

Thursday 6 and Friday 7 October 2016  
ICC, Birmingham, UK

Conference Programme

THURSDAY 6 OCTOBER 2016				
08:30	Trainees Buddy Scheme Meeting			
08:30	Registration , Refreshments, Poster Viewing and Exhibition			
09:30	<b>Welcome</b> – Lenny Cornwall, Chair of Faculty of General Adult Psychiatry and Peter Hindley, Faculty of Child and Adolescent Psychiatry <i>Chairs: Ann Le Couteur, Academic Secretary, Faculty of Child and Adolescent Psychiatry, Paul Stokes and Stuart Watson, Joint Academic Secretaries, Faculty of General Adult Psychiatry</i>			
09:45	<b>Guinevere Tuffnell Lecture</b> <b>Developmental Trauma</b> Bessel van der Kolk			
10:20	<b>William Sargeant Lecture</b> <b>Childhood Maltreatment, Brain Development and Psychopathology</b> Marty Teicher			
11:00	Morning Refreshments, Poster Viewing and Exhibition			
11:30	Please select one of the 5 options available			
	<b>Symposium 1 (S1)</b>	<b>Symposium 2 (S2)</b>	<b>Symposium 3 (S3)</b>	<b>Symposium 4 (S4)</b>
	<b>Bipolar Update</b> <b>Lifecourse</b> Adi Sharma <b>Psychoeducation</b> Danny Smith <b>Psychopharmacology</b> Hamish McAllister-Williams Chair: Paul Stokes	<b>Policy Updates</b> <b>Simon Wessely</b> <b>Luciana Berger</b> <b>Jacqui Dyer</b> Chair: Femi Oyeboode	<b>Impact of adversity</b> <b>Epigenetics as as possible biologic mediator</b> Therese Murphy <b>Impact of early adversity on inflammatory processes and health outcomes</b> Andrea Danese	<b>Self harm</b> <b>Keith Hawton</b> <b>David Cottrell</b> Chair: Denis Ougrin

			<b>Early Maltreatment and adolescent depression</b> Ian Goodyer Chair: Margaret DeJong		
<b>1:00</b>	<b>Lunch, Poster Viewing and Exhibition</b>				
<b>2:00</b>	<b>Please select one of the 10 options available</b>				
	<b>Workshop 1 (W1)</b>	<b>Workshop 2 (W2)</b>	<b>Workshop 3 (W3)</b>	<b>Workshop 4 (W4)</b>	<b>Workshop 5 (W5)</b>
	<b>Obsessive Compulsive Disorder</b> Lynne Drummond and Naomi Fineberg	<b>Clinical risk formulation: fun and the fundamentals in risks to self and others</b> Keith Reid and Steve Taylor	<b>Learning from “Lived Experience”: Service User Involvement in Child and Adolescent Psychiatry Training</b> Myooran Canagaratnam, Delphine Coyle, Lucy Wilford and Sarah Nyame	<b>Managing Metabolic consequences of antipsychotics</b> Stephen Cooper and Gavin Reynolds	<b>Developmental trauma: approaches to treatment</b> Bessel van der Kolk and Margaret DeJong
	<b>Presentations (P)</b>	<b>Workshop 6 (W6)</b>	<b>Workshop 7 (W7)</b>	<b>Workshop 8 (W8)</b>	<b>Workshop 9 (W9)</b>
<b>Short Prize Oral Presentations</b>	<b>Pathways into secure care for young people in England: Is it more stigmatising to be criminal or have mental health problems?</b> Heidi Hales, Cesar Lengua and Louise Warner	<b>How to get published</b> Ian McKinnon and Jonathan Pimm	<b>Crisis care: challenges and solutions</b> Mary-Jane Tacchi	<b>Children of People with a Mental Illness- supporting young people and preventing mental health problems</b> Peter Hindley and Evelyn Bitcon	
<b>3:30</b>	<b>Afternoon Refreshments, Poster Viewing and Exhibition</b>				
<b>4:00</b>	<b>Symposium 6 (S6)</b>	<b>Symposium 7 (S7)</b>	<b>Symposium 8 (S8)</b>	<b>Symposium 9 (S9)</b>	<b>Symposium 10 (S10)</b>
	<b>New technologies</b> Caroline Falconer Chris Hollis Tom Jamieson-Craig	<b>Addictions Update</b> <b>Gambling</b> Anne Lingford-Hughes <b>Bipolar</b> Paul Stokes <b>Traditional marijuana, high potency cannabis, and spice:</b>	<b>Neurodevelopmental disorders across the lifespan</b> Eric Taylor Ashok Roy Ann Le Couteur	<b>Service change</b> Helen Bevan Geraldine Strathdee Jim Mackey Chair: Phil Laws	<b>Psychological processes underlying emotion and mood disorder</b> <b>Imagining, emotional dysregulation in bipolar, theoretical underpinnings and their use to develop second generation CBT</b> Martina di Simplicio <b>Emotional dysregulation in bipolar</b>

		increasing risk of psychosis Robin Murray			disorder Steven Marwaha <b>Autonomic control and interoception with regard to emotion</b> Hugo Critchley
<b>5:30</b>	<b>Drinks Reception and Announcement of Prize Winners</b>				
<b>5:30 – 6:30</b>	<b>Additional meetings:</b> Trainees meeting				
<b>7:30</b>	<b>Conference Dinner</b>				
<b>FRIDAY 7 OCTOBER 2016</b>					
<b>08:30</b>	<b>Registration , Refreshments, Poster Viewing and Exhibition</b>				
<b>09:30</b>	<b>Welcome</b> – Lenny Cornwall, Chair of Faculty of General Adult Psychiatry and Peter Hindley, Faculty of Child and Adolescent Psychiatry <i>Chairs: Ann Le Couteur, Academic Secretary, Faculty of Child and Adolescent Psychiatry, Paul Stokes and Stuart Watson, Joint Academic Secretaries, Faculty of General Adult Psychiatry</i>				
<b>09:45</b>	<b>Michael Rutter Lecture</b> Lynne Murray, University of Reading				
<b>10:10</b>	<b>Please select a session to attend</b>				
	<b>Faculty of General Adult Psychiatry Business Meeting</b>		<b>Faculty of Child and Adolescent Psychiatry Business Meeting</b>		
<b>10:40</b>	<b>Morning Refreshments, Poster Viewing and Exhibition</b>				
<b>11:10</b>	<b>Please select one of the 5 Symposia available</b>				
	<b>Symposium 11 (S11)</b>	<b>Symposium 12 (S12)</b>	<b>Symposium 13 (S13)</b>	<b>Symposium 14 (S14)</b>	<b>Symposium 15 (S15)</b>
	<b>Attachment: a developmental concept through the lifespan – its uses and over-use</b>  <b>Gwen Adshead Jonathan Hill</b> Chair: Brian Jacobs	<b>An update psychological approaches for psychosis</b>  <b>Social recovery</b> David Fowler <b>Targeting recovery in persecutory delusions: the</b>	<b>Sports psychiatry</b>  <b>Carole Billington Wood Alan Currie Steve Peters Francis Cummins</b> Chair: Allan Johnston	<b>Transitions and youth service</b>  <b>Key findings from NICE Guidance on transition from children’s to adult services</b> Swaran Singh and Clare Lamb <b>Good mental health services for</b>	<b>Training and development</b>  <b>Helen Bruce Wendy Burn Louise Murphy</b> Chairs: Claire Flannigan and Subodh Dave

		<b>Feeling Safe Programme</b> Daniel Freeman Doug Turkington <b>Chair: Iain MacMillan</b>		<b>young people</b> Peter Hindley <b>Young people with ADHD</b> Tamsin Ford	<b>Followed by Lunchtime session : Core Training Curriculum Review – with Wendy Burn</b>
<b>12:40</b>	<b>Lunch, Poster Viewing and Exhibition</b>				
<b>1:50</b>	<b>Please select one of the 5 options available</b>				
	<b>Symposium 16 (S16)</b>	<b>Debate (D)</b>	<b>Symposium 17 (S17)</b>	<b>Symposium 18 (S18)</b>	<b>Symposium 19 (S19)</b>
	<b>Schizophrenia update</b>  <b>Neurodevelopmental models of psychosis</b> Oliver Howes <b>Early Onset Psychosis and Autistic Spectrum Disorders: Boundaries and Uncertainties</b> Marinos Kyriakopoulos James McCabe	<b>Lifespan mental health services would be the most efficacious and cost effective model of care</b>	<b>Parental and child mental health: associations and interventions</b>  <b>Peter Hindley</b> <b>Catherine Creswell</b> <b>Crispin Day</b> Chair: Paul Ramchandani	<b>Models of the mind</b>  <b>Brian-gut-microbiota axis: implications for psychopathology</b> Ted Dinan <b>Chimp Paradox</b> Steve Peters <b>Evolution</b> Robin Dunbar	<b>Update on ADHD psychopharmacology</b>  Eric Taylor Philip Asherson Chris Hollis
<b>3:20</b>	<b>Afternoon Refreshments, Poster Viewing and Exhibition</b>				
<b>3:50</b>	<b>Please select one of the 10 options available</b>				
	<b>Workshop 10 (W10)</b>	<b>Workshop 11 (W11)</b>	<b>Workshop 12 (W12)</b>	<b>Workshop 13 (W13)</b>	<b>Workshop 14 (W14)</b>
	<b>Treatment Resistant Depression</b> Hamish McAllister-Williams	<b>Child and Adolescent Psychiatry Surveillance System: applicability to study rare events and presentations across the lifespan</b> Tamsin Ford, Aditya Sharma, Dasha Nicholls	<b>Identifying and treating Body Dysmorphic Disorder across the lifespan</b> Bruce Clark and David Veale	<b>Motivational Interviewing: modifications for psychosis</b> Guy Undrill	<b>Time to act, enough talking: transitioning in practice</b> Asif Bachlani and Helen Crimlisk
	<b>Workshop 15 (W15)</b>	<b>Workshop 16 (W16)</b>	<b>Workshop 17 (W17)</b>	<b>Workshop 18 (W18)</b>	<b>Workshop 19 (W19)</b>
<b>Working with historical disclosure of sexual abuse</b> Nick Hindley and Lisa Lord	<b>Widening access to CBT life skills training for young people</b> Chris Williams	<b>The role of peer mentoring and support in mental health services</b> Nick Barnes and Simon Munk	<b>Crossing bridges: the mental health needs of looked after children and care leavers</b> Antonina Ingrassia and Jolene	<b>CAMHS admissions and outcomes for young people with emotional dysregulation</b> Rafik Refaat, James Fox and Ramya	

				John	Srinivasan
5:20	Close of conference				

**Conference enquiries:** Catherine Ayres, Royal College of Psychiatrists, telephone: 020 3701 2605; email: [catherine.ayres@rcpsych.ac.uk](mailto:catherine.ayres@rcpsych.ac.uk)