involvement</li> <li>• Awareness of educational needs for primary care professionals looking after children and families •</li> </ul> Establishing networks

## Symposium 73

First Name	Heather
Last Name	Chalmers
Country	CA
First Name	Vivian
Last Name	Stamatopoulos
Institution affiliations	University of Ontario Institute of Technology, Ontario Canada
First Name	Ellen Katrine
Last Name	Kallander
Institution affiliations	Akershus University Hospital, Norway
First Name	Madeleine
Last Name	Buchner
Institution affiliations	Little Dreamers, Australia
First Name	Heather
Last Name	Chalmers
Institution affiliations	Brock University, Ontario, Canada
How does your symposium relate to conference themes?	This symposium will offer an international perspective on efforts to build awareness, identification and support for young carers. This fits well with the theme of young carers and the papers will present both research data and applied program experiences which will be of interest to researchers, policy makers, and practitioners.
<b>Title of the symposium</b>	<b>Challenges to increasing awareness of and support for Young Carers: An international perspective</b>

<p>What is the aim of the symposium?</p>	<p>This symposium will offer an international perspective on challenges to increasing awareness, identification, and support for young carers and will include strategies for overcoming these challenges.</p>
<p>Why is this important?</p>	<p>Young carers often remain hidden within society. Government policy, agency mandate, and societal views on the meaning of childhood are some of the reasons for the lack of awareness, identification and support of these children and youth. Without support, developmental challenges are often experienced by young carers.</p>
<p>Speakers</p>	<p>Ellen Katrine Kallander, PhD Candidate: "Young Carer awareness in Norway"  Dr. Vivian Stamatopolous: "Young Carer Services within Ontario"</p> <p>Dr. Heather Chalmers, PhD: "Building awareness of Young Carers in Canada"</p> <p>Madeleine Buchner: "Building young carers awareness, identification and services in Australia"</p> <p>.</p> <p>Heather Chalmers, PhD: Discussant</p>



Tuesday May 16th

## Workshops

## Workshop 69

First Name	Alan
Last Name	Cooklin
Country	GB
Institution affiliations	Founder, Kidstime Foundation now 'Our Time' and Royal College of Psychiatrists
How does your workshop relate to the conference theme/s?	
Workshop presenter name	Dr Alan Cooklin
<b>Title of the workshop</b>	<b>“Don’t just ‘Care’ for me – Talk with me and my mind”; Talking with, and engaging children’s thinking about parental mental illness.</b>
Why is this important?	Because children in this situation are often patronised and the critical need is to help them develop their own mind as a route to resilience
What are the learning outcomes for the workshop?	<ol style="list-style-type: none"> <li>1. Understanding how to engage the thinking of a child of parent with mental illness</li> <li>2. Developing models of mental illness which can be discussed within the family and professional network</li> <li>3. The childs need for an understandable and external perspective</li> <li>4. Strategies for improving resilience</li> </ol>

## Workshop 70

First Name	Christine
Last Name	Fewell
Country	US
Institution affiliations	New York University Silver School of Social Work
How does your workshop relate to the conference theme/s?	The title of this workshop is "Helping Families with Parental Substance Use Disorders: The Value of Mentalization-Based Interventions". It presents information about evidence-based interventions that can be used to assist parents who have substance use disorders, as well as parents with other mental health issues.
Workshop presenter name	Christine Fewell, PhD
<b>Title of the workshop</b>	<b>Helping Families with Parental Substance Use Disorders: The Value of Mentalization-Based Interventions</b>
Why is this important?	Many individuals with substance use disorders are parents of children ranging from prenatal to adults. Numerous research studies have found that many of these children are at great risk for a variety of problems and that parental SUDs have an intergenerational aspect. Substance misuse has been found to greatly influence
What are the learning outcomes for the workshop?	<ul style="list-style-type: none"> <li>• Understand the concept of mentalization and identify the cognitive developmental process leading to its development.</li> <li>• Apply this knowledge to help parents with SUDs and their children and family members increase the ability to mentalize</li> <li>• Learn specific intervention to increase mentalizing and will learn about evidence-based programs using</li> </ul>

## Workshop 71

First Name	Adrian
Last Name	Falkov
Country	AU
Institution affiliations	Royal North Shore Hospital
How does your workshop relate to the conference theme/s?	The workshop provides participants with a practical, skills based approach to working with parents experiencing (mental) health challenges and their children/relatives.
Workshop presenter name	Dr Adrian Falkov
<b>Title of the workshop</b>	<b>Family Focused Practice: A brief skills-based course for clinicians and managers using The Family Model</b>
Why is this important?	The prevalence of adult carers who experience MH challenges and the associated impact of their symptoms on their children is now well described, as is the impact of children and young people's difficulties (especially chronic physical and MH difficulties), on parents/carers' MH. Psychiatric disorder in one or more individuals within families is therefore a significant public health issue with broad implications for family members, clinicians, managers, researchers and policy makers. In this workshop participants will learn a brief, single session intervention to develop a collaborative family focused Care Plan.
What are the learning outcomes for the workshop?	Learning outcomes include improved: <ul style="list-style-type: none"> <li>• Awareness about family focused practice, impact of mental illness on parents and children, and The Family Model structure</li> <li>• Knowledge about why TFM is a useful tool for family focused practice</li> <li>• How to use the TFM to develop a family focused care plan (clinical application).</li> </ul>